



# Duncanville ISD

## Cycle Menu 2022-23

### Elementary & Middle School K-8

Express Breakfast					
Monday	Tuesday	Wednesday	Thursday	Friday	
Froot Loops Cereal Strawberry Applesauce Orange Juice 100% Milk Choice	Breakfast Pizza Golden Apple Milk Choice	Breakfast Sandwich on a Croissant Lemon Raisels Orange Juice 100% Milk Choice Grape Jelly	Breakfast Chicken Sandwich Apple Crisps Orange Juice 100% Milk Choice Grape Jelly	Blueberry Muffin Fresh Red Apple Milk Choice	
K-8 LUNCH					
Monday	Tuesday	Wednesday	Thursday	Friday	Serving Week Dates
Flamebroiled Cheeseburger  Crispy Potato Rounds Celery Sticks & Ranch Fresh Pear  Ketchup/Mustard/Mayo/Pickles  Milk Choice	Beef & Cheese Nachos  Spanish Rice Pinto Beans Shredded Lettuce & Salsa Mandarin Oranges  Jalapenos/Sour Cream  Milk Choice	Sizzling Steak Fingers  Garlic Bread Stick Mashed Potatoes Signature Green Beans Fresh Apple  Ketchup/White Gravy  Milk Choice	Crispy Chicken Tenders <b>OR</b> Spicy Chicken Tenders  Texas Toast Sweet Potato Casserole Seasoned Broccoli Fresh Sweet Orange  Ketchup/Ranch  Milk Choice	Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Chilled Pears  Milk Choice	August 8th  September 5th October 3rd November 7th December 12th January 23rd February 20th March 27th April 24th May 22nd
"Out of the Park" Hot Dog  Piping Hot Chili Shredded Cheddar Cheese French Fries Oven Baked Beans Fruit Cocktail Ketchup/Mustard  Milk Choice	Tangerine Chicken & Fried Rice Toasted Grilled Cheese Sandwich  Seasoned Broccoli Celery Sticks & Ranch Fresh Apple  Milk Choice	Beef & Cheese Nachos  Spanish Rice Pinto Beans Shredded Lettuce & Salsa Fresh Pear  Jalapenos/Sour Cream  Milk Choice	Tamales  Tortilla Chips Refried Beans Seasoned Carrots Peach Applesauce Homemade Fruit Cobbler  Milk Choice	EggStravaganza  Sausage Patty WG Flour Tortilla Crispy Potato Rounds Orange Juice 100%  Ketchup/Salsa  Milk Choice	August 15th  September 12th October 17th November 14th December 19th January 30th February 27th April 3rd May 1st
Crispy Chicken Sandwich <b>OR</b> Spicy Chicken Sandwich  Oven Baked Beans Celery Sticks & Ranch Juicy Pineapple  Ketchup/Mustard/Mayo/Pickles  Milk Choice	Chicken Fajita Tacos  Turkey Sandwich Seasoned Broccoli Glazed Carrots Fresh Pear Shredded Cheese Mustard/Mayo/Salsa  Milk Choice	Corn Chip Pie  Spanish Rice Shredded Lettuce & Salsa Pinto Beans Sliced Peaches  Milk Choice	Homestyle Chicken Nuggets  Garlic Bread Stick Sweet Potato Fries Signature Green Beans Mandarin Oranges Ketchup  Milk Choice	Pepperoni <b>OR</b> Cheese Pizza  Carrot Sticks & Ranch Classic Yellow Corn Rosy Applesauce  Milk Choice	August 22nd  September 19th October 24th November 28th January 9th February 6th March 6th April 10th May 8th
Golden Brown Corn Dog  French Fries CA Blend Vegetables Fresh Sweet Orange Ketchup/Mustard  Milk Choice	"Baked to Perfection" Spaghetti Casserole  Garlic Bread Stick Glazed Carrots Tossed Salad Frozen Juice Cup  Milk Choice	Breaded Chicken Drumstick  Texas Toast Oven Baked Beans Cucumber Slices & Ranch Sliced Peaches  Milk Choice	BBQ Pulled Pork Sandwich Toasted Grilled Cheese Sandwich  Crispy Potato Rounds Carrot Sticks & Ranch Strawberry Applesauce Ketchup/Pickles  Milk Choice	Pepperoni Calzone  Classic Yellow Corn Broccoli & Cheese Fresh Apple Gingerbread Cookie Ranch  Milk Choice	August 29th  September 26th October 31st December 5th January 16th February 13th March 20th April 17th May 15th

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\*A healthy plate must consist of fruits & vegetables daily

Menu is subject to change.

\*Minimum Allowance for School Lunch: 3 Components

\*Maximum Allowance for School Lunch: 5 Components