

MON

TUE

WED

THU

FRI

<p>29 Chicken & Waffles Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Juice Baby Carrots & Dip Fresh Side Salad</p>	<p>30 Bosco Sticks Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Frozen Juice Cup Celery Sticks & Dip Broccoli Salad</p>	<p>31 Spaghetti & Meatballs Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Raisins Steamed Green Beans Caesar Side Salad</p>	<p>1 All Beef Burger on Roll Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Grapes & Apple Slices Baked Beans Cucumber Slices</p>	<p>A variety of fresh fruit, low - fat and non - fat milk served daily.</p>
<p>5</p> <p style="text-align: center;">HAPPY LABOR DAY</p>	<p>6 Buffalo Chicken Tenders Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Frozen Juice Cup Curly Fries Caesar Side Salad</p>	<p>7 Chicken Nuggets & Roll Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Sauce Cup Cucumber Coins Sweet Potato Fries</p>	<p>8 Ham & Cheese Melt on Pretzel Bun Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Local Bell Pepper Strips Peach Cup Side Salad</p>	<p>9 All Beef Hot Dog Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Fresh Watermelon Apple Slices Baked Beans Baby Carrots & Dip</p>
<p>12 French Toast Sticks Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Orange Juice Tater Tots Cucumber Coins</p>	<p>13 Beef Totchos Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Orange Slices Seasoned Corn Salsa Cup</p>	<p>14 Breaded Chicken Sandwich Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Sauce Cup Chickpea Salad Fresh Side Salad</p>	<p>15 Pasta Alfredo Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Slices Roasted Broccoli Caesar Side Salad</p>	<p>16 Mini Calzones w/ Marinara Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Peach Cup Baby Carrots & Dip Caesar Side Salad</p>
<p>19 Pancakes & Omelet Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Orange Juice Tater Tots Cucumber Coins</p>	<p>20 Grilled Cheese Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Slices Fresh Side Salad Baby Carrots & Dip</p>	<p>21 General Tso's Chicken Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Sauce Cup Roasted Edamame Fresh Side Salad</p>	<p>22 Meatball Sandwich Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Slices Steamed Green Beans Baby Carrots & Dip</p>	<p>23 Chicken Drumstick Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Red Grapes Mashed Potatoes & Gravy Side Salad</p>
<p>Shana Tova</p>  <p>Rosh Hashanah</p>	<p>27 Chicken & Waffles Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Apple Juice Baby Carrots & Dip Fresh Side Salad</p>	<p>28 Bosco Sticks Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Frozen Juice Cup Celery Sticks & Dip Broccoli Salad</p>	<p>29 Spaghetti & Meatballs Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Raisins Steamed Green Beans Caesar Side Salad</p>	<p>30 All Beef Burger on Roll Assorted Deli Sandwiches Vegetarian Variety Pizza Bar Pineapple Cup Baked Beans Cucumber Slices</p>



8/31 Welcome
Back Popsicle!



PA Harvest of the
Month: Peppers



9/15 - 10/15



9/26 National
Pancake Day



Nutrition and allergen
information.

Lunch - \$2.75

 @ucfsdnutrition

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provider and employer.
Menu subject to change.

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WEEKLY MS BREAKFAST MENU

Low Fat Yogurt Parfait with Granola

Assorted Breakfast Pastries

Assorted Breakfast Sandwiches

Smoothie & Graham Crackers

Fruit Juice

Variety of Fresh Fruit

Low Fat & Non Fat Milk

Breakfast - \$2.00

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