

EMERGENCY HOTLINES

If you are in crisis **call 911**

Text or dial 988 to reach the
Suicide & Crisis Lifeline

Dial 833-364-2274 for the
Community Mobile Crisis Hotline

Call the National Suicide
Prevention Lifeline at

1-800-273-8255 or
1-800-784-2433

The Trevor Project hotline is
1-866-488-7386

Reach the National Alliance on
Mental Illness (NAMI) Helpline at

1-800-950-6264



***You are
not alone.
If you are
in crisis,
ask for
help.***

NON-EMERGENCY

Reach out to your school
counselors and social workers.

WE ARE HERE FOR YOU!

WE CAN HELP!

Reach out to your school counselor or social worker when you need help.

BCSD COMMUNITY PARTNERSHIPS

Coastal Empire Community Mental Health Center provides counseling at two locations:

Beaufort Clinic - 843-524-1879

Hilton Head - 843-681-4865

Friends of Caroline Hospice offer grief counseling to all students. Call 843-525-6257.

Hope Performance Systems provides counseling in schools. Call 843-547-0200.

Wright Directions Family Services provides therapy and/or rehabilitative behavioral health services. Call 843-645-7700 or the after hours hotline: 843-226-1860

Ask a counselor or social worker to help you set up a telehealth appointment with **Hello Hero**.

If you are having an immediate mental health emergency, call the Beaufort County Mental Health Mobile Crisis Hotline 843-364-2274 or dial 911.

Ask for help!

