



**Minooka Junior High School
Minooka Intermediate School**

**Student and Parent Extra-Curricular
Handbook 2025-2026**

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Minooka CCSD #201 and the IESA believe that sportsmanship is a core value and its promotion and practice are essential. Students, Parents and Spectators have a duty to assure that their teams promote the development of good character. This code of conduct applies to all involved in interscholastic activities.

For Student-Participants

1. Student-participants will support the value of academics and the educational process.
2. Student-participants will advocate, model and promote the development of good sportsmanship and character to include: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship.
3. Student-participants will respect peers, officials, opponents, parents and all others associated with the event.
4. Student-participants will promote fair play and uphold the spirit of the rules in the activity.
5. Student-participants will model appropriate behavior at all times.

I have read and understand the requirements of this Code of Conduct and acknowledge that I may be disciplined if I violate any of its provisions.

***signature consent when you check the box on online registration**

For Parents and Spectators

1. Parents/Spectators will promote academics, and the emotional, physical and moral well-being of the student participants above the desires and pressures to win.
2. Parents/Spectators will teach, enforce, advocate, model and promote the development of good Sportsmanship and character to include: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship.
3. Parents/Spectators will respect participants, officials, opponents and all others associated with the event.
4. Parents/Spectators will promote fair play and uphold the spirit of the rules in the activity.
5. Parents/Spectators will model appropriate behavior at all times.

I have read and understand the requirements of this Code of Conduct and acknowledge that I may be forbidden from attending games or practices if I violate any of its provisions.

***signature consent when you check the box on online registration**

Expectations:



Of the Student-Athlete

- Respect the integrity and judgment of the game officials. Avoid public criticism of game officials.
- Display modesty in victory and graciousness in defeat.
- Teach sportsmanship and reward/acknowledge players that display good sportsmanship.
- Learn and follow the rules of the game. Many rules have changed.
- Respect your opponent. Treat them the way you would wish to be treated, as a guest or friend; who better can understand all the hard work and team effort that is required of the participants.

Of the Spectators

- Avoid criticism of game officials and sideline coaching which detracts from the performance of the student.
- A ticket is a privilege to observe the contest and not a license to verbally assault others.
- Learn the rules of the game, so that you may understand the game and appreciate the effort of the participants. Many rules have changed!!
- Remember that the school athletic experience is a learning experience for students and mistakes are sometimes made.
- Recognize and show appreciation for outstanding play by either team.

Fans are not at an event to intimidate or ridicule, but to support and enjoy the competition.

As a parent I agree to:

1. Remember that children participate to have fun and that the game is for the youth and not the adults.
2. Inform the coach of any physical disability or ailment that may affect the safety of my child or others.
3. Learn the rules of the game.
4. Be a positive role model for my child and encourage sportsmanship by showing respect and courtesy for all players, coaches, officials and spectators at every game.
5. Not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing, taunting; refusing to shake hands or use of profane language or gestures.
6. Not encourage behavior or practices that will endanger the health and well-being of the athletes.
7. Teach my child to play by the rules and resolve conflicts without resorting to hostility or violence.
8. Teach my child to treat other players, coaches and officials with respect.
9. Praise my child for competing fairly and trying hard no matter what the outcome of the game.
10. Never yell or ridicule my child or other participant for making a mistake or losing a competition.
11. Emphasize skill development, practices and how they benefit my child's development.
12. Promote the emotional and physical well-being and development of the students ahead of any personal desire I may have for my child to win.
13. Respect the officials and their authority during games and will never question, discuss, or confront coaches at the game. I will take the time to speak with coaches at an agreed upon time and place.

Thank you for your help teaching our young players about true sportsmanship.



For more information about the extra-curricular activities our school district offers visit the Minooka CCSD #201 Athletics website [Minooka 201 Athletics](#) . To view the athletics and extra-curricular activities click the Tryout Information link [Tryout Information](#) as it shows all of the athletic and extracurricular activities, schedules, and required forms and documents. Additional questions should be directed to the Athletic Director at Minooka Junior High School.

Every child is given a student handbook at the beginning of the school year. Within the first week of school the last page of the handbook is required to be turned in with a parent and student signature acknowledging comprehension of the rules and guidelines the school district and Board of Education have established. The Athletic portion from the 2025 - 2026 student hand book has been copied below.

XX. ATHLETICS

The athletic program is divided into the following categories:

A. Junior High Athletics:

With the exception of cross country, wrestling, and bowling club which allows fifth grade participation, all junior high school athletics are limited to participation by sixth, seventh, and eighth grade students. Interscholastic programs are offered.

B. Interscholastic Athletics:

Interscholastic sports follow Illinois Elementary School Association regulations and are competitive. All students that fulfill the Illinois Elementary School Association and Minooka District #201 eligibility requirements of passing each class (no lower than a D) are eligible to participate. The number of openings for a team are outlined in the athletics handbook.

Fifth Grade Athletics-The goal of the fifth grade program is to allow maximum participation that is reasonably possible, for each student during regular season play in cross country, wrestling or bowling club. The main objective will be to participate and use competition as a learning tool.

Sixth Grade Athletics-The goal of the sixth grade program is to allow maximum participation that is reasonably possible, for each student during regular season play. The main objective will be to participate and use competition as a learning tool.

Seventh Grade Athletics-The seventh grade program begins to take a competitive approach toward athletics. The main objective will focus on being competitive with other IESA schools. Participation time will be a consideration, but will not be focused on throughout each contest.

Eighth Grade Athletics-The Minooka eighth grade athletic programs have a highly competitive approach toward competition with other IESA schools. Participation time is not guaranteed playing time for all participants. There are limitations on the following teams.

Seventh and Eighth Grade Teams (A and/or B)

Baseball - Minimum of 12 and a maximum of 18 players per team

Softball - Minimum of 12 and a maximum of 18 players per team

Basketball - Minimum of 12 and a maximum of 15 players per team

Cheerleading - Minimum of 18 and a maximum of 25 cheerleaders

Volleyball - Minimum of 12 and a maximum of 15 players per team

Soccer - Minimum of 45 and a maximum of 55 players

Wrestling - All students will participate

Track - All students will participate

Cross Country - All students will participate

Bowling Club - All students will participate

Sixth Grade Teams

Baseball - Minimum of 15 and a maximum of 18 players

Basketball (A & B Teams) - Minimum of 24 and a maximum of 30 players

Cheerleading - Minimum of 12 and a maximum of 15 cheerleaders

Volleyball (A and B Teams) - Minimum of 24 and a maximum of 30 players

Note: If player cuts are necessary, no team shall cut less than three players. Participation in tryouts, practice, or games shall only occur if the student has completed the following: certificate of physical fitness issued by a licensed physician (valid for one year) and completed an online PowerSchool athletic registration form for each sport.

(IESA Handbook) Any student not able to attend tryouts must contact the Athletic Director prior to tryouts. For further information regarding extracurricular activities, please contact the Athletic Director at the Junior High School.

1. General Sports Rules:

- a. Conduct - Athletes are expected to follow all district and school rules. They are to be well-groomed at all times and are to exhibit good sportsmanship at home and away events. Unless prior consent by the coach is given, athletes are to attend all practices. Students should share practice times with parents.
- b. Uniforms - All uniforms are property of Minooka District #201. Athletes will be issued uniforms and necessary equipment at the beginning of the season. Proper care is to be given to uniforms throughout the season. Uniforms are to be worn for the athletic events only. Equipment or uniforms damaged or not properly returned will become the responsibility of the athlete, who will be charged the price of a replacement. Uniforms are due back to the Athletic Office within two days of the final competition.
- c. Awards - There will be award presentations throughout the school year immediately following the season's end. Upon a student's successful completion of the first athletic season, students will receive a medallion. A pin will be awarded for each additional year of participation in that sport. If the student successfully completes a different sport, she/he will receive a pin for that sport. Coaches may also award certificates if they choose.
- d. Physical Examinations - The IESA and Minooka District #201 requires athletes to have a current physical on file. Physical forms may be acquired in the junior high school office. Physicals are valid for twelve months from the date of completion and must cover the entire scheduled sport season.

2. Athletic Participation Rules

- a. When there is a limited overlap of extracurricular activities as outlined below, a student participating in one activity will, upon their request, be given the opportunity to participate in tryouts for an additional activity. If selected by the coach/sponsor of the added activity, the student must return to the first activity for all remaining events, which includes practices as well as contests. The student may attend events associated with the additional activity when they do not conflict with the first activity, which will take priority at all times. Failure to remain with the first activity will cause the student to forfeit the privilege of continuing with the added activity.

Upon making the selection of being involved in both activities, the student acknowledges they may forfeit some opportunities granted to the second activity, and in some instances, both activities.

SUMMER	FALL	WINTER	SPRING
Softball Baseball Cross Country Boys' Soccer	Girls' Basketball Boys' Basketball Cheer Speech Chess* Student may participate in Both Speech/Cheer or Speech/Boys' Basketball.	Boys' Basketball Wrestling Girls' Volleyball Cheer Bowling Club Drama Scholastic Bowl Math & Science Club Spelling Bee* Math Club*	Track Girls' Soccer While students can participate in Bowling Club or Drama or with Track, there is a significant overlap.

*Activities can be overlapped with another from the same season.

- A. Student athletes are subject to the District discipline policy at any time they are representing Minooka District #201.
- B. Players must be passing every subject on a weekly basis in order to be eligible to participate in athletics. Any athlete marked ineligible a total of four weeks in a row (during a team's season) will be removed from that team for the remainder of the season. **Student's eligibility will be cumulative for the current grading period.
- C. Registration and medical forms for a sport with tryouts must be turned in before the team tryout by the designated date specified. Registration and medical forms for a sport with no tryouts must be turned in by the designated date specified prior to the tryout.
- D. All players are required to attend all practices and games at the times specified by the coach. A student's absence will be excused if they are competing in a non-athletic MJHS contest that conflicts with the practice time. A note from the student's non-athletic extracurricular sponsor must verify any absence for a non-athletic extracurricular contest. A note from the student's parent must verify any other absence. If the absence(s) is/are not verified, then it/they become unexcused absences. A note must be turned into the coach at the next practice or game.
- E. Absence from practice will/may affect playing time.
- F. Three detentions and/or a suspension during the season will result in the student being removed from the team for a minimum of one (1) contest. Further detentions and/or suspensions (as stated above), may result in the student being removed from the team for the remainder of the season.
- G. Proper practice attire must be worn during all practice sessions. In the beginning of the season, coaches will clarify proper attire for practice.
- H. Any player demonstrating disrespectful behavior anytime will be suspended for the next contest.
- I. Players are not allowed in the hallway during practices or contests without the permission of their coach.
- J. Proper behavior is expected in any locker room and elsewhere on school property. This includes the school bus.
- K. Rides should be at the school when practice/contest ends.

Student Athlete Concussions and Head Injuries

Student athletes must comply with Illinois' Youth Sports Concussion Safety Act and all protocols, policies and bylaws of the Illinois Elementary School Association before being allowed to participate in any athletic activity, including practice or competition.

A student who was removed from practice or competition because of a suspected concussion shall be allowed to return only after all statutory prerequisites are completed, including without limitation, the School District's return-to-play and return-to learn protocols.

Bus Trips

1. Choose a place to sit and remain there.
 2. Disruptive behavior of any manner will not be tolerated.
- Any athlete not riding the bus home from an away contest must have his or her parent(s)/guardian(s) sign them out on the "Bus Release" form signed by the parent driving the student home.
- A. Athletes should be neatly attired when representing Minooka School District #201. VIOLATION OF ANY OF THE BUS TRIP RULES MAY RESULT IN THE STUDENT BEING SUSPENDED FROM THE NEXT CONTEST or other disciplinary consequences.
- B. Athletes **must be in attendance more than half the school day** to participate in that day's practice and/or contest.