FAMILY HEALTH CHECK

BEFORE SCHOOL EACH DAY

Ask your student if they are experiencing symptoms before coming to school each day.

1. Is your student experiencing any of the following new or worsening symptoms?



A temperature of 100° F or higher



Cough



Difficulty breathing



Chills



Muscle Pain



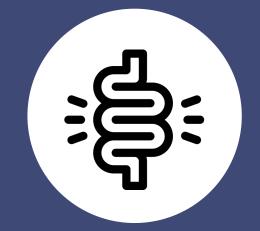
Headache



Sore Throat



Loss of taste or smell

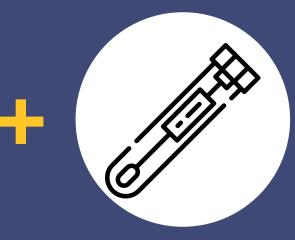


Nausea, vomiting or diarrhea

If "YES" to any symptoms



Stay home and self-isolate



Recommend getting tested for COVID-19

If the COVID-19 test result is POSITIVE, stay home and quarantine for 5 days and notify your campus.

Students may return to school after 5 calendar days of quarantine; however, it is recommended that they wear a tight-fitting mask until symptoms have resolved.

- 2. Does anyone in your household have COVID-19?
- 3. Has the student been notified that they have been in contact with someone with COVID-19?

If "YES" to questions 2 or 3

- 1. If the student is fully vaccinated, there is reduced risk in returning to school.
- 2. If the student is not fully vaccinated, quarantine is a safe practice but the student may return to school as long as they are symptom-free.

