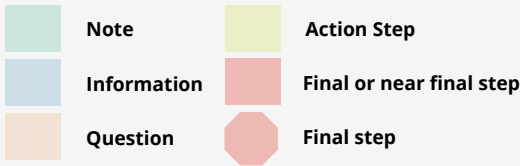


# ASTHMA/WHEEZING/ BREATHING DIFFICULTY

## ALGORITHM FOR MANAGEMENT OF MEDICAL EMERGENCIES

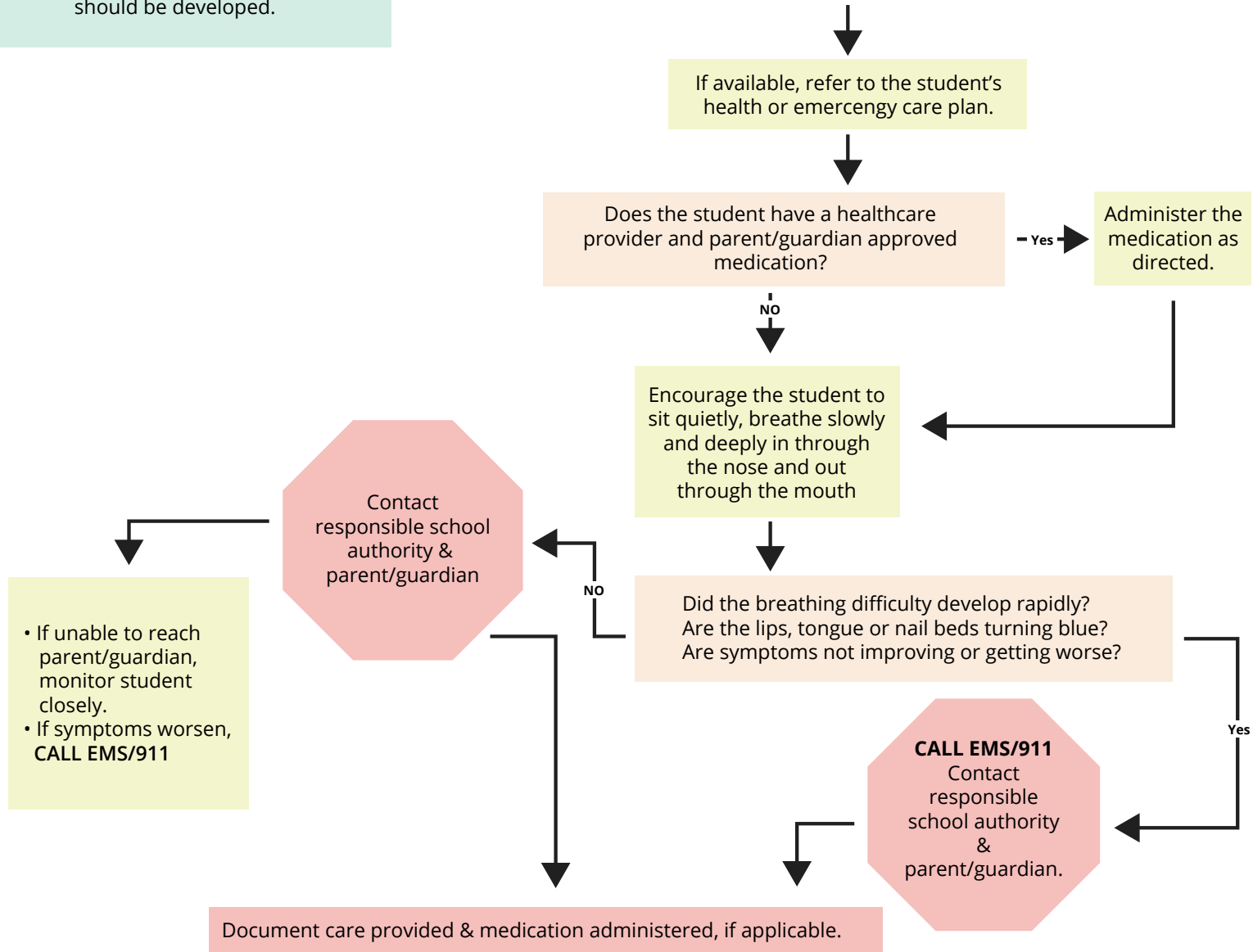
### Injury and Illness Protocol Legend



Students with a history of breathing difficulties, including asthma/wheezing, should be indentified to all staff who need to know. A health or emergency care plan should be developed.

A student with asthma/wheezing may have breathing difficulties which include:

- Wheezing - high-pitched sound during breathing out (exhaling).
- Rapid brathing.
- Flaring (widening) of nostrils.
- Increased use of stomach and chest muscles during breathing.
- Tightness in chest.
- Excessive coughing.



## References:

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- National Asthma Education and Prevention Program. (2011). *Management of asthma exacerbations: school treatment: suggested emergency nursing protocol for students with asthma symptoms who don't have a personal asthma action plan*. Available at: <https://www.nhlbi.nih.gov/files/docs/resources/lung/sch-emer-actplan.pdf> Retrieved: May 1, 2020.