

2022-23 SHELTON HEALTH POLICIES

When making decisions related to COVID or similar health emergency, Shelton will consider the recommendations of [UT Southwestern Medical Center](#), the [American Academy of Pediatrics](#), [Dallas County Health and Human Services](#), the [National Association of School Nurses](#), [Cook Children's Medical Center](#) doctors, and the [Centers for Disease Control](#), as well as our medical advisors.

COVID-RELATED POLICIES

The policies described herein are subject to change as necessary.

- The highest level of filters will be maintained in our HVAC system
- Field trips will be reinstated on a limited basis.
- A negative COVID test may be required for overnight trips.

A student/employee must stay at home if he or she:

- Has a fever of 100.0 degrees or higher.
- Has one of the following symptoms: cough, sore throat, congestion, headache, nausea, fatigue, body aches, shortness of breath or abdominal pain.
- Experiences loss of the sense of taste and smell.
- Requires breathing treatments using a nebulizer during the school day.

ISOLATION POLICY

Any students or faculty/staff member who tests positive for COVID (vaccinated or not), must:

1. Isolate for 5 days from the onset of symptoms,
 2. Have improvement in symptoms, AND
 3. Be fever free for 24 hours without fever reducing medicine before returning to school.
 4. Must wear a mask on days 6-10.
- ❖ In situations involving a high number of positive cases in a short period of time, all students on a team, in a group, or in a class may be asked to quarantine and/or get a tested.

We ask that parents continue to help by keeping students home if they are sick, and communicating with our nurses (Eve Herman at eherman@shelton.org or Lisa Nagid at lnagid@shelton.org) regarding any illness, exposure, vaccination, or positive COVID test.

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