

BASIC INSTRUCTIONAL PROGRAM  
REQUIRED INSTRUCTION (SECONDARY)

EHAC  
(REGULATION)

SUBSTITUTION FOR  
REQUIRED PHYSICAL  
EDUCATION IN  
SECONDARY  
CURRICULUM

In accordance with 19 TAC 74.11, the District will allow qualified private or commercially sponsored physical activity classes to substitute both for required health fitness units in grades 6–8 and for health fitness graduation credits, grades 9–12.

PROGRAM  
QUALIFYING

To qualify for substitution, private or commercially sponsored physical activity classes must meet these criteria for Category I programs as stipulated by the Texas Education Agency. Applications are submitted to the director of health fitness each year. [EHAC (EXHIBIT)-A]

CRITERIA  
(CATEGORY I)  
(15 HOURS)

The following criteria will:

1. Provide training that exceeds the District's health fitness curricular requirements and that has the potential to develop Olympic-caliber performers.
2. Provide for a minimum of 15 clock student participation hours per week in a highly intense professional, supervised training program, certified by the Superintendent in order to be of exceptional quality.
3. Include opportunities for students to participate in competitions leading to the Olympics.
4. Receive approval from the secondary principals.
5. Require submission to the Texas Education Agency for approval.

CRITERIA  
(CATEGORY II)  
(5 HOURS)

The following criteria will:

1. Provide training that exceeds the District's health fitness curricular requirements.
2. Provide for a minimum of five clock student participation hours per school week in a highly intense professional, supervised training program, certified by the Superintendent in order to be of exceptional quality.
3. Receive approval from the secondary principals.
4. Does not require submission or approval of the Texas Education Agency.

RULES AND  
PROCEDURES  
GOVERNING STUDENT  
PARTICIPATION

The following criteria will apply:

1. Each student must submit an application for approval for the next school year no later than May 1. [EHAC(EXHIBIT)-B or C]

2. Each waiver must receive Board approval for participation in a program that has been approved.
3. Each Category I program must be approved by the Board and submitted to the Commissioner of Education prior to the semester an approved program is offered for health fitness credit.
4. The parent/guardian must grant permission for a student to substitute participation in a special private or commercially sponsored training program for health fitness. [EHAC(EXHIBIT)-B or -C]
5. A copy of the Notification Letter [EHAC(EXHIBIT)-A] will be sent to the student and the facility.
6. A list of approved waiver students will be sent to each campus counseling office.
7. The coach in special training programs:
  - a. Must provide the District with the information required on the approval applications; [EHAC(EXHIBIT)-A]
  - b. Must assume responsibility for attendance and grade accounting; [EHAC(EXHIBIT)-A]
  - c. Must notify the school if a student drops out of the program;
  - d. Must submit required records/reports of participation on time; [EHAC(EXHIBIT)-A]
  - e. Must submit field trip requests [EHAC(EXHIBIT)-E]; and
  - f. Must remit payment with facility application [EHAC(EXHIBIT)-A].

GRADES 6–8

The following will apply:

1. Students will receive a numerical grade on their report cards. The off-campus coach will send this grade, along with an attendance accounting, to the grade-level registrar who will complete the grade reporting sheet. Report cards will read "Off-Campus Health Fitness" and the course will be assigned a special course number.
2. The grade for this activity will not affect honor roll standing.
3. Both the off-campus coach and the student's legal guardian must assume responsibility for notifying the school (grade-level counselor) if a student drops out of the program.

4. Students who drop out of Category I or II will go through a schedule change process to be placed in a regular health fitness class.

GRADES 9–12

The following will apply:

1. Students will receive numerical grades on their report cards for participation in the training program. The coach will send this grade, along with attendance accounting, to the registrar who will complete the grade reporting sheet. Report cards will read "Off-Campus Health Fitness," and the class will be assigned a special course number.
2. Grades for Category I will affect honor roll standing; grades for Category II will not affect honor roll, grade point average (GPA), or grade level due to substitution. The semester grades will count in students' grade point averages and will be included in the calculation of the total number of grade points for determining class rank.
3. The off-campus coach, students, and legal guardian must assume responsibility for notifying the school (campus registrar) in writing if a student drops out of the program.
4. Students who drop out of Category I programs during the semester will be placed in a health fitness class. Students who drop out of the Category II program will relinquish credit.
5. Students in Category I may earn two state-approved credits and two local credits. Those students may miss only one period during the school day.
6. Category II students may earn required curriculum credits for graduation.

FIELD TRIPS CRITERIA  
FOR OBTAINING  
APPROVAL

The following will apply:

1. The only students allowed to participate in off-campus health fitness field trips will be students with prior approval for the field trip and current enrollment in off-campus health fitness.
2. Students failing one or more courses will not be approved to participate in the field trip.
3. Field trips should not be scheduled during state-mandated assessments or the end of grading periods. Under no circumstances will a field trip be scheduled on the day or evening immediately preceding the day on which state-mandated assessments is scheduled.

4. As provided by 19 TAC 76.1(c), the District will not schedule, nor permit students to participate in, an extracurricular activity or a public performance that would require, permit, or allow a student to be absent from class in any course more than ten times during the school year. The District may adopt policies that permit distribution of the ten absences during the school year for the purpose of participation in extracurricular activities. [See FM(LOCAL)]

PROCEDURES FOR  
OBTAINING TRIP  
APPROVAL

The following procedures must be followed to obtain trip approval:

1. Sponsors of proposed off-campus health fitness field trips must complete a field trip request, providing all the necessary details of the proposal and obtain the signature of the building principal.
2. All field trip requests must be submitted two weeks prior to the date of trip requested. [EXHIBIT E]