

2022-2023 Menu Options

HANDCUT FOODS

breakfast \$4.95

Made-to-order Omelets

Choose you own ingredients from a rotating selection

Daily Hot Breakfast

A rotation of eggs, proteins, potatoes & french toast

Breakfast Sandwiches

Rotating selections of hot breakfast sandwiches

breakfast a la carte items

Country Style Potatoes	\$2.99
Scrambled Eggs	\$2.75
Applewood Bacon	\$1.50
Breakfast Sausage	\$1.50
Whole Wheat Toast	\$.95
Bagels & Cream Cheese	\$2.95
Muffins & Scones	\$2.25
Fruit Cups	\$2.25



WOODLANDS ACADEMY
OF THE SACRED HEART

lunch \$7.95

Daily Chef's Special

A rotating daily hot meal featuring a meat-based protein, a vegetarian protein, fresh vegetables, starch and a daily dessert

HandCut Salad Bar

A selection of fresh proteins, vegetables, greens and house-made dressings

\$8.50 Entrée | \$4.50 Side

soup \$3.50

Soup of the Day

Made daily with house-made stock

