

Albany Area Schools



Community Education



Fall 2022

www.district745.org/communityed

Welcome to Fall 2022 with Albany Area Community Education! We hope you enjoy this condensed brochure along with online registration, which includes more information and expanded descriptions. There may be important details included in the expanded descriptions that were not included in this publication, so please read descriptions and dates carefully when you visit us online. As always, call us at 320-845-5060 with any questions you may have. We are excited to see you and your family this fall!

Adult Programs



Minnesota Starwatch Party

Mike Lynch, Retired WCCO Radio Meteorologist

Make the stars your old friends as we watch the great celestial show in the skies over Albany. We'll have giant telescopes aimed at Saturn, Jupiter, star clusters and galaxies and will check out constellations like the Big Bear, Cygnus the Swan, and Pegasus the Winged Horse. Bring a lawn chair. \$18/person, \$30/couple or \$38/family.

Sat Sep 17 | 8:00-10:00 pm | \$18-\$38
ALE | Cafeteria & Outside

Medicare Supplement Review for 2023

Dean Demarais, Medicare Supplement Sales Manager

Avoid common mistakes and learn more about Medicare Supplements and what is new for 2023. Q & A to follow class. Dean is appointed with all major health insurance carriers to help you find the plan right for your lifestyle. The \$5 fee will be waived for any Catholic United Financial members who attend.

Tue Oct 4 | 6:00-7:00 pm | \$5
MSHS | District Office Conference Room

55+ Driver Improvement Program ► Ages 55+

Minnesota Highway Safety & Research Center

If you are over 55, this course will save you 10% on your auto insurance for three years!

Tue Sep 27 | 12:00-4:00 pm | \$24
Tue Nov 15 | 12:00-4:00 pm | \$24
MSHS | District Office Conference Room

To register for classes visit www.mnsafetycenter.org or call 1-888-234-1294 or 1-320-308-1400.

Instant Guitar for Hopelessly

Busy People ► Ages 13+

Craig Coffman, Chords are Key

This crash course will teach you some basic chords and other guitar basics to get you playing along with your favorite songs right away! Class will be held via Zoom and will include an online book, online follow-up video lessons, an optional periodic online question and answer session and a recording of the class.

Tue Oct 11 | 6:30-9:00 pm | \$59
Online via Zoom

Instant Piano for Hopelessly Busy People

► Ages 18+

Craig Coffman, Chords are Key

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do -- using chords. Class will be held via Zoom and will include an online book, online follow-up video lessons, an optional periodic online question and answer session and a recording of the class.

Mon Oct 10 | 6:30-9:30 pm | \$59
Online via Zoom

Healthy Weight Management/A Better YOU!

Char Bzdok, Wellness for Living

Do you want to become a healthier and better you? This class will delve into many components of health that can help you manage your weight, give you energy and learn about things you can work on. Now is a GREAT time to start working on you and establish healthy habits before the holidays!

Thu Sep 29 | 6:00-7:15 pm | \$15
MSHS | District Office Conference Room

LOCATIONS

MSHS – Middle School/High School

30 Forest Ave, Albany

AVE – Avon Elementary

410 Avon Ave N, Avon

ALE – Albany Elementary

10 Forest Ave, Albany



Heartsaver - Pediatric CPR & Pediatric First Aid

Renae Illies, Certified Heartsaver Trainer

These courses are designed especially for parents and/or those involved in childcare. This course also meets Minnesota State requirements for daycare providers. A completion certificate will be given at the end of the class. Official completion cards are an additional \$15 (due the night of class).

Pediatric CPR

Mon Oct 10 | 6:30-9:30 pm | \$55

MSHS | District Office Conference Room

Pediatric First Aid

Mon Oct 17 | 6:30-9:30 pm | \$55

MSHS | District Office Conference Room

Basic Life Support for Healthcare Providers

Renae Illies, Certified Heartsaver Trainer

Basic Life Support for Healthcare Providers is designed for people in any healthcare field or those going into a healthcare field. This class covers recognition of cardiac arrest, use of an AED and how to relieve choking, use of a pocket or bag valve mask, and CPR with one or two rescuers for adults, children and infants.

Mon Dec 5 | 6:30-9:30 pm | \$55

MSHS | District Office Conference Room

Fall SRWD Classes Via Zoom!

Sauk River Watershed District

Join us for online classes via Zoom on topics such as: Fall Lawn Care, Septic System Care, Composts and Mulches and more. Participants will receive informational resources and a chance to win one of several door prizes! See additional details and specific class dates online.

Dates Vary | 6:30-7:30 pm | \$8

Online via Zoom

Intro to Disc Golf

Trent Blais

Enjoy a hands-on introduction to the sport of disc golf. Students will learn the basic skills and rules to play the game. There is no fee for the class, but you are required to register in advance.



Tue Sep 20 | 6:00-7:30 pm | FREE

MSHS | Practice Football Field



Heartsaver - AED/CPR

Renae Illies, Certified Heartsaver Trainer

Heartsaver AED teaches adult, child, and infant CPR and AED use as well as how to relieve choking and is designed for anyone who does not work in a health care setting. A completion certificate will be given at the end of the class. Official completion cards are an additional \$15 (due the night of class).

Mon Nov 14 | 6:30-9:30 pm | \$55

MSHS | District Office Conference Room

Heartsaver - First Aid

Renae Illies, Certified Heartsaver Trainer

Learn the critical skills needed to respond to an emergency in the first few minutes until EMS arrives, including how to help a victim with bleeding, sprains, broken bones, shock and other first aid emergencies. A completion certificate will be given at the end of the class. Official completion cards are an additional \$15 (due the night of class).

Mon Nov 21 | 6:30-9:30 pm | \$55

MSHS | District Office Conference Room

FREE CLASSES

Adult Basic Education



Adult Basic Education

GED: Math, Reading, Language Arts-Writing, Social Studies and Science

Basic Skills Enhancement:

Goal-specific instruction such as work/employment related math, reading, computer or writing assistance.

FREE INDIVIDUALIZED INSTRUCTION!

CALL **320-845-5060** for more information.

Adult Programs



Online Class: Handmade Pasta from Scratch Made Easy

Tess Georgakopoulos, Dish it up Good

Do you love stuffed pasta? Learn how to make Handmade Cheese Tortellini with Sausage in Alfredo Sauce and Italian Bread in this virtual Cook-Along class! Make it a date night or family night as you create lasting memories in your kitchen. Participants will receive a list of ingredients to purchase in advance. A Zoom link will be sent prior to the class. See Eleyo for more information.

Sat Oct 8 | 4:00-6:00 pm | \$35/household

Online via Zoom

Online Class: Gingerbread House Bake & Build!

Tess Georgakopoulos, Dish it up Good

Have fun joining this live virtual Family Fun Bake-Along class as you Bake & Build your own Gingerbread House! Start a new holiday family tradition and create lifelong memories as you bring your family together to create a show-stopping edible work of art! Participants will receive a list of ingredients to purchase in advance. A Zoom link will be sent prior to the class. See Eleyo for more information.

Fri Dec 16 | 6:00-8:00 pm | \$35/household

Online via Zoom

See Eleyo for More Online “Cooking With Tess” Classes!

- Handmade Linguini
- Air Fryer Hype-Copcat KFC
- Homemade Pierogi
- Homemade Bagels
- Pizzas with PIZZAZZ!
- And More!

Quan Li K'an Karate Advanced Class ►

Ages 13-Adult

Adam Patterson, 6th Degree Black Belt & David Torbert, 4th Degree Black Belt

This advanced class will focus on the meaning of Karate and the application of the forms as they apply to real world self-defense. The advanced class is required for any student wishing to become a first-degree black belt.

Mon Sep 12-Dec 19 | 7:30-8:45 pm | \$110

MSHS | Wrestling Room

Cardio Drumming ► Ages 18+

Krista Dotseth, Recreo Therapeutic Services

Cardio drumming combines the benefits of a traditional physical fitness program with the benefits of music and rhythm. Using a bucket, exercise ball, and drumsticks as workout equipment, you will experience a full body workout! No experience needed! It is recommended that you bring your own fitness ball if possible. To view a short warm up segment with the instructor, visit the Eleyo registration page.

Wed Sep 7-Oct 12 | 5:15-6:00 pm | \$58

Albany Senior Center

Tue Oct 18-Nov 22 | 5:15-6:00 pm | \$58

Albany Senior Center

Holiday Cookie Exchange

Char Bzdok, Wellness for Living

Let's bake a bunch of cookies for the holidays! After a few hours of fun, baking and conversation, you will go home with dozens and dozens of holiday goodies! All ingredients are provided, all you need is a handy container to bring your delicious assorted treats home. There is a \$20 ingredient fee due to the instructor the night of the class.

Wed Dec 14 | 6:00-9:00 pm | \$20

MSHS | Room 259 FACS Kitchen



Adult Programs

Qigong

Nancy Bronson, Certified Medical Qigong/Tai Chi Instructor
Qigong is a form of natural, holistic, self-healing movements. It is based on relaxed slow movements, proper breathing and body awareness. In this class you will learn a sequence of eighteen movements that are designed to reduce stress, improve health, create energy, and create a sense of peace & well-being.

Thu Sep 15-Oct 20 | 6:00-7:00 pm | \$66
AVE | Music Room A-2



Tai Chi

Nancy Bronson, Certified Medical Qigong/Tai Chi Instructor

Tai Chi is an ancient Chinese healing art that focuses on a slow relaxed pattern of movements. It has been medically proven to reduce stress and anxiety, increase flexibility, enhance energy and improve conditions such as high blood pressure, arthritis, asthma, stomach ailments and heart problems. It focuses on proper breathing and stretching.

Thu Dec 1-Jan 26 | 7:00-8:00 pm | \$88
AVE | Music Room A-2



BECC

BECC Hours: September 12-October 30

Walking Track: Monday-Friday ► 8:00 am-4:00 pm
Tuesday & Thursday ► 6:30 pm-9:00 pm
Sunday ► 11:00 am-3:00 pm
Daily Fee: \$1 or Free for 65+

BECC Hours: Now-September 11

Walking Track: Monday-Friday ► 8:00 am-4:00 pm
Daily Fee: \$1 or Free for 65+

Court Hours: Tuesday & Thursday ► 6:30 pm-9:00 pm
Sunday ► 11:00 am-3:00 pm
Daily Fee: \$2/Individual or \$5/Family

2022-23 BECC Season Information -- November 7, 2022-April 30, 2023

Court Hours:

Monday-Friday ► 6:30-9:00 pm
Saturday & Sunday ► 10:00 am-5:00 pm
Off Season Court Hours (May-October 2023): TBD

Walking Track Hours:

Monday-Friday ► 8:00 am-9:00 pm
Saturday & Sunday ► 10:00 am-5:00 pm
Off Season Walking Track Hours (May-October 2023):
Monday-Friday ► 8:00 am-4:00 pm

2022-23 BECC Season Membership Fees & Daily Rates

Walking Track (Individual):

Daily: \$2
Monthly: \$10
Yearly: \$30
Senior Citizen (65+) Yearly: Free

Courts & Walking Track (Individual):

Individual Daily: \$3
Individual Monthly: \$20
Individual Yearly: \$60
Senior Citizen (65+) Yearly: \$30

Courts & Walking Track (Family):

Family Daily: \$8
Family Monthly: \$40
Family Yearly: \$120

*BECC Season Memberships include 12 months walking track use and 6 months extended court use (Nov 2022-Oct 2023).

*Please Note: The BECC will occasionally be closed to members due to tournaments, community events, holiday breaks and inclement weather. Dates known in advance will be posted at the BECC and on our website. Closures due to inclement weather will be communicated via email and social media.

Youth Enrichment

Babysitting 101 ► Grades 5-8

Emergency Outfitters

This course follows the American Academy of Pediatrics Babysitter Lessons and Safety Training (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. A first aid kit and other resources are included in the class fee.

Sat Dec 3 | 8:30 am-4:00 pm | \$74
MSHS | District Office Conference Room

Middle School Crazy Cake Pops ► Grades 6-8

Char Bzdok

Cake pops are beautiful and delicious! Learn how to combine just the right amount of cake crumbs and buttercream icing to create tasty cake pops in fun designs. Learn to read a recipe & follow directions, how to melt candy melts and how to practice kitchen safety. At the end of this class you will bring home beautifully decorated cake pops for your family!

Mon Oct 10 | 5:15-6:45 pm | \$25
MSHS | Room 259 FACS Kitchen

Snowmobile Safety ► Ages 11+

Steve Weber, MN DNR Instructor

Students will learn all the rules and regulations of snowmobiling, general operation of a snowmobile, how to read and understand trail signs, proper hand signals and general safety concerns. Students need to come to class with a completed online course certification. See Eleyo for the online course link and additional important class information. Max: 35 participants per session.

Sat Jan 7 | Times Vary | \$5
Albany Bowling Center G'Suffa Haus
Session 1: 8:00 am
Session 2: 9:00 am
Session 3: 10:00 am

Computer Science Club ► Grades 6-7

CSB/SJU Computer Science Club & Patty Peschel, Albany Area Schools Teacher

Are you creative, like to work through problems, or enjoy a good puzzle? CS Club is open to all students in grades 6 & 7. Students will learn to code in Scratch, starting with coding fundamentals and leading up to helping a robot solve problems in the real world. Creativity is key, and no two solutions are ever quite the same!

Thu Sep 15-Nov 10 | 3:15-4:15 pm | \$39
MSHS | Learning Commons



Middle School Play ► Grades 6-8

Paula van der Hagen, Albany Area Schools Teacher

This middle school production will give students the opportunity to explore all aspects of theatre while getting time on stage in a fun, supportive, and creative environment. Each student will have a part in the play and will work on technical elements to bring the performance to life for an audience. Practices are Mondays-Thursdays from 3:30-5:00 pm and students will perform the evening of February 2.

Mon-Thu Dec 12-Feb 2 | 3:30-5:00 pm | \$66
MSHS | BEAT

Middle School Knowledge Bowl ► Grades 6-8

Carrie Schmitz, Albany Area Schools Teacher

Knowledge Bowl is a series of academic competitions where teams of students compete in written and oral rounds by answering questions related to all areas of learning. Questions test students' recall, problem-solving, and critical thinking skills. Teams will have the opportunity to compete in meets this fall. See Eleyo for more information. Registration deadline October 1.

Mon, Thu Oct 17-Dec 1 | 3:15-4:15 pm | \$45
MSHS | Room 322





FAST KIDS – Staying Safe While Home

Alone ► Ages 7-10

Emergency Outfitters

First Aid and Safety Trained (FAST) Kids is a course for 7-10 year old students. Lessons cover basic first aid, water safety, vehicle safety, home emergencies, injury prevention, personal safety and healthy living. Students will receive a book, handouts, and a home first aid kit as part of the class fee.

Sat Sep 24 | 8:30 am-12:30 pm | \$57
MSHS | District Office Conference Room

PotSpot Painting Fun ► Grades K-5

PotSpot Instructors

Join PotSpot to paint a fun decoration of your choice. Will you pick a pumpkin, a dragon or something else? The item and how you decorate it is up to you! Potspot will fire your piece in their kiln and return it to school in about two weeks.

Mon Oct 3 | 3:00-4:30 pm | \$19
ALE | Art Room

Mon Oct 10 | 3:00-4:30 pm | \$19
AVE | Art Room

Intro to Cribbage ► Grades 3-6

Nikki Myogeto, Albany Area Schools Teacher

Come join the fun and learn the strategic game of cribbage! Students will practice their mental math, observe and continue patterns, solve basic functions, witness probability concepts, and relate sets and combinations. Note: For those who already know how to play cribbage, look for Cribbage Club this winter.

Thu Oct 27-Nov 10 | 3:15-4:30 pm | \$21
ALE | Room 142

Fall Cookie Decorating ► Grades K-5

Char Bzdok

Come and have some fun with your friends and enjoy some autumn-themed cookie decorating, using beautiful fall colors. At the end of this class you will bring home beautifully decorated cookies for your family - yum! A fun class activity is also planned while the cookies are drying.

Fri Sep 9 | 3:00-4:30 pm | \$20
ALE | Art Room

Fri Sep 16 | 3:00-4:30 pm | \$20
AVE | Art Room

Festive Holiday Cookie Decorating ►

Grades K-5

Char Bzdok

Come and have some fun with your friends and enjoy some winter holiday cookie decorating! At the end of this class you will bring home beautifully decorated holiday cookies for your family- yum! A fun class activity is also planned while the cookies are drying.

Mon Dec 5 | 5:30-6:45 pm | \$20
ALE | Art Room

Minnesota Starwatch Party

Mike Lynch, Retired WCCO Radio Meteorologist

Make the stars your old friends as we watch the great celestial show in the skies over Albany. We'll have giant telescopes aimed at Saturn, Jupiter, star clusters and galaxies and will check out constellations like the Big Bear, Cygnus the Swan, and Pegasus the Winged Horse. Bring a lawn chair. \$18/person, \$30/couple or \$38/family.

Sat Sep 17 | 8:00-10:00 pm | \$18-\$38
ALE | Cafeteria & Outside

Albany Dance Team Booster Club Fundraiser Haunted House & Maze

October 14 • 7:00-11:00 pm

**October 15 • 11:00 am-3:00 pm (little ghouls and goblins)
& 7:00-11:00 pm**

October 21 • 7:00-11:00 pm

**October 22 • 11:00 am-3:00 pm (little ghouls and goblins)
& 7:00-11:00 pm**

The Sands of Time Farm
4336 Co Rd 9, Holdingford, MN 56340

Youth Recreation

Quan Li K'an Karate Youth Class ► Ages 8-12 *Adam Patterson, 6th Degree Black Belt & David Torbert, 4th Degree Black Belt*

The beginner class will focus on the fundamentals of Karate which include kicking, punching and forms. The program is taught using a series of group exercises and interactive games. Students will learn basic Karate moves and personal self defense in a fun and fast paced environment with an emphasis on discipline and self confidence.

Mon Sep 12-Dec 19 | 6:00-7:15 pm | \$110
MSHS | Wrestling Room

Quan Li K'an Karate Advanced Class ►

Ages 13-Adult
Adam Patterson, 6th Degree Black Belt & David Torbert, 4th Degree Black Belt

This advanced class will focus on the meaning of Karate and the application of the forms as they apply to real world self-defense. The advanced class is required for any student wishing to become a first-degree black belt.

Mon Sep 12-Dec 19 | 7:30-8:45 pm | \$110
MSHS | Wrestling Room

Huskie Pups Volleyball Club ► Grades 4-6

Coach Hines & Staff

Head Volleyball Coach Hines and his staff will teach athletes the fundamentals of volleyball. Athletes will get repetitions of serving, passing, setting and attacking and will participate in serve receive, offense, defense and game like drills. T-shirts will be ordered after the first session.

Sat Sep 17-Oct 15 | 8:00-10:00 am | \$30
MSHS | BECC

Flag Football ► Grades 5 & 6

Keith Arens

Come engage in non-contact, continuous action, while learning lessons based on teamwork. Each Saturday includes practices followed by two games. Volunteer coaches are essential to running this program and receive a discounted rate! See Eleyo for more information.

Sat Sep 17-Oct 8 | 9:30-11:00 am | \$49
MSHS | Practice Football Field



Youth Bowling Program at ABC ► Grades K-12 *Steve Bates & ABC Staff*

Come have fun bowling three games each Friday (shoe rental included)! Students will learn math skills, such as calculating scores and figuring averages and life skills like time management and understanding winning and losing. After school transportation may be available on a limited basis. See Eleyo for more information.

Fri Sept 30-Dec 16 | 3:30-5:30 pm
Albany Bowling Center | \$169 (with equipment) or \$139

Huskie Pup Wrestling Club ► Age 4-Grade 6

This program is for both new and seasoned wrestlers! Parent volunteers are needed and will receive a t-shirt. Parents and athletes must attend the informational meeting on Tuesday, October 25 at 6:30 pm. Email huskiepupwrestling@gmail.com with questions. See Eleyo for more information.

PreK (Age 4)-Grade 2

Tue Nov 29-Mar 21 | 6:00-7:15 pm | \$50
MSHS | Multipurpose Room/Jr High Wrestling Room

Grades 3-6

Tue, Thu Nov 29-Mar 23 | 6:00-7:15 pm | \$75
MSHS | Wrestling Room

River Lakes Hockey Association

River Lakes Youth Hockey offers programming for kids ages 3 to 15 years old. They also provide free Beginners Hockey Camps and Learn to Skate Classes. For more information, visit RiverLakesHockey.com.

Albany Youth Basketball Association (AYBA): Travel basketball program for boys and girls in 4th-8th grade

- Information Night: Monday, September 12 - Albany Elementary Cafeteria - 6:30-7:30 pm
- Register: September 1-23 at albanyhoops.com • Evaluations: October 2 starting at 8:00 am

Youth Recreation

Junior Pawettes Dance Clinic ► Grades K-6

Albany Pawettes Coaches & Athletes

You are invited to dance with the Pawettes Dance Team! We will learn skills that the Pawettes use during winter season, play fun dance activities, and learn and perform a routine at the halftime of the Varsity Football Game. A meal will be provided. Please register before September 9th to guarantee a t-shirt.

Fri Sep 23 | 3:30 pm-After Halftime Performance | \$24
MSHS | Cafeteria

Huskie Archery Team ► Grades 4-12

Albany Area Community Education is proud to offer the National Archery in the Schools Program. All skill levels are welcome! Our trained instructors will focus on teaching proper skills and safety for the sport of archery. Practices will be held on Sunday evenings in the BECC. Tournaments are optional and will be held on Saturdays at regional schools. See Eleyo for more important information.

Sun Nov 27- Mar 26 | 5:00-6:30 pm | \$76
MSHS | BECC

Huskie Sports Performance-Fundamentals

► Grades 6-8

Aaron Schwenzfeier, AAS Strength & Conditioning Coach

Huskie Sports Performance-Fundamentals introduces athletes to developmentally appropriate training with the most up to date training methods for middle school age students. Consistent time and effort spent training in the program will translate into improved performance in any athlete's respective sport.

Monthly Sessions | 7:15-8:00 am | \$20/Session
MSHS | Weight Room

Tue, Thu | Sep 13-29
Tue, Thu | Oct 4-25 (No Class Oct 20)
Tue, Thu | Nov 1-17
Tue, Thu | Dec 1-20

Albany-Avon Soccer Club (AASC)

Fall Travel Soccer Teams are now forming for boys and girls U10 & U12 (Grades 2-5). Practices will be Mondays & Thursdays, with games on Saturdays or Sundays. The season will run September 6-October 15. To register or learn more, visit <https://sites.google.com/district745.org/albanyavonsoccerclub/home>.



6th Grade Soccer Camp ► Grade 6

Albany-Avon Soccer Club Coaches

These sessions will give players the opportunity to explore the game of soccer and practice the skills necessary to play the game. Boys and girls will practice and play together. Sessions will start with work on fundamentals and skill development and conclude with a scrimmage. Participants will walk to 6th Street Park after school.

Tue, Thu Sep 13-Oct 11 | 3:30-5:15 pm | \$45
6th Street Park, Albany

Grade 7-8 Girls Soccer ► Grades 7-8

Albany-Avon Soccer Club Coaches

Middle School Girls Soccer will run from early September through mid-October. Teams will compete against other area teams approximately 4-5 times throughout the season at 4:30 pm on regularly scheduled soccer days. Transportation to away games will be provided. Participants will walk to 6th Street Park after school.

Mon, Tue, Thu Sep 8-Oct 13 | 3:30-5:15 pm | \$80
6th Street Park, Albany

Grade 7-8 Boys Soccer ► Grades 7-8

Albany-Avon Soccer Club Coaches

Middle School Boys Soccer will run from early September through mid-October. Teams will compete against other area teams approximately 4-5 times throughout the season on regularly scheduled soccer days or Saturdays as needed. Transportation to away games must be provided by parents.

Sept 8-Oct 13 | Various Times & Locations | \$60
Mon, Tue Sep 12-Oct 11 | 6:00-7:30 pm | ALE Soccer Field
Thu Sep 8-Oct 13 & Tue Oct 4 | 7:00-8:00 pm | BECC

Youth Recreation

Hike at Night: Halloween Edition ► All Ages

HIKEhoppers

Glow sticks, bonfires, and specialty s'mores! Explore night vision hiking on this guided evening hike. Each attendee will receive an assortment of glowing accessories, access to the gourmet s'more bar, and will walk away with fun fall surprises. Bonus: This year, come dressed in costume and be entered into a drawing for prizes! Price: \$25/person, \$40/pair or \$65/groups of 3-4.

Sat Oct 22 | 6:30-9:00 pm | \$25-\$65
Mississippi River County Park, Rice

Youth: Park Play Day Camp ► Ages 4-12

HIKEhoppers

Parents - enjoy a FULL day to yourselves while your child has fun in the great outdoors! Our licensed staff will facilitate learning experiences using a play-based learning approach. Campers can expect to engage in healthy risk-taking and skills to promote communication, collaboration, critical thinking, and creation.

Sat Oct 22 | 9:00 am-2:00 pm | \$35
Mississippi River County Park, Rice

Sat Dec 3 | 9:00 am-2:00 pm | \$35
Warner Lake County Park, Clearwater



Intro to Disc Golf ► Ages 10+

Trent Blais

Enjoy a hands-on introduction to the sport of disc golf. Students will learn the basic skills and rules to play the game. There is no fee for the class, but you are required to register in advance.

Tue Sep 20 | 6:00-7:30 pm | FREE
MSHS | Practice Football Field

Albany Area Gymnastics Association (AAGA)

Classes are available for girls and boys ages 2-18. For more information and registration visit www.albanyareagymnastics.org.

Kids Co & Preschool



Kids Company School Age Child Care

Grades K-5

Avon & Albany Elementary Schools

What are your kids doing after school? Join us in Kids Company for fun, structured after school care!

► Care is available before school (6:45-8:00 am), after school (3:00-5:30 pm), and on non-school and early dismissal days.

► Flexible enrollment including consistent schedules, pick your day schedules and drop-in days.

► Register online at district745.ce.eleyo.com or call 320-845-5060.



2022-23 Preschool

Preschool 1 Classes ► Age 3 by Sept 1, 2022

- 2-Day Half-Day Morning Preschool
- Spring Tuesday Evening Preschool

Preschool 2 Classes ► Age 4 by Sept 1, 2022

Call our office for class availability!

For more information on Albany Area Schools Preschool, visit www.district745.org/preschool or call 320-845-5060.



What is Early Childhood Family Education (ECFE)? Early Childhood Family Education (ECFE) is a program for children, ages birth to Kindergarten, and their families. ECFE offers quality classes to strengthen parenting skills and to discover activities to help your child learn and grow. Watch your child thrive and make new friends! Playing and learning together strengthens the parent/child bond. Come to class and gain knowledge of child growth and development, temperament and discipline techniques. Each class includes parent/child time, learning activities for children and parent discussion. Classes are led by Minnesota State Licensed Parent and Early Childhood Educators. Fees for the program are based on the annual gross income of your household. We appreciate your honesty as our program relies on the fees we receive from participants. Financial assistance is available and no one will be denied participation due to inability to pay. Please call 845-5060 for more information on scholarships. To avoid disappointment, register early!

Infant/Toddler Classes

Come and explore our classroom and meet new friends! Discover art and sensory play and enjoy parent discussion each week.

0-18 Month - 6-Week Class

Tue, Oct 18-Nov 22 | 9:00-10:15 am

AVE | Room E-1

*Parents will not leave the room for parent discussion (this is a non-separating class).

12-30 Month - 6-Week Class

Tue, Jan 24-Feb 28 | 9:00-10:30 am

AVE | Room E-1

*Parents will separate for discussion covering topics geared for this age.

Mixed Ages Classes

Mixed age classes encourage language development, social interaction and physical and cognitive development across ages. Parents will separate for discussions which cover a wide variety of topics.

0-5 Year Old - 10-Week Class

9:00-11:00 am | AVE | Room 140

Session 1: Wed, Sep 21-Dec 7 (No Class 10/12 or 11/23)

Session 2: Wed, Dec 14-Feb 22 (No Class 12/28)

Session 3: Wed, Mar 15-May 17

2's & 3's Classes

Join us for lots of hands on learning as we focus on social skills, language and music, as well as beginning concepts. Parents will separate for discussion covering topics geared for this age.

2 & 3 Year Old - 6-Week Class

5:30-7:00 pm | AVE | Room E-2

Session 1: Tue, Sept 27-Nov 1

Session 2: Tue, Nov 29-Jan 10 (No Class 12/27)

Session 3: Tue, Mar 28-May 2

ECFE Sliding Fee Scale 2022-23

Annual Gross Family Income	6-Week - 1.25 Hour Class	6-Week - 1.5 Hour Class	10-Week - 2-Hour Class
\$0-\$45,000	\$26	\$32	\$70
\$45,001-\$60,000	\$30	\$36	\$80
\$60,001-\$75,000	\$34	\$41	\$90
\$75,001+	\$38	\$45	\$100

BEAT SERIES



October 1, 2022 • 7:00 pm

Monroe Crossing

Bluegrass Band



November 5, 2022 • 7:00 pm

Mary Mack & Tim Harmston

Stand Up Comedy Duo



December 3, 2022 • 7:00 pm

Lake Wobegon Brass Band

Celebrate the Season



February 11, 2023 • 7:00 pm

Deuces Wild

Dueling Pianos



March 25, 2023 • 7:00 pm

Michael Shynes & David Gerald Sutton

Acoustic Guitar & Violin



May 6, 2023 • 7:00 pm

The World According to Garth

Garth Brooks Tribute

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