

Calumet City School District 155

September
2022

K-5 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Bites w/ Sweet & Sour Sauce Brown Rice Stir Fry Vegetable Cauliflower Floret Fresh Fruit Bar 1% Milk	2 Cheeseburger on a Bun Sweet Potato Fries Cucumber Slices Canned Fruit Bar 1% Milk
5 No School	6 Crispy Chicken Nuggets Whole Grain Dinner Roll Baked Beans Cherry Tomato Salsa Canned Fruit Bar 1% Milk	7 Beef Hotdog on a Bun Tater Tots Broccoli Salad Fresh Fruit Bar 1% Milk SideKicks Kiwi-Strawberry	8 Bake Choice Whole Grain Dinner Roll Roasted Cauliflower Caesar Side Salad Canned Fruit Bar 1% Milk SideKicks Bloom!	9 Sausage Pizza Steamed Green Beans Celery Sticks Fresh Fruit Bar 1% Milk
12 Hamburger on a Bun Golden French Fries Romaine Lettuce Canned Fruit Bar 1% Milk	13 Flatbread Choice Steamed Broccoli Red Peppers Fresh Fruit Bar 1% Milk	14 BBQ Pulled Pork Sandwich Baked Beans Cherry Tomato Canned Fruit Bar 1% Milk Chocolate Chip Cookie	15 Crispy Chicken Tenders Whole Grain Dinner Roll Steamed Corn Baby Carrots Fresh Fruit Bar 1% Milk	16 Pepperoni Pizza Roasted Cauliflower Celery Sticks Canned Fruit Bar 1% Milk
19 Beef Hotdog on a Bun Cucumber Ranch Salad Celery Sticks Canned Fruit Bar 1% Milk	20 Quesadilla Choice Pineapple Radish Pico Black Beans Romaine Lettuce Salsa Fresh Fruit Bar 1% Milk	21 Popcorn Chicken Whole Grain Dinner Roll Mashed Potatoes Steamed Corn Canned Fruit Bar 1% Milk	22 Choice of Breakfast Sandwich Sweet Potato Fries Cucumber Slices Fresh Fruit Bar 1% Milk Rice Krispie Treat	23 Cheesy Italian Flatbread Maple Roasted Apples & Carrots Broccoli Florets Canned Fruit Bar 1% Milk
26 Crispy Chicken Sandwich Tater Tots Broccoli Salad Fresh Fruit Bar 1% Milk	27 Pasta with Meat Sauce Rip Stick Breadstick Roasted Cauliflower Caesar Side Salad Canned Fruit Bar 1% Milk	28 Grilled Cheese Sandwich Tomato Basil Soup Cucumber Slices Fresh Fruit Bar 1% Milk	29 Nacho Choice Refried Beans Spring Corn Salad Salsa Canned Fruit Bar 1% Milk	30 Meat & Gravy Choice Brown Rice Whole Grain Dinner Roll Green Beans Baby Carrots Fresh Fruit Bar 1% Milk Homemade Brownie

PRICES

EXTRA INFO

Milk (1% White, Skim White and Skim Chocolate) available daily
 Assorted fresh and canned fruits available daily.

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
 TaHer Food4Life®



www.taHer.com