

SY23: K-5 Alternative Entrée Menu Cycle

In attempts to make lunch readily accessible to all students, students at Marathon, Elmwood and Hopkins will have the choice of 'alternative meals' if they wish not to purchase the main hot entrée of the day. All meals come with a choice of fruit and/or vegetables and an 8oz Milk. Students purchasing an "alternative meal" are welcomed to any of the hot fruits/vegetables that are available with the main entrée meal. All meals meet the nutrition standards set forth by the Healthy, Hunger-Free Kids Act of 2010.

*Free/Reduced lunch applications may be submitted at any time throughout the school year.

* **Students who purchase a meal and decide after starting to consume it that they do not "like" their selection, will be offered a sunbutter & jelly in its place.**

Student Lunch: \$0.00 (1 FREE Reimbursable meals/student/day for ALL STUDENTS until 6/30/23)

Milk Only: \$.75

Adult Lunch: \$4.00

School Availability	Week 1	Week 2	Week 3	Week 4
Elmwood & Hopkins Elementary Only	Turkey & Cheese Sandwich Turkey Breast, American Cheese & Romaine lettuce on a wheat bulkie roll. Mayo/Mustard on the side	Chicken Caesar Salad Fresh Romaine topped with grilled chicken, shredded Parmesan cheese and garlic croutons. Caesar dressing & fresh dinner roll on the side	Bologna & Cheese Sandwich Sliced bologna, American Cheese & Romaine lettuce on a wheat bulkie roll. Mayo/Mustard on the side	Italian Sub Ham, Bologna, Salami, American Cheese and lettuce lightly drizzled with Italian dressing on a wheat sub roll
Marathon, Elmwood & Hopkins	Nacho Box <i>(vegetarian)</i> Corn Tortilla Chips, Granola Bar, Cheddar Cheese Sauce, Salsa, Fresh Fruits and/or Veggies	Cereal Munchable <i>(vegetarian)</i> Whole Grain Cereal Bowl, 4oz Yogurt, Granola Bar/Nutrigrain Bar, 8oz White Milk, Fresh Fruit and/or Veggies	Pizza Munchable <i>(sans pepperoni- Vegetarian)</i> Pizza Sauce, Shredded Cheese, Flatbread, Pepperoni, Fresh Fruit and/ or Veggies	Muffin Munchable <i>(vegetarian)</i> Muffin Variety, 4oz Yogurt, Fresh Fruits and/or Veggies, String Cheese
Marathon, Elmwood & Hopkins	Sunbutter & Jelly Sandwich <i>(vegetarian)</i> Nut Free "Sunbutter" with Grape Jelly on wheat bread with string cheese or sunflower seeds	Sunbutter & Jelly Sandwich <i>(vegetarian)</i> Nut Free "Sunbutter" with Grape Jelly on wheat bread with string cheese or sunflower seeds	Sunbutter & Jelly Sandwich <i>(vegetarian)</i> Nut Free "Sunbutter" with Grape Jelly on wheat bread with string cheese or sunflower seeds	Sunbutter & Jelly Sandwich <i>(vegetarian)</i> Nut Free "Sunbutter" with Grape Jelly on wheat bread with string cheese or sunflower seeds

Menus are subject to change without notice