



GO AMHERST COMETS!

SEPTEMBER AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich</p> <p>ASSORTED FRUIT CHOICES ASSORTED MILK</p>		<p>CHEESEBURGER W/ FRIES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK/TREAT</p>	<p>SP. CHICKEN PATTY OR Grilled chicken w/ chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK</p>
<p><i>Milk by itself costs \$.50.</i></p>	<p>5</p>  <p>CHICKEN NUGGETS W/ TATER TOTS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>6</p> <p>7</p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>8</p> <p>MOZZARELLA STICKS w. MARINARA SAUCE AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES TREAT /MILK</p>	<p>9</p> <p>SPICY CHICKEN PATTY OR Grilled chicken w/ chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK</p>
<p>12</p> <p>FIESTADAS SALAD LUNCH OR CALZONE FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p>13</p> <p>CHICKEN TENDERS BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>14</p> <p>CHICKEN PATTY W/ BAKED TOTS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>15</p> <p>Toasted cheese Sandwich or Pulled pork sandwich w/ fries SALAD LUNCH AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p>16</p> <p>HOT DOG W. BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICE BAKED BEANS/ MILK</p>
<p>19</p> <p>No School for Students</p> 	<p>20</p> <p>BONELESS WINGS BAKED TRI-TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>21</p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK</p>	<p>22</p> <p>BOSCO STICKS w/marinara AJH PIZZA SALAD LUNCH VEG/FRUIT CHOICES TREAT MILK</p>	<p>23</p> <p>CORN DOG W/ BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK</p>
<p>26</p> <p>WALKING TACO SALAD LUNCH CALZONE Rice and refried beans FRUIT/VEG CHOICES MILK</p>	<p>27</p> <p>POPCORN CHICKEN W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>28</p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK</p>	<p>29</p> <p>CHEESEBURGER W/ FRIES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK/TREAT</p>	<p>30</p> <p>SP. CHICKEN PATTY OR Grilled chicken w/ chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK</p>

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:
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