

<u>BREAKFAST</u>							
<u>ENTREES</u>							
BAGEL, BLUEBERRY	YES	NO	NO	NO	NO	NO	YES
BAGEL, CINNAMON RAISIN	YES	NO	NO	NO	NO	NO	NO
BAGEL, HONEY WHEAT	YES	NO	NO	NO	NO	NO	NO
**BISCUIT & GRAVY	YES	NO	YES	NO	NO	*?	YES
BUG BITES GRAHAMS	YES	NO	NO	NO	NO	NO	YES
BURRITO, CHEESE, EGG, SAUSAGE	YES	YES	YES	NO	NO	NO	YES
<u>CEREAL</u>							
COCOA PUFFS	YES	NO	NO	NO	NO	NO	NO
CINNAMON CHEX	NO	NO	NO	NO	NO	NO	NO
CINNAMON ROLL	YES	YES	YES	NO	NO	NO	YES
CINNAMON TOAST CRUNCH	YES	NO	NO	NO	NO	NO	YES
FROSTED FLAKES CHOCO	YES	NO	NO	NO	NO	NO	YES
FROSTED FLAKES	YES	NO	NO	NO	NO	NO	YES
GOLDEN GRAHAMS	YES	NO	NO	NO	NO	NO	NO
RICE CHEX	NO	NO	NO	NO	NO	NO	NO
TRIX	NO	NO	NO	NO	NO	NO	NO
DONUT, SUPER, WG	YES	YES	YES	NO	NO	NO	YES
FRENCH TOAST STICKS	YES	NO	YES	NO	NO	NO	YES
HAM	NO	NO	NO	NO	NO	NO	NO
HAM & CHEESE BISCUIT	YES	NO	YES	NO	NO	NO	NO
HONEY BUN, WG	YES	YES	YES	NO	NO	NO	YES
MUFFIN, APPLE CINNAMON	YES	YES	YES	NO	NO	NO	YES
MUFFIN, BANANA	YES	YES	YES	NO	NO	NO	YES
MUFFIN, BLUEBERRY	YES	YES	YES	NO	NO	NO	YES
MUFFIN, CHOCOLATE CHIP	YES	YES	YES	NO	NO	NO	YES
MUFFIN, DOUBLE CHOCOLATE	YES	YES	YES	NO	NO	NO	YES
PANCAKES, AUNT JEMIMA	YES	YES	YES	NO	NO	NO	YES
PANCAKES, MINI, STRAWBERRY	YES	YES	YES	NO	NO	NO	NO

PANCAKES, MINI, MAPLE	YES	YES	YES	NO	NO	NO	NO
POPTART, FROSTED CINNAMON	YES	NO	NO	NO	NO	NO	YES
POPTART, FROSTED STRAWBERRY	YES	NO	NO	NO	NO	NO	YES
SCRAMBLED EGGS & TOAST	TOAST	YES	YES	NO	NO	NO	YES
UBR, CHOCOLATE CHIP	YES	YES	YES	NO	NO	NO	YES
WAFFLES, MINI, MAPLE	YES	YES	YES	NO	NO	NO	YES
WAFFLES, MINI, BLUEBERRY	YES	YES	YES	NO	NO	NO	YES
UPSTATE YOGURT, ALL FLAVORS	NO	NO	YES	NO	NO	NO	NO
YOGURT PARFAIT	NO	NO	YES	NO	NO	NO	NO
<u>BREAD PRODUCTS</u>							
FLOUR TORTILLA	YES	NO	NO	NO	NO	NO	NO
HAMBURGER BUN	YES	NO	YES	NO	NO	NO	YES
HOTDOG BUN	YES	NO	YES	NO	NO	NO	YES
WHOLE WHEAT SANDWICH BREAD	YES	NO	NO	NO	NO	NO	YES
<u>DESSERTS</u>							
CARNIVAL COOKIE	YES	YES	YES	NO	NO	NO	YES
CHERRY GELATIN	NO	NO	NO	NO	NO	NO	NO
CHOCOLATE CHIP COOKIE	YES	YES	YES	NO	NO	NO	YES
CRISP - APPLE BLUEBERRY CHERRY PEACH	YES	NO	NO	NO	NO	NO	YES
SUGAR COOKIE	YES	YES	YES	YES	NO	NO	YES
<u>SJSD POTATOES</u>							
FRENCH FRIES	NO	NO	NO	NO	NO	NO	NO
MASHED POTATOES	NO	NO	YES	NO	NO	NO	YES
MASHED POTATOES, CHEESY	NO	NO	YES	NO	NO	NO	YES
POTATO TATER GEMS	NO	NO	NO	NO	NO	NO	YES
SWEET POTATO GEMS	NO	NO	NO	NO	NO	NO	YES
SWEET POTATO FRIES	NO	NO	NO	NO	NO	NO	NO

JUICE, APPLE 4oz	NO	NO	NO	NO	NO	NO	NO
JUICE, APPLE 6oz	NO	NO	NO	NO	NO	NO	NO
JUICE, APPLE/GRAPE 6oz	NO	NO	NO	NO	NO	NO	NO
JUICE, APPLE/STRAWBERRY 6oz	NO	NO	NO	NO	NO	NO	NO
JUICE, FRUIT PUNCH 4oz	NO	NO	NO	NO	NO	NO	NO
JUICE FRUIT PUNCH 6oz	NO	NO	NO	NO	NO	NO	NO
JUICE, GRAPE 4oz	NO	NO	NO	NO	NO	NO	NO
MILK, 1% LOW FAT	NO	NO	YES	NO	NO	NO	NO
MILK, FAT FREE CHOCOLATE	NO	NO	YES	NO	NO	NO	NO
MILK, FAT FREE STRAWBERRY	NO	NO	YES	NO	NO	NO	NO
MILK, FAT FREE SKIM	NO	NO	YES	NO	NO	NO	NO
PROPEL FITNESS WATER	NO	NO	NO	NO	NO	NO	NO
WATER, BERRY FLAVOR	NO	NO	NO	NO	NO	NO	NO
WATER, PLAIN 16.9oz 8 oz	NO	NO	NO	NO	NO	NO	NO
V8 FUSION, POMEGRANATE BLUEBERRY	NO	NO	NO	NO	NO	NO	NO
V8 FUSION, STRAWBERRY BANANA	NO	NO	NO	NO	NO	NO	NO
<u>SIDES/CONDIMENTS</u>							
ALFREDO SAUCE	NO	NO	YES	NO	NO	NO	NO
APPLE SLICES, CANNED	NO	NO	NO	NO	NO	NO	NO
APPLES, FRESH, BAG SLICED	NO	NO	NO	NO	NO	NO	NO
APPLES, FRESH	NO	NO	NO	NO	NO	NO	NO
APPLESAUCE, CANNED	NO	NO	NO	NO	NO	NO	NO
APPLESAUCE, CUP	NO	NO	NO	NO	NO	NO	NO
APPLESAUCE, CUP, FLAVORED	NO	NO	NO	NO	NO	NO	NO
BANANA, FRESH	NO	NO	NO	NO	NO	NO	NO
BBQ SAUCE	NO	NO	NO	NO	NO	NO	NO

BERRY CUP (BLUEBERRIES, BLACKBERRIES, RASPBERRIES)	NO	NO	NO	NO	NO	NO	NO
BISCUIT DOUGH, WG	YES	NO	YES	NO	NO	NO	NO
BLACK BEANS	NO	NO	NO	NO	NO	NO	NO
BLUEBERRIES	NO	NO	NO	NO	NO	NO	NO
BROCCOLI, FRESH							
BROCCOLI, FROZEN	NO	NO	NO	NO	NO	NO	NO
CARROTS, FRESH	NO	NO	NO	NO	NO	NO	NO
CARROTS, SLICED	NO	NO	NO	NO	NO	NO	NO
CAULIFLOWER, FROZEN	NO	NO	NO	NO	NO	NO	NO
CHEDDAR CHEESE SAUCE	NO	NO	YES	NO	NO	NO	NO
CHEESE, AMERICAN	NO	NO	YES	NO	NO	NO	NO
CHEESE, CHEDDAR, SHRED	NO	NO	YES	NO	NO	NO	NO
CHEESE, CREAM, CUP	NO	NO	YES	NO	NO	NO	NO
CHEESE, CREAM, STRAWBERRY	NO	NO	YES	NO	NO	NO	NO
CHEESE, MOZZARELLA	NO	NO	YES	NO	NO	NO	NO
CHEESE STRING, MOZZARELLA	NO	NO	YES	NO	NO	NO	NO
CORN	NO	NO	NO	NO	NO	NO	NO
FRENCH DRESSING, FAT FREE	NO	NO	NO	NO	NO	NO	NO
FRUIT COCKTAIL	NO	NO	NO	NO	NO	NO	NO
GARBANZO BEANS	NO	NO	NO	NO	NO	NO	NO
GRAVY, PEPPER	YES	YES	YES	NO	NO	NO	YES
GREEN BEANS	NO	NO	NO	NO	NO	NO	NO
HONEY MUSTARD	NO	YES	NO	NO	NO	NO	YES
JELLY, GRAPE	NO	NO	NO	NO	NO	NO	NO
KETCHUP	NO	NO	NO	NO	NO	NO	NO
LETTUCE	NO	NO	NO	NO	NO	NO	NO
MANDARIN ORANGE SECTIONS	NO	NO	NO	NO	NO	NO	NO
MARINARA SAUCE	NO	NO	NO	NO	NO	NO	YES
MAYONNAISE	NO	YES	NO	NO	NO	NO	NO
ORANGE, FRESH	NO	NO	NO	NO	NO	NO	NO
PEAS, CANNED	NO	NO	NO	NO	NO	NO	NO
PEACHES, DICED, CANNED	NO	NO	NO	NO	NO	NO	NO
PEANUT BUTTER, CREAMY	NO	NO	NO	YES	NO	NO	NO
PEARS, CANNED	NO	NO	NO	NO	NO	NO	NO
PICKLES	NO	NO	NO	NO	NO	NO	NO
PINEAPPLE, FRESH	NO	NO	NO	NO	NO	NO	NO

PINEAPPLE TIDBITS, CANNED	NO	NO	NO	NO	NO	NO	NO
PINTO BEANS	NO	NO	NO	NO	NO	NO	NO
PIZZA SAUCE	NO	NO	NO	NO	NO	NO	NO
PUMPKIN	NO	NO	NO	NO	NO	NO	NO
QUESO BLANCO SAUCE	NO	NO	YES	NO	NO	NO	YES
RANCH, DRESSING CUP	NO	NO	YES	NO	NO	NO	YES
RANCH, LITE	NO	NO	YES	NO	NO	NO	YES
RASPBERRY VINAIGRETTE, FAT FREE	NO	NO	NO	NO	NO	NO	NO
RED KIDNEY BEANS	NO	NO	NO	NO	NO	NO	NO
REFRIED BEANS	NO	NO	NO	NO	NO	NO	YES
RICE, BROWN	NO	NO	NO	NO	NO	NO	NO
**ROLL, HOT, QUICK	YES	NO	YES	NO	NO	NO	YES
**ROLL, HOT, REFRIGERATOR	YES	YES	YES	NO	NO	NO	YES
SALSA	NO	NO	NO	NO	NO	NO	YES
SALTINES	YES	NO	NO	NO	NO	NO	NO
SPINACH LEAF	NO	NO	NO	NO	NO	NO	NO
STRAWBERRIES, SLICED WHOLE	NO	NO	NO	NO	NO	NO	NO
SWEET & SALTY TRAIL MIX	***	NO	YES	YES	NO	NO	***
SYRUP, PACKET	NO	NO	NO	NO	NO	NO	NO
TOMATOES, DICED, CANNED	NO	NO	NO	NO	NO	NO	NO
TOMATO, FRESH, SLICED	NO	NO	NO	NO	NO	NO	NO
TRAIL MIX	NO	NO	NO	YES	NO	NO	NO
WATERMELON	NO	NO	NO	NO	NO	NO	NO
WAX BEANS	NO	NO	NO	NO	NO	NO	NO
<u>SPICES & SEASONINGS</u>							
BEEF BASE	NO	NO	NO	NO	NO	NO	YES
BUTTER BUDS	NO	NO	NO	NO	NO	NO	NO
CHICKEN BASE	NO	NO	NO	NO	NO	NO	NO
CHILI POWDER	NO	NO	NO	NO	NO	NO	NO
CHILI SEASONING	YES	YES	YES	NO	NO	NO	YES
CINNAMON, GROUND	NO	NO	NO	NO	NO	NO	NO
CORN STARCH	NO	NO	NO	NO	NO	NO	NO
FLOUR, WHITE WHL WHEAT	YES	NO	NO	NO	NO	NO	NO

GARLIC, DEHYDRATED	NO	NO	NO	NO	NO	NO	NO
MAGARINE	NO	NO	YES	NO	NO	NO	YES
MILK, DRY, NONFAT	NO	NO	YES	NO	NO	NO	YES
MUSTARD, YELLOW	NO	NO	NO	NO	NO	NO	NO
OIL, CORN	NO	NO	NO	NO	NO	NO	NO
ONION, DEHYDRATED	NO	NO	NO	NO	NO	NO	NO
ONION POWDER	NO	NO	NO	NO	NO	NO	NO
PEPPER, BLACK	NO	NO	NO	NO	NO	NO	NO
SALT	NO	NO	NO	NO	NO	NO	NO
SUGAR, BROWN, LIGHT	NO	NO	NO	NO	NO	NO	NO
SUGAR, CONFECTIONER	NO	NO	NO	NO	NO	NO	NO
SUGAR, GRANULATED	NO	NO	NO	NO	NO	NO	NO
VANILLA, IMITATION	NO	NO	NO	NO	NO	NO	NO
VINEGAR, WHITE, DISTILLED	NO	NO	NO	NO	NO	NO	NO
YEAST	NO	NO	NO	NO	NO	NO	NO
<u>CHIPS, GRANOLA, ETC</u>							
CHEETOS PUFFS	NO	NO	YES	NO	NO	NO	NO
HARVEST CHEDDAR SUNCHIPS	YES	NO	YES	NO	NO	NO	NO
SUNFLOWER SEEDS	NO	NO	NO	NO	NO	NO	NO
<u>PIZZA</u>							
CHEEZY BREAD	YES	NO	YES	NO	NO	NO	YES
CHEESE PIZZA	YES	NO	YES	NO	NO	NO	YES
PEPPERONI PIZZA	YES	NO	YES	NO	NO	NO	YES
<u>SNACKS</u>							
CHEEZ-IT CRACKERS	YES	NO	YES	NO	NO	NO	YES