This policy covers all co-curricular activities and field trips for the school year in which this form is signed. The season for any activity will be considered from the first practice until the last playable day as determined by the MPA. Participation in co-curricular activities provides an opportunity to develop an aptitude in teamwork, problem-solving, adaptability, respect, responsibility, dependability, and independent thinking that can lead to rewarding experiences with lifelong intellectual, social, and physical benefits. Being a student-athlete at Foxcroft Academy is a privilege for those that accept and embrace the standards they are challenged to uphold.

**MPA Eligibility**
All student-athletes, or co-curricular participants must meet the eligibility standards as set by the Maine Principals’ Association. The most updated information is available at their website.

**Length of Season**
The athletic season is defined as the period from the first practice until up to and including the last playable day designated by the MPA for the given sport of that season and year, and/or the end of season banquet.

**Academic Eligibility**
To be academically eligible, students may only have one unmet standard amongst their courses at the time of ranking periods (P1, Q1, P2, S1, P3, Q3, P4, S2). The student-athlete will be ineligible, and unable to participate in practices, competitions, or other team events until there is one, or no unmet standards. Students who do not reestablish met standards, or show significant progress as agreed upon by school administration and the classroom teacher, are subject to removal from the team for the remainder of the season. If there are multiple unmet standards at the end of a semester (Q2, Q4) the academic ineligibility period will last for 1 week. Q4 academic ineligibility will be applied the first week of the regular season of the following fall athletic season. *Unmet standards for Academic Initiative will be treated the same as other standards regarding academic eligibility. Students must be enrolled in a minimum of 4 full time classes, or equivalent, per MPA rules.

**Substance Abuse**
Students are not to consume, possess, or distribute alcohol, nicotine, illicit drugs, e-cigarettes or other vaporizing products, performance-enhancing substances, or any substance as stated in MRSA title 17A, form 1101 and 1116, during the athletic season. A student-athlete is in violation of this policy if they are a direct user of prohibited substances or are in the presence of other individuals engaged in the behavior.

- **First Violation**
  - 2-week suspension from team activities
  - Student-athlete may be required to participate in substance abuse education or other reformatory behavior programs as determined by the coach and/or school administration

- **Second Violation**
  - Suspension from all extra-curricular activities for the remainder of the season and the next season (possibly extending to next school year)
  - Required to complete substance abuse counseling, paid for by the student or their family

- **Third Violation**
  - Permanent suspension from participation in all extracurricular activities

**Commitment to Team**
Once joining a team for a season, it is expected that the student-athlete is committing to being a member of the team for the entire season. If the student decides to leave their team, they will not be permitted to join another team that season of competition. Exceptions: a student new to the school who did not make the choice that was the best fit for their needs or expectations; student transferring from another school where the principals of both schools have signed the MPA waiver of transfer form. Student-athletes are allowed to participate with one team sport in each
FOXCROFT ACADEMY
Co-Curricular Contract

sports season. Being a member of any team entails a commitment to the coach and the other members of the team to be in attendance at all practices and competitions. Exceptions can be made for student-athletes participating in a team sport, who may also be allowed to participate in an individual sport (cross country, track and field, swimming). The student-athlete must declare a primary sport, which must always take precedence; having a roster spot on a varsity team sport will automatically make the team sport the primary sport. There must be approval and agreement from the coaches of both sports, the athletic administrator, and parental permission for dual participation. Any student-athlete with dual sports participation may not hinder the opportunity of another student-athlete’s opportunity to participate. If concerns arise, the status of dual participation can be reviewed by the athletic administrator and rescinded at any time. Dual athletes must maintain good academic standing.

Injury Reporting
Students participating in co-curricular activities are expected to immediately report any injuries that happened while participating, or injuries that may affect their participation to their coach or group advisor, the athletic trainer or school nurse. Coaches or advisors are expected to report injuries to the athletic trainer or school nurse so the student can receive proper care, and for documentation.

Transportation to and from Events
All members of a co-curricular activity are required to travel to and from events with the group in school provided transportation. Permission to return home from an away event with someone other than the students legal guardian might be granted, but only with a written request from parents to the athletic administrator 24 hours prior to the trip through handwritten note or through email, before 4:00pm the day before the event, or on the last school day prior to the trip. The adult taking responsibility for the student must sign out their student with the coach or group advisor before leaving from the event.

School Day Attendance
Students wishing to participate in co-curricular activities are required to attend all scheduled classes, and absences must be excused. Multiple absences from classes, even when excused may result in a suspension of the student’s participation in co-curricular activities. Students must be in attendance for 80% of the academic portion of their school day to be eligible to be allowed to participate in a co-curricular activity that day, or on a Friday to participate in a Saturday event. Exceptions can be made with extenuating circumstances, only with excused absences.

Care and Return of School Equipment
Foxcroft Academy students who are issued or loaned uniforms, costumes, equipment or other school property for use while participating in their co-curricular activity are expected to maintain those items. Uniforms and costumes are to be properly laundered after use, equipment should be maintained properly and any damage or malfunction is to be reported to the coach or advisor immediately. Failure to maintain, or return items may result in the student and family being billed for the full cost of replacing the item(s).

Citizenship
Foxcroft Academy students are expected to conduct themselves in such a way that the rights and privileges of others are not violated. Students representing Foxcroft Academy are expected to conduct themselves in a manner that will bring merit to themselves, their school, community and families. Students behaving in ways that do not reflect the mission and values of Foxcroft Academy and their team or group, are subject to disciplinary action that could result in suspension or removal from their team or group. Students who are assigned detention are to serve the detention as scheduled, even if it interferes with a practice or competition time.
FOXCROFT ACADEMY

Co-Curricular Contract

Student Name: ____________________________  Grad Year: ______

I have read, understand and agree to comply with the rules and expectations of Foxcroft Academy’s Co-Curricular Policy. I recognize that by violating rules and expectations I may forfeit my privilege to represent Foxcroft Academy in co-curricular activities. My participation is voluntary, and is not without physical risks associated with the activities that I choose to participate in, including, but not limited to, musculoskeletal injuries, concussion, and exposure to communicable disease including, but not limited to COVID-19.

Student Signature: ____________________________  Date: _________________

Parents/ Legal Guardians:
I have read and understand the rules and expectations of Foxcroft Academy’s Co-Curricular Policy and agree to allow the above student to participate. I further consent for the above students to: (1) represent Foxcroft Academy in co-curricular activities, (2) to accompany the team or organization on bus trips of campus, (3) for the school to provide or obtain emergency medical treatment that may become necessary for the student in the course of activities or travel. I understand that participation is voluntary, and is not without physical risks associated with the activities that I choose to participate in, including, but not limited to, musculoskeletal injuries, concussion, and exposure to communicable disease including, but not limited to COVID-19.

Parents/ Legal Guardian Name: ____________________________ Date: _________________

Parents/ Legal Guardian Sign: ____________________________ Date: _________________

Insurance
Foxcroft Academy carries a student accident insurance policy that covers all student athletes while they are participating in school sponsored athletics. All families have the option of purchasing a voluntary accident insurance policy for non-interscholastic sporting activities. For more information, please contact the business office at (207)564-8351

My student is adequately covered by another insurance plan:

Insurance Company: ____________________________  Policy #: _________________

Order of payment for medical bills:
1. Personal insurance  2. School insurance  3. Remaining balance to be paid by family