



Avoiding Gluten Lunch Menu 2022-2023

Sandwiches

Grilled Cheese
Sunbutter and Jelly
Boars Head Turkey and Cheese
Boars Head Ham & Cheese

Hot Entrees

Chicken Tenders with Fries
Hamburger or Cheeseburger
Pasta with Marinara Sauce or Butter
Amy's Rice Noodle Mac & Cheese
Udi's Bagel Pizza
Amy's Vegetable Lasagna
Amy's Pot Pie

All gluten free lunches come with a choice of fruit
and/or vegetable
Additional pre-packaged Gluten Free Items at ala carte
pricing

For Questions, Comments or Concerns, please contact
Jillian Graziani
District Chef
203-341-1304
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This menu is designed for students not able to consume gluten due to a
medically documented disability.
Contact your child's school nurse to get signed up for this menu or with any
questions. All Menu Items, Recipes and Food Labels should be reviewed
and approved by Parents and nursing staff prior to menu implementation