

# Soccer

## Middle School & High School Up Dates



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All participants must have a physical completed and uploaded to RMA prior to coming to practice/tryouts.

[Register My Athlete \(RMA\)](#)  
[Register My Athlete 'How To' Guide \(pdf\)](#)

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Exciting news, ALA Johnston would like to invite **8th graders** to join the 9th & 10th soccer workouts!

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### Middle School Men's Soccer

Coach Lagusis  
**6th-8th**

**Site:** Gertrude Brady Johnson  
Memorial Park  
1222 W Market St  
Smithfield, NC 27577

July 23rd: 10 am, 1:15 hours

July 30th: 10 am 1:30 hours

Tryouts - **8/1-8/3**  
Time **TBD**

### Men's Soccer

Coach Clayborne  
**9th & 10th**

**Site:** Gertrude Brady Johnson  
Memorial Park  
1222 W Market St  
Smithfield, NC 27577

**Dates:** July 25-29

**Time:** 9:00 AM-11:30 AM

Tryouts - **8/1-8/3**  
Time **TBD**

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**What to bring:** water bottle, cleats, shin guards, soccer balls (with your name on it)

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8th Graders fill out BOTH forms if you are interested in practicing with both teams

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Middle School Soccer

High School Soccer

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