

MODEL PROTOCOL

EPINEPHRINE AUTO-INJECTOR-EPIPEN®

Disclaimer: NASN's model protocols and/or language are intended as examples that may serve as a tool for those responsible for drafting protocols that meet the needs of a local school or district. These examples are not authoritarian, nor should they be viewed as complying with any requirements specific or unique to any school or district. Model policies and language should not substitute or replace the advice of legal counsel and/or research on applicable federal or local laws, regulations or ordinances.

Needed Supplies:

- Severe Allergic Reaction Medication (EpiPen®)
- Gloves
- Approved Sharps Container
- Alcohol Pad (if possible)
- Band-Aid (if possible)

Procedure for Medication Administration:

1. Identify that symptoms of a severe allergic reaction are present and that based on the child's severe allergic reaction emergency action plan, medication needs to be given.
2. Call for assistance. Ask that another school staff personnel call 911 or emergency medical services and notify parent
3. Remove other students from the area, as necessary.
4. Gather needed supplies and place on a clean surface near the student.
5. Explain the procedure to the child at his/her level of understanding.
6. Position student, providing as much privacy as possible.
7. The auto-injector can be given through clothing in most circumstances.
8. Depending on the age of the student and his/her cooperation level, you may need to stabilize the leg before injecting, so that the child does not kick or move the leg during injection.
 - a. You may need to ask someone else to assist you with this.
9. Review the following documents:
 - a. medication administration form
 - b. healthcare provider or district protocol/plan form
 - c. parent/guardian consent form, if available.
10. Check the medication to be sure it is
 - a. for the right child
 - b. the right medication
 - c. the right dose (an approximation of the child's weight may be needed, if using a stock epinephrine auto-injector)
 - d. being given at the right time
 - e. being given by the right route
 - f. not expired.

1. Wash your hands, if possible.
2. In a true emergency situation, there may not be time to do this step.
3. Put on gloves.
4. Remove the EpiPen® auto-injector from the container.
5. Remove the blue safety guard from the pen.
6. Firmly press the orange tip against the student's mid-outer thigh until a click is felt, and hold for 3 seconds.
7. The pen can be given through clothing in most circumstances.
8. Remove the EpiPen® and massage the area for 10 seconds.
9. Replace the pen back into its container and place it into an appropriate sharps container or hand to emergency medical responders.
10. Follow up with the parent or guardian and healthcare provider, as needed.
11. Document medication administration in the student's medication administration log.

References:

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