

# FRANKLIN MONROE

## BREAKFAST MENU K-12



**Monday    Tuesday    Wednesday    Thursday    Friday**

<b>Whole Grain Pop Tart</b> <b>100% Fruit Juice</b> <b>Fresh or Cup Fruit</b> <b>Milk</b>	<b>Cereal</b> <b>Breakfast Bar</b> <b>100% Fruit Juice</b> <b>Fresh or Cup Fruit</b> <b>Milk</b>	<b>Whole Grain Pop Tart</b> <b>100% Fruit Juice</b> <b>Fresh or Cup Fruit</b> <b>Milk</b>	<b>WG Granola Bars</b> <b>100% Fruit Juice</b> <b>Fresh or Cup Fruit</b> <b>Milk</b>	<b>Cereal</b> <b>Breakfast Bar</b> <b>100% Fruit Juice</b> <b>Fresh or Cup Fruit</b> <b>Milk</b>
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PLEASE encourage your student to eat breakfast each morning. It is proven to increase their overall performance at school.

USDA is an equal opportunity provider and employer.