



Perkiomen School Health & Safety Plan for Transmittable Viruses

Our highest priority at Perkiomen School is the health and safety of our students and employees. The goal of this document is to present a preparation and response plan that limits the impact of highly transmittable viruses on our community. This is a living document that will be updated to address the changing circumstances related to COVID-19 and Monkeypox.

RETURN TO CAMPUS: OVERVIEW

- All students must be COVID-19 symptom-free before returning to school.
- All students may be evaluated by the Health Center for COVID-19 symptoms and exposure.
- Screening will be performed according to standards set by the CDC.
- If testing for asymptomatic individuals is recommended, we will consider broader community testing prior to any return to campus or large community gathering.

Return to Campus: Day Students

- Perkiomen School has established a staggered Registration schedule for day students that will begin August 29.

Return to Campus: Boarding Students

- Perkiomen School has established a staggered return schedule for boarders that will begin on August 27.
- Boarding students are asked to develop a personal isolation plan in the event they would be considered positive for COVID-19 or Monkeypox. The plan should include a place where the student can be cared for (at home, or by a local relative or family friend) in isolation for the CDC-prescribed isolation period. The school has limited isolation capabilities available.
- Students that present positive for either COVID-19 or Monkeypox will follow their personal isolation plan and will receive support from the school to ensure their health, safety and success.

DAILY CAMPUS LIFE

Daily Campus Life: Day Students

- If a student has COVID-19 symptoms, they should remain home and test for COVID-19. If results are positive, report the results to the Health Center at (215) 541-5065.
- If a student presents with a rash, they should contact a medical professional. For day students to return to school following a rash presentation, a doctor's note must be submitted to the Health Center.

Daily Campus Life: Boarding Students

- If a student has COVID-19 symptoms, they should report to the Health Center.
- If a student presents with a rash, they should report to the Health Center.



Community Mitigation Steps

If the Head of School, in conjunction with the Health Center, feels the health of the community is at risk, the school may impose community mitigation measures, which may include:

- All students and staff must wear a surgical or cloth mask.
- All individuals must follow CDC-prescribed social distancing procedures. The school has established appropriate spacing in classrooms and other required gathering locations.
- Social distancing when dining. New dining procedures have been established to minimize potential COVID-19 exposure.
- Doors being propped open during period changes.
- Hallways and doorways designated with directional signs where necessary and feasible.
- Sharing of pens, pencils, laptops, phones, food, and drink is prohibited.
- Hand sanitizer is available throughout the campus and everyone will be encouraged to regularly wash their hands and refrain from touching their face, as well as any other CDC guidelines for limiting tactile spread of viruses.
- Areas will be cleaned with EPA and CDC-approved cleaning supplies. Regular cleaning will be completed by professionals and interim cleaning of high-touch surfaces will be carried out by all school employees.
- Students and employees who are at higher risk for severe illness as established by the CDC are advised to follow CDC recommendations for limiting exposure to viruses.
- The school recommends that all students and employees receive a flu shot and a COVID-19 booster for the coming year.

Health Center Protocol

- Masks are required at all times in the Health Center.
- Students who are waiting to be seen must remain in the waiting area, and may not enter the examination room.

Students Displaying Symptoms of COVID-19 or Monkeypox

- Sick students will contact the nurse directly or with assistance from faculty and report to the Health Center wearing a face covering or mask.
- Students will be assessed in the Health Center exam room immediately upon entry.
- Students who are presumed-positive will be placed in the isolation room located in the Health Center.



Symptomatic Day Students

- Parents/Guardian will be notified and student must be picked up as soon as possible but no later than two hours from the call.
- If symptoms match COVID-19, student must be tested and follow up with Health Center before returning by contacting (215) 541-5065 or dpoole@perkiomen.org.
- While at home, students will have check-ins from their Advisor and/or Student Life Department.
- School work will be assessed on an individual basis when a student returns to campus to ensure continuity of education and balance between well-being and academics.

Symptomatic Boarding Students

- Boarding students with symptoms of a highly transmissible virus should report to the Health Center if open.
- If a boarding student feels ill during the hours of 7:00 pm - 7:00 am, the on-call nurse will be contacted and determine the next steps.

Any student, day or boarding, that is tested and confirmed positive for a highly transmittable disease will participate in a contact-tracing survey to identify other community members who may have been exposed. The school will manage next steps for exposed community members, including requesting isolation or quarantine. *Isolation* separates people who are infected with the virus from people who are not infected. *Quarantine* keeps someone who might have been exposed to the virus away from others.

Isolation and Quarantine Plans

Confirmed Positive Boarding Students Isolation Plan

Students whose personal isolation plan allows them to remain on campus will reside in Duykinck Hall. The school will follow the CDC, PA Department of Education, and Montgomery County Department of Health recommendations for limiting further exposure to viruses on campus. The school Health Center will provide ongoing care for the student according to the doctor's medical orders.

- When occupied, the school will provide oversight of Duykinck Hall that will ensure the student's needs are met. Nursing staff will monitor the student's health in-person and via telehealth on a 24/7 basis throughout the isolation period. The Student Life Department and/or student's advisor will also monitor well-being while student is in isolation.
- The student will remain isolated in Duykinck Hall for the CDC-prescribed isolation period, unless the doctor's medical order suggests otherwise.



Exposure Quarantine Guidelines

If a student may have been exposed to a virus, necessity and length of quarantine will be determined by the Montgomery County Office of Public Health in keeping with CDC regulations. Those in quarantine should separate themselves from others, monitor their health, and follow directions from the state or local health department.

Quarantined students can expect a daily check in with the Health Center and regular check-ins from their advisor. Quarantined students will engage in classes, advisory, and other community activities online. Communication will be vital during isolation or quarantine. Communication with parents will be coordinated by the Student Life Office and Health Center.

Day Students

Day students who must quarantine should stay home.

Boarding Students

Boarding students who must quarantine have the option to go home, stay with their host, or quarantine on campus. Boarding students who are quarantining on campus will report to their dorm room and follow campus protocols.

