



Hampton Township School District August/September 2022 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			August 25, 2022	August 26, 2022
			Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
August 29, 2022	August 30, 2022	August 31, 2022	September 1, 2022	September 2, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
September 5, 2022	September 6, 2022	September 7, 2022	September 8, 2022	September 9, 2022
No School Labor Day	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
September 12, 2022	September 13, 2022	September 14, 2022	September 15, 2022	September 16, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
September 19, 2022	September 20, 2022	September 21, 2022	September 22, 2022	September 23, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Cinnamon Rolls or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Sausage/Egg/Cheese Muffin or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Waffles or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
September 26, 2022	September 27, 2022	September 28, 2022	September 29, 2022	September 30, 2022
Breakfast Pizza or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Mini Pancakes or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancake on a Stick or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Stuffed French Toast or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Dutch Waffle or Choice of Daily Entrée Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Student Paid Breakfast \$1.25		Student Reduced Breakfast \$0.30		

What is a Breakfast?
Choice of Hot Entrée or Daily Entrée, Choice of Fruit/Juice, and Choice of Milk. Students must take at least a 1/2 cup of Fruit/Juice as one of their 3 components for the school breakfast price.

- DAILY ENTREES:**
- Chocolate Chip Bread Loaf with Goldfish Graham Crackers
 - Powdered Sugar Mini Donuts
 - Chocolate Mini Donuts
 - Glazed Donut
 - Oatmeal Choc Chip Snack Bar with Goldfish Graham Crackers
 - Cereal Breakfast with Goldfish Graham Crackers:
 - Cheerios
 - Cinnamon Toast Crunch
 - Lucky Charms
 - Reese's Puffs
 - Cocoa Puffs
 - Honey Nut Cheerios
 - Frosted Flakes
 - Yogurt Breakfast with Goldfish Graham Crackers
 - Bagel with Cream Cheese, Jelly, or Butter



Fruit Choices May Include:
Apples, Oranges, Bananas, Pears, Grapes, Applesauce, Pineapples, Mixed Fruit, Honeydew, Cantaloupe, Mandarin Oranges, Peaches, or 100% Assorted Fruit Juice



Milk Choices Include:
1% White Milk, Fat Free Chocolate Milk, Fat Free Vanilla Milk, Fat Free Strawberry Milk, Fat Free White Milk, or Lactaid Milk

Food Service Director:
Mindy Baginski
metzfoodservice@ht-sd.org
412-492-6390



Please make checks payable to: HTSD Cafeteria Fund. Money may also be deposited into your child's account online at www.PayForIt.net

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