



Dear Parents/Guardians,

The 2022 fall season is going to be a competitive and action packed season for the Ponies! I am excited about bringing on several new coaches to our teams over the summer, all coaches have been involved with summer programs, establishing new roots in Pony Nation. Please welcome:

Boys Soccer: Michael Rowe and Faleesha Gaylord

Girls Soccer: Glenn Graef, Angie Burnes and Meghan Pina

Field Hockey: Davan Walker and Kilee Salley

Fall Cheering: Taylor Hibbard

We encourage all students to join one of our more than 20 athletic programs to join, participate and compete under the Maroon and White to represent their school, community and families with integrity, character and the sense of pride that accompanies being a Pony. The benefits of participating in extracurricular programs include: improved physical and mental health, communication skills, stronger academic performance and greater self-confidence.

The fall athletic season will begin with pre-season training on August 15th. Team practice times for the first week are as follows:

	morning sessions	afternoon sessions
Football:	8:00-10:00	4:00-6:00
Golf	9:00-11:00 @ Foxcroft Golf Club	
Cross Country		4:00-6:00
Boys Soccer		4:00-6:00 (6:15-7:30 weight room MWF)
Field Hockey	8:00-9:00 conditioning	4:00-6:00 practice
Girls Soccer	8:00-10:00	6:00-8:00
Fall Cheering		4:30-6:00

All participants will need a current (performed in October 2020 or more recently) pre-participation physical filed with the health office before being allowed to participate (please email or fax your copy before August 13th); and a signed co-curricular contract filed before participating in any team activities.

The 2022 season brings a lot of excitement to our campus, we are all looking forward to having the community back on campus supporting the Pony Herd!

Sincerely,

Jaelyn Tourtelotte ATC