

# SEPTEMBER 2022

## Albany Area Secondary

### BREAKFAST



**School Information:** Fresh fruit will be offered to your student daily

**\*\*Menu subject to change without notice**



**September is National Biscuit Month.** Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



**Labor Day  
NO SCHOOL**

5

Cinnamon Crunch Bar

6

Cook's Choice

7

Omelet

8

Pancake

9

Oatmeal

12

Frudel

13

Breakfast Sandwich

14

Donut Hole

15

Benefit Bar

16

Breakfast Bites

19

Filled Donut

20

Waffle

21

Breakfast Pizza

22

Mini Cinni

23

Sausage Pancake Wrap

26

Bagel with Cream Cheese

27

Long John

28

Breakfast Burrito

29

Yogurt

30