

MARY WEINSTOCK SOKOL

Warren High School Class of 1964



Mary Weinstock Sokol graduated from Warren High School in 1964 and from The Ohio State University in 1968 with a B.S. degree in Psychology. She earned a M.A. degree from the University of Alabama, Tuscaloosa, AL in Counseling and Guidance.

In addition Mrs. Sokol received a B.A. degree from Corcoran College of Art and Design in Washington, DC winning a scholarship for her first year there.

Currently Mrs. Sokol is the Department of Social Services Lead Coordinator at the College of Southern Maryland. She writes and manages grants for the welfare to work program for the college and oversees and provides management and day to day support for all operations, activities and programs within the grants.

During her career, she has worked as the Deputy Health Officer in Charles County, MD – managed all operations of the Health Department; Executive Director, Mt. Vernon Lee Enterprises, Springfield, VA – managed and budgeted for a corporation serving adults with developmental disabilities; Fairfax Opportunities Unlimited, Springfield, VA – developed rehabilitation policy and planning for the largest provider of vocational services for individuals with disabilities in Virginia; Chief Operating Officer of Spring Dell, La Plata, MD – provided individuals with disabilities vocational and residential services; Vocational Rehabilitation Counselor, Charles County, MD – provided individuals with disabilities, which were a handicap to employment, services including training, physical restoration services and counseling which led to employment.



Other experience includes: Adjunct Instructor at the College of Southern, MD teaching Career Decision Making and Life Planning plus Study Skills courses part time while pursuing self-employment as an artist; Long Term Substitute Guidance Counselor in three schools where she developed a special education guidance program.

Mrs. Sokol related the following about how her education at Warren High was beneficial in her career and personal life. “Mrs. Stalnaker awakened an interest in biology which helped me in my career as an Arabian Horse Breeder. I formed my own business and bred and sold Arabian horses from 1978 to 2008. I owned my own stallion and stood him at stud and showed him at the National Arabian Horse Show in Kentucky.

The Young sisters awakened an interest in art as I took Oil Painting from them. I obtained a second bachelor’s degree at Corcoran College of Arts and Design in Washington, DC in 2001. I then pursued for eight years my own business painting and selling art – especially oils – in the United States and internationally.”

Community activities include: was on Board of Directors for Health Partners, a non-profit free health care for the uninsured organization; was on Board of Directors for Audubon Society of Southern Maryland; member of several county art co-ops; served on Advisory and Publications Committee of Maryland Rehabilitation Counseling Association; won scholarship for a week’s seminar on painting and sculpting the Arabian horse in Taos, New Mexico, member of La Plata, MD Methodist Church.