

MGHS Pool Deep Water Test

All party rentals participants wanting to swim in the deep end will be required to take the MGHS deep water test.

Swim Test-Jump in deep end, tread or float for 1 minute, execute a 360 degree turn, orient yourself to shallow end, swim 25 yards front crawl and/or elementary backstroke, then exit water from the side (not ladder, ramp or stairs).

Children who do not pass the swim test and cannot touch the bottom at the safety rope (on flat feet, with head above water) must have parent/guardian within arm's reach and wear a USCG approved flotation device.

Children 5 and under must have a parent/guardian in the pool with them, within arm's reach and wear a USCG approved flotation device.

One parents/2 children for those who can not touch.

Band colors will be assigned to shallow end (red) and deep end (green).

Signature of Host/Rental Requestor

Please forward this information to all parents/guardians in your party.