



COUNSELING DEPARTMENT

at a glance...

The Counseling Department meets with students throughout their four years at SJA and provides the following services:

<i>Academics</i>	<i>Wellness</i>
Course & Registration Planning	Annual Student Questionnaire
Freshman practice ACT	Freshman Group Meetings
Sophomore practice ACT	Crisis Intervention
Sophomore practice PSAT	Wellness Flyers
Junior ACT	Resource Referrals
Junior PSAT/NMSQT	Individual Student Meetings, as needed
Senior ACT	Individual Student Meetings, as needed
Monitoring grades	Grade level presentations
Academic Check-in, as needed	
Missouri Scholars Academy	
Missouri Scholars 100	
Missouri Leadership Seminar	
Hugh O'Brien Youth Leadership Award	

SJA Testing Calendar 2022-2023

	SENIORS	JUNIORS	SOPHOMORES	FRESHMEN
OCT 12	<i>Regular classes</i>	PSAT/NMSQT*	<i>Regular classes</i>	<i>Regular classes</i>
OCT 18	SR ACT @SJA*	<i>Regular classes</i>	<i>Regular classes</i>	<i>Regular classes</i>
MAR 22	<i>Regular classes</i>	<i>Regular classes</i>	PSAT 10*	<i>Regular classes</i>
MAR 29	<i>Regular classes</i>	<i>Regular classes</i>	<i>Regular classes</i>	Practice ACT9**
APR 4	<i>Regular classes</i>	JR ACT@SJA*	<i>Regular classes</i>	<i>Regular classes</i>
APR 19	<i>Regular classes</i>	<i>Regular classes</i>	Practice ACT10**	<i>Regular classes</i>

*Administered with approved accommodations.

**No accommodations offered.

SJA COUNSELING TEAM



MRS. DONNA VIDEMSCHKEK
B.A., M.A.T., M. Ed
Director of Counseling/
Academic Counselor, all students
dvidemschek@sja1840.org
314-394-4312



MRS. SARAH WILD
B.A., M.S.W., L.C.S.W.
Wellness Counselor, students A-K
swild@sja1840.org
314-394-4317



MRS. KRISTEN VERSEN
B.A., M. Ed, LPC
Wellness Counselor, students L-Z
kversen@sja1840.org
314-394-4316