

September

What's on the Menu? Greenwich Public Schools



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Tacos with all the Fixings Brown Rice Seasoned Black Beans	2 Cheese Pizza Homemade Whole Wheat Crust Vegetable Bites	3
4 	5 <i>Labor Day No School</i>	6 Chicken Tenders Whole Grain with Dipping Sauce Seasoned Green Beans	7 Best Hot Dog All-Beef Uncured, No Nitrates Oven Baked Potatoes Steamed Veggies	8 All-Beef Cheeseburger or Hamburger Roasted Sweet Potatoes	9 Cheese Pizza Homemade Whole Wheat Crust Vegetable Bites	10
11 	12 "Breakfast for Lunch" French Toast Maple Syrup Chicken Sausage	13 "Celebrate Hispanic Heritage Month" Cheese Quesadilla Seasoned Corn Roasted Sweet Plantains	14 Home Baked Macaroni & Cheese Bread Crust Crumble	15 Crispy Chicken Sandwich Seasoned Veggies	16 Cheese Pizza Homemade Whole Wheat Crust Vegetable Bites	17
18 	19 "Breakfast for Lunch" Crispy Waffles Maple Syrup Chicken Sausage	20 "Taco Tuesday" Beef & Cheddar Cheese Burritos Brown Rice	21 Pasta Marinara or Meatsauce Toasted Garlic Bread	22 Grilled Cheese Whole Wheat Tomato Soup	23 Cheese Pizza Homemade Whole Wheat Crust Vegetable Bites	24
25 	26 <i>Rosh Hashanah No School</i>	27 Bean and Cheese Quesadilla Seasoned Corn	28 Pasta du Jour Marinara or Meatsauce Toasted Garlic Bread	29 Whole Grain Breaded Chicken Drumsticks Buffalo Broccoli Bites	30 Cheese Pizza Homemade Whole Wheat Crust Vegetable Bites	

Available Daily: Whole Wheat Bagel with String Cheese, Sun Butter & Jelly Sandwich, WG Cereal w/String Cheese, Fruit, Granola & Yogurt Parfait, Homemade Hummus w/Crunchy Tortilla Chips. Unlimited Fresh Fruits and Vegetables included with your Meal. Fresh local skim milk and 1% milk offered daily. Gluten Free Bun available upon request.