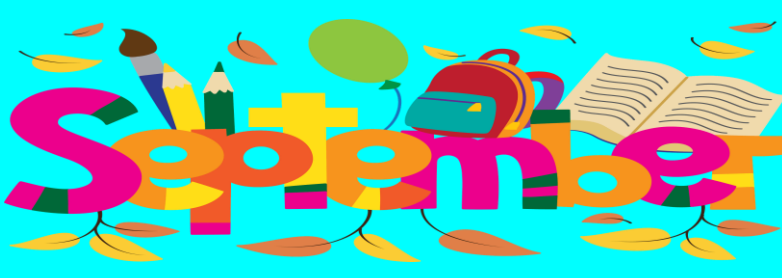




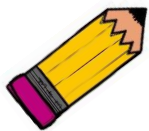


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>2nd Option</b> <b>WG Pop tart (2 pack)</b> <b>"NUT FREE" MENU</b> <b>Menus are subject to change.</b> <b>One Free Breakfast/Student</b> Adult Breakfast \$2.45	<b>1</b> 	<b>2</b> Super Bakery Banana Bread Apple Crisps 100% Juice Milk Choice
		<b>5</b>  <b>HAPPY LABOR DAY</b> <b>No School</b>	<b>6</b> Pillsbury Mini Cinnis Banana 100% Juice Milk Choice	<b>7</b> Confetti Eggos Mini Pancakes Richland Hills Sliced Apples 100% Juice Milk Choice
<b>12</b> Benefit Bar WG Breakfast Bar Applesauce Cup 100% Juice Milk Choice	<b>13</b> Pillsbury Mini Cinnis Raisins or Craisins 100% Juice Milk Choice 	<b>14</b> <b>CHEF'S CHOICE</b> A Whole Grain Favorite served with Apple Slices 100% Juice Milk Choice	<b>15</b> Super Bakery Bread Orange 100% Juice Milk Choice	<b>16</b> Confetti Eggos Mini Pancakes Apple Crisps 100% Juice Milk Choice
<b>19</b> Pillsbury WG Frudel (Apple or Cherry) Applesauce Cup 100% Juice Milk Choice	<b>20</b> Pillsbury Mini Cinnis Raisins or Craisins 100% Juice Milk Choice	<b>21</b> <b>CHEF'S CHOICE</b> A Whole Grain Favorite served with Apple Slices 100% Juice Milk Choice	<b>22</b> Confetti Eggo Mini Pancakes Banana 100% Juice Milk Choice	<b>23</b> Super Bakery Banana Bread Apple Crisps 100% Juice Milk Choice
<b>26</b> Nature Valley Oatmeal Round Applesauce Cup 100% Juice Milk Choice	<b>27</b> Pillsbury Mini Cinnis Banana 100% Juice Milk Choice 	<b>28</b> Confetti Eggos Mini Pancakes Richland Hills Sliced Apples 100% Juice Milk Choice	<b>29</b> Pillsbury WG Frudel (Apple or Cherry) Mixed Berry Cup 100% Juice Milk Choice	<b>30</b>  <b>No School</b>

**September Middle School Breakfast Menu 2022**