

BISD Elementary Counselor Lesson/SEL Themes 2022-2023 with Quaver SEL integration

Counselor Name: E. Fischer & S. Padilla				Campus: Ortiz Elementary
Month	Themes	QuaverSEL	Resources	Lesson Objective
August	School Rules	Pre-K Lesson 1K-3 Lesson 2	QuaverReady/Campus Handbook/Orientation	Understand the importance of rules
Personal Health and Safety	Student Expectations	Pre-K Lessons 5, 15, 16K-5 Lesson 27	QuaverReady/Campus Handbook/Orientation	Learn strategies to improve
	Personal Boundaries	K-5 Lesson 29	QuaverReady/Cameron County Children's Advocacy	Learn about personal space
	School Safety - Safe & Trusted Adult		Sandy Hook Promise Safe & Trusted Adult/TX School Safety Center/Supplementals	Learn about school safety & trusted adults
September	Self-Confidence	Pre-K Lesson 4K-5 Lesson 6, 21	QuaverReady/On-Line Resources/Character Counts	Discuss self-confidence
Intrapersonal	Mindfulness	Resources in Teacher Toolbox	QuaverReady/Breathe With Me/On-line resources	Learn breathing techniques
Effectiveness	Coping with Anger/Frustration Emotions	Grades 2-5 Lesson 1K-5 Lesson 32	QuaverReady/On-Line Resources/ Harmony SEL	Learn coping skills
October	Bus Safety	Song "Our School"	BISD Transportation/Supplementals	Learn BISD Rules about Bus Safety
Personal Health and Safety	Fire Prevention	Grade 3 Lesson 29	Fire Dept/Supplementals/On-Line Resources	Identify fire hazards & safety rules at school/home
	Red Ribbon Week	Grade 2 Lesson 24Grade 4 Lesson 24	On-line Resources/Community Outreach Partners	Making responsible choices
Intrapersonal	Anti-Bullying	K-5 Lesson 28	Bully Free & Anti-Violence Resources	Identify bullying & making good choices
Effectiveness	DUKE TIP		Informational fliers/Guidance & Counseling	Academic Achievement
November	Develop Healthy Friendship	Pre-K Lessons 7, 8 K-5 Lesson 4	QuaverReady/Character Counts/Harmony SEL	Identify characteristics of a good friend
Interpersonal	Respect others/Empathy	Pre-K Lessons 11, 13, 14, 18K-5 Lessons 18, 23	QuaverReady/Character Counts/Harmony SEL	Learn about others feelings
Effectiveness	Giving/Peace	Pre-K Lessons 17, 18K-5 Lesson 9	QuaverReady/On-Line Resources/Harmony SEL	Learn the value of giving
	Grief/Hope	K-5 Lesson 35	QuaverReady/On-Line Resources/Harmony SEL	Discuss feelings and positive thinking
December	College 101	K-5 Lessons 21, 25, 27	BISD Powerpoint/Guidance & Counseling resources	Discuss post secondary education
Post Secondary Ed.	College /Career Fair		Community Outreach Partners	Identify and learn about different careers
January	STEM	Grade 5 Lesson 22	BISD Informational flier	Discuss middle school STEM program
Post Secondary Ed.	Choice Slips		Middle School Choice Slips/Course Listing Guide	Inform students of classes & electives
Career Readiness	Set Goals, Planning	K-5 Lessons 7, 12	QuaverReady/On-Line Resources/Harmony SEL	Identify goal setting & planning
Intrapersonal	Problem Solving	K-5 Lessons 15, 20	QuaverReady/On-Line Resources/Harmony SEL	Learn how to solve problems
Effectiveness	Decision Making	K-5 Lessons 5, 20, 24	QuaverReady/On-Line Resources/Harmony SEL	Learn steps in the decision making process
February	Multicultural Awareness	K-5 Lesson 18	QuaverReady/Character Counts/Harmony SEL	Learn about diversity
Interpersonal	Relate Well With Others	Pre-K Lessons 6, 7, 8, 12, 18K-5 Lesson 4	QuaverReady/Character Counts/Harmony SEL	Learn about interpersonal skills
Effectiveness	Communication Skills	K-5 Lessons 3, 19	QuaverReady/On-Line Resources/Harmony SEL	Identify ways to communicate effectively
March	Test-taking skills	K-5 Lesson 27Grades 2-5 Lesson 31	QuaverReady/On-Line Resources/Harmony SEL	Learn test taking skills
Interpersonal/	Stress Management	K-5 Lesson 17Grades 2-5 Lesson 31	QuaverReady/On-Line Resources/Harmony SEL	Learn how to manage stress/coping skills
Intrapersonal	Motivation to Achieve	K-5 Lesson 25	QuaverReady/On-Line Resources/Harmony SEL	Learn about self motivation & the feeling of success
Effectiveness				
April	Conflict Resolution	K-5 Lesson 14	QuaverReady/On-Line Resources/Harmony SEL	Learn ways to resolve conflict
Interpersonal	Child Abuse Awareness		Guidance and Counseling Posters/Children's Advocacy	Learn about personal safety & how to report
Effectiveness	Play It Safe	Grades K-5 Lesson 29	QuaverReady/On-Line Resources	Learn about personal safety & how to ask for help
May	Manage Transition	K-5 Lesson 34	Middle School Campus Tour	School Transition
Interpersonal/	Responsible Behavior	K-5 Lessons 5, 8	QuaverReady/Character Counts/Harmony SEL	Identify ways to show responsible behavior