



**Southington School Health Services  
Southington, Connecticut**

**Health Examination Requirements for Students Entering Pre K, Kindergarten, Grade 7,  
Grade 10 or Entering from Out-of-State or Out-of-Country 2022-2023**

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The State of Connecticut requires each pupil to have a complete health examination within one year before entering Preschool, Kindergarten, Grade 7, Grade 10 or when entering from out-of-state or out-of-country. Listed below are the health assessment and immunization requirements for all students:

**No student entering Preschool, Kindergarten, Grade 7, Grade 10 or entering from out-of-state or out-of-country may start school without proof of the following prior to the first day of school:**

**Physical Form (“Health Assessment Record” completed within one year of school entry date)**

- This form must be filled out completely – parent/guardian fills out the front and the doctor fills out the back. Doctor must include hemoglobin/hematocrit, vision, hearing, and all areas as mandated (starred\*) under Connecticut State law.
- Copies of the form are available on our website at [www.southingtonschools.org](http://www.southingtonschools.org). They can be found by clicking on the *Departments* tab, then *Health Services*, and then *Health Forms*.

**Tuberculin Risk Assessment**

- A tuberculin risk assessment is highly recommended.

**Chronic Disease Assessment**

- A chronic disease assessment is required.

**Immunization requirements are attached and are subject to change in accordance to State laws. Consult your child’s physician at time of visit.**

**Please make note of the following:**

- **During grade 6 to be completed by entry into grade 7**, Southington Board of Education policy requires each pupil to have a health examination. The physical exam must be done within one year and before the first day of the school year entering grade 7. **No student may enter grade seven without this physical.**
- **During grade 9 to be completed by entry into grade 10**, the Southington Board of Education requires each pupil to have a health examination. The physical exam must be done within one year and before the first day of the school year entering grade 10. **No student may enter grade ten without this physical.**
- **Postural Screening** – Students who have been examined by their physician will be excused from the school postural screening for that year unless a parental request is made to the school nurse.
- **New Students from Out of State** – A physical exam done within one year will be accepted (must meet all requirements of Connecticut State Law and local health policies). A tuberculin risk assessment and chronic disease assessment are also required. If no proof is presented, the student will be excluded from school.

- **New Students from Out of the Country** – A physical exam completed by an authorized healthcare practitioner licensed in the United States must be done prior to enrolling (must meet all requirements of Connecticut State Law and local health policies). An authorized healthcare practitioner licensed in the United States stationed on U.S. military base anywhere is also acceptable. **A tuberculin skin test is required.** If the requirements are not met, the student will be excluded from school.

State law requires that each local board of education request that an oral health assessment be conducted prior to public school enrollment. This request will be included as part of our required entry physicals into grade seven and grade ten (Public Act No. 18-168). The oral health assessment shall include a dental examination by a dentist or a visual screening and risk assessment for oral health conditions by a dental hygienist, or by a legally qualified practitioner of medicine, physician assistant or advanced practice registered nurse who has been trained in conducting an oral health assessment as part of a training program approved by the Commissioner of Public Health.

**Sports Physicals - Students Grades 6 to 12** – According to Southington Board of Education policy, every student trying out and participating on a school sport team must submit a completed **physical examination form (Health Assessment Record)**. The State of CT Department of Education Health Assessment Record is the Southington Sports Physical form as well. The sports physical is valid for thirteen (13) months. You may wish to schedule your child’s physical to coincide with any necessary sports physical for that school year.

1. The front side of the **Health Assessment Record** must be filled out and signed by a **parent/legal guardian**.
2. The doctor must complete and sign the physical examination page of Health Assessment Record. These forms are available in the health offices and online at:

<https://www.southingtonschools.org/district-departments/health-services/health-forms>

3. All athletes interested in participating in sports at the high school or at either middle school must register online at [www.familyid.com](http://www.familyid.com)

If you are financially unable to meet these requirements and your child is receiving free or reduced hot lunch, please contact your school nurse and arrangements will be made with the school physician to conduct your child’s mandated physical. **The State of Connecticut HUSKY Plan offers a comprehensive health care benefit package for Connecticut children up to age 19. Depending on your family’s income, there may be no cost to you. Call your school nurse or 1-877-CT-HUSKY for more information.**

**The Health Assessment Record should be on file by June 1, 2022, but no later than the first day of school when your child enters Preschool, Kindergarten, Grade 7 or Grade 10.** This letter serves as ample notification of mandatory physicals to families whose children are entering preschool, kindergarten, grades seven and ten. Parents and students are advised that they can make an appointment with principals or school nurses to discuss issues they may have about the health examinations. If after this discussion the health assessment is not complete, your child will not be allowed to be enrolled until all requirements are met. This requirement includes all children new to Connecticut schools. Thank you for your cooperation.

**Parents are urged to schedule a doctor’s appointment well in advance of the deadline.**

**It is advised to keep a copy of your child’s physical form for your records.**  
Please contact your school nurse with any questions.