



AUGUST 2022 INTERNATIONAL ACADEMY MENU

Fall 2022 Lunch Prices

Full Pay - \$3.90

Reduced Price \$.40

Monday

22

Tuesday

23

Wednesday

24

All Beef Hotdog
Chili
French Fries

Thursday

25

Cheese Cavatappi
Broccoli
Garlic Bread

Friday

26

Chicken Drumstick
Mashed Potatoes
w/ Gravy and Corn

29

**JET'S PIZZA
DAY!**

30

Fiesta Bar!
Your choice of tacos or Nachos
MICHIGAN SALAD GREENS
Refried Bean

31

Grilled Cheese
Tomato Soup

Fresh Fruits and Veggies and 1% White or Chocolate milk are
included with every complete meal!

Ala Carte Options will also be available to purchase



Welcome to School!



All meals include Proteins & whole grains

At least 3/4 cup fruits and veggies and

1% white or chocolate milk

248.341.5671

DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!

All Beef Hot Dog: All beef hot dog to served on a whole grain bun

Jet's Pizza: deep dish cheese, pepperoni or veggie pizza filled with marinara sauce and topped with mozzarella cheese

Bosco Cheese Sticks: Whole grain bread sticks filled with mozzarella cheeses, baked and topped with parmesan cheese, served with marinara sauce

Chicken Patty Sandwich: lightly breaded white meat chicken on a whole grain bun with French Fries offered on the side as a Vegetable

Fiesta Bar: Crispy Corn Tortilla Chips or flour tortillas topped with chicken or beef and cheese. M Lettuce, rice, beans and optional toppings served on the side.

Burgers

All Beef Patty with our without American Cheese. Served on a WG Bun with French Fries offered on the Side as a Vegetable

Chicken Tenders: Lightly breaded white meat crispy chicken, served with homemade roll and butter

Fresh Fruit Yogurt Parfait: Layers of vanilla Yogurt, Fresh Fruit and Granola, ready to eat!

Vegan Hummus Plate: Hummus cup, pita chips, baby carrots, celery sticks and (nut free) sunflower seeds, Ready to eat!

Chicken Caesar Salad: Romaine lettuce, all natural white meat chicken, parmesan cheese, croutons, Caesar dressing and a muffin

**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER**

**\$2 BREAKFAST
OFFERED DAILY!**
CHOICE OF BAGELS, POPTARTS,
GRANOLA BARS, AND MUFFINS
WITH CHOICE OF JUICE,
MICHIGAN FRUIT AND 1%
WHITE OR CHOCOLATE MILK

DAILY SPECIALS

MONDAY
WG DONUTS

TUESDAY
LARGE MUFFIN

THURSDAY
BREAKFAST CROISSANT

FRIDAY
YOGURT PARFAITS

Fruit and Veggie Bar!

Offered Daily

Includes Michigan Produce such
as Blueberries, Cherries,
Michigan Lettuce, Legumes and
Apples
plus MUCH more Fruits and
Veggies to Choose from!



Gluten Free
option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required

