



Support for Charleroi Area Students and Families

Creating a positive school climate based on strong relationships provides a bedrock for learning. Students need to feel a sense of safety and belonging to thrive in school. Some elements that promote a sense of community and allow teachers and staff at Charleroi to know their students will include:

- ★ School-wide social-emotional programs are taught at the Elementary (K-5), Middle School (6-8), and High School (9-12) levels. Learning social-emotional skills can improve students' emotional well-being. The Charleroi Elementary Center teaches students social-emotional skills through the *PBIS (Positive Behavioral Interventions and Support) Program-ROARS*. This curriculum teaches skills like mindful awareness, which help students cope with stress.
 - *PBIS* is an evidence-based, three-tiered framework that focuses on the positive behavior of the student instead of the negative behavior. This support system creates a positive learning environment that acknowledges and encourages positive student behavior.
- ★ Charleroi's Middle School, grades 6-8, uses the *In-Control* program to teach skills such as self awareness, self management, social awareness, relationship skills, and responsible decision making. This curriculum is offered through the guidance office and is a school-wide, weekly delivered program. Charleroi Area High School uses *Can Do U*, an evidenced-based school-wide guidance curriculum that teaches students self-awareness, self-management, decision making, and relationship skills.
- ★ Each school in Charleroi has at least two certified school counselors that provide services such as grief counseling sessions, risk screening, and consultation with school staff and community mental health professionals to support students' emotional well-being. Certified school psychologists in Charleroi provide consultation and evaluation services for students with significant emotional difficulties. All of the Charleroi Area schools have a Student Assistance Program (SAP) Team. This team assists parents in securing community-based mental health services when their child is experiencing emotional difficulties. As part of the Charleroi Area High School SAP Team, a school counselor facilitates group sessions to teach skills such as conflict resolution, mindfulness, managing test anxiety, and coping with trauma. All middle school students are provided with the opportunity to participate in counseling groups throughout the school year that cover the topics of peer pressure, grief/loss, academics, conflict resolution, and stress.
- ★ Additionally, Charleroi Area School District provides two full-time Family Advocates. Their role is to create, provide, and coordinate services. They also coordinate family and community activities that stand in strength, healthy living, and overall well-being. Family Advocates are to bring support in a case management style and act as a liaison between families, staff, the community, and other family-related services. Lastly, they are to encourage all family members to become advocates for their children and family.
- ★ For grades 6-12, we have an Assistant Principal/Student Services. This position was created to provide teachers and students with support for positive behavior management and to work

with students to teach and reinforce appropriate behavior in the school. In order for this goal to be achieved, the Assistant Principal will work closely with the students' families to develop and foster positive relationships and interdependent support.

Emotional Support Classes

The Charleroi Area School District supports students and their families through Emotional Support classrooms. Students who have been diagnosed with an Emotional Disturbance receive services and programming targeting individually-based skills.

Emotional Support Services are provided by a certified teacher in the Elementary Center (K-5), the Middle School (6-8), and the High School (9-12).