

Golden Valley High School



Head Girls Coach – Jacqueline Wooding
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Head Boys Coach - John Wooding
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Cross-Country 2022-23

Date	Meet/ Location	Departure Time	Meet Time	Return Time
Thurs. 09/01	Jaguar Invite @ Eagal Lake in Tracy	12:15 pm	3:00 pm	8:00 pm
Sat. 09/03	Dave Zacharias 5K & Earlybird XC Invite @ BCHS	7:30 am	9:00 am	12:30 pm
Sat. 09/10	Kim Duyst Invite @ River Oaks Golf Course Ceres	5:30 pm	8:00 pm	10:00 pm
Wed. 09/14	CCC #1 @ Patterson Sports Complex	8:00 am	10:00 am	2:30 pm
Sat. 09/17	Bret Harte Frogtown Invitational @ Calaveras FG	11:15 am	2:00 pm	7:00 pm
Sat. 10/01	Amanda Garcia Memorial Invitational @ AHS	8:15 am	9:00 am	12:40 pm
Wed. 10/5	CCC #2 @ GVHS	8:30 am	10:00 am	3:00 pm
Sat. 10/15	Thunder XC Classic @ Lake Yosemite	7:30 am	10:00 am	12:30 pm
Wed. 10/26	CCC #3 @ AHS	8:00 am	10:00 am	2:00 pm
Sat. 11/05	CIF Sac-Joaquin Subsection Meet @ Calaveras FG	TBD	TBD	TBD
Sat. 11/12	CIF Sac-Joaquin Section Meet @ Willow Hills Reservoir in Roseville	TBD	TBD	TBD
Sat. 11/26	CIF State Finals @ Woodward Park in Fresno	TBD	TBD	TBD