

Parkland School District

Health & Safety Plan : Symptoms Screening and Reporting - EMPLOYEES

Home Screening Tool - Updated 8/16/2022

Person Responsible: Employee

Cases reported to Parkland are processed during school hours. Contact your family physician with concerns of exposure that occur after hours, weekends or during holiday breaks.

1. Today, or in the past 24 hours, have you had any of the following symptoms?

Column A 1 or more symptoms

- Fever / Chills
 - *Temperature of 100.4° or greater*
- Shortness of Breath or Trouble Breathing
- New Loss of Taste or Smell
- New or worsening dry cough
- Difficulty Breathing

If YES, stay home and email the Director of Student Services at covidresponse@parklandsd.net, contact your building Supervisor and contact your medical provider or call the PA Department of Health (1-877-PA-HEALTH) to discuss these symptoms.

If NO, next question.

Column B 2 or more symptoms

- Chills
- Fatigue (Extreme)
- Fever Shakes/Rigors
- Muscle or body aches
- Headache (unusual or atypical)
- Sore throat
- Congestion or runny nose (new or sudden onset, any change or increase in chronic condition)
- Nausea or vomiting
- Diarrhea

If YES, stay at home and email the Director of Student Services at covidresponse@parklandsd.net, contact your building Supervisor and contact your medical provider or call the PA Department of Health (1-877-PA-HEALTH) to discuss these symptoms.

If NO, next question.

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2. Have you been diagnosed with COVID-19 in the past 10 days?

IF NO

Next question

IF YES

- You should have isolated for 5 days.
- Upon being diagnosed, you should contact the Director of Student Services at covidresponse@parklandsd.net and your supervisor/follow procedure to call off work.
- You may return to work after 5 days of isolation if you are fever-free for 24 hours without medication and have improvement in your symptoms. Asymptomatic individuals may return after 5 days of isolation from the date of test. A face covering is required for an additional 5 days after the 5-day isolation period ends.

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3. Have you received the COVID-19 vaccine/booster in the past 3 days?

IF NO

Next question

IF YES

If you are fever-free for 24 hours without medication, you may come to work.

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4. Are you currently living with or caring for someone who has been diagnosed with COVID-19 in the past 10 days?

IF NO

Have a wonderful day at work!

IF YES

- You may come to work.
- Continue to self-monitor for 14 days.
- It is recommended you wear a well fitting mask.
- The recommendation is to test 5-7 days after last contact. If positive **stay home**, and email covidresponse@parklandsd.net.
- **If you develop symptoms, stay home**, call your PCP and email the Director of Student Services at covidresponse@parklandsd.net.

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Definitions

Close Contacts are individuals who have been exposed (within 6 feet distance for at least 15 consecutive minutes) to someone who is positive for COVID-19 during the infectious period.

Exception: In the K–12 indoor classroom setting, the close contact definition excludes students who were within 3 to 6 feet of an infected student (laboratory-confirmed or a clinically compatible illness) where

- o both students were engaged in consistent and correct use of well-fitting masks; and
- o other K–12 school prevention strategies (such as universal and correct mask use, physical distancing, increased ventilation) were in place in the K–12 school setting.

This exception **does not apply** to teachers, staff, or other adults in the indoor classroom setting.

Isolation is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" and use a separate bathroom (if available).

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps to prevent the spread of the disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from the state or local health department.

COVID-19 Visual Symptoms:

- Nasal congestion, scratchy/sore throat, allergy like symptoms
- Difficulty breathing or shortness of breath
- Persistent cough

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When to Seek Immediate Emergency Medical Attention

When to Seek Immediate Emergency Medical Attention

If there are any of these emergency warning signs* for COVID-19, medical attention is needed immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

** This list is not all-inclusive. A medical provider should be consulted for any other symptoms that are severe or concerning.*

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.