

# Early Childhood Family Education

## 2022-23





Welcome to Early Childhood Family Education where we inspire each child in their love of learning. As your child's first and most important teacher, Early Childhood Family Education (ECFE) classes are here to help you be the best parent you can be. These classes are designed to serve you and your child age birth to five. ECFE is unique to Minnesota and is a program of Eden Prairie Schools Community Education.

By choosing ECFE in Eden Prairie you can count on us to uphold the following core values while your child participates in ANY of our programs:

*We believe each person has intrinsic value.*

*We believe each person has individual gifts, interests and talents.*

*We believe community benefits when each person contributes.*

*We believe relationships flourish on a foundation of mutual respect.*

*We believe continuous learning is essential for personal fulfillment, opportunity and success.*

This catalog outlines the many opportunities to best fit your family for the upcoming school year. Our highly qualified staff are excited to get to know you and help you build upon your unique gifts that contribute to our school community.

It is never too early to start stimulating your baby's mind in ways that promote healthy development and build on your relationship with your child. Our staff will show you ways to nurture your child's development physically, emotionally, and mentally. We have an inspiring curriculum that offers opportunities for you to learn with your child. There is also time for parent-only discussions where you will find answers to questions and meet other parents.

## EARLY CHILDHOOD FAMILY EDUCATION SCHEDULE FALL 2022

| MONDAY | TUESDAY                   | WEDNESDAY               | THURSDAY           | FRIDAY            | SATURDAY      |
|--------|---------------------------|-------------------------|--------------------|-------------------|---------------|
|        | 9:00-10:30 AM             | 9:00-10:30 AM           | 9:00-10:30 AM      | 9:00-10:30 AM     |               |
|        | Tiny Explorers            | Tiny Explorers          | Small Wonders      | Small Wonders     |               |
|        |                           | Movers and Shakers      | Movers and Shakers |                   | 9:30-11:00 AM |
|        |                           |                         |                    |                   | Daddy and Me* |
|        |                           |                         |                    | 10:30-11:30 AM    |               |
|        |                           |                         |                    | Fantastic Fridays |               |
|        | 10:45 AM -12:15 PM        |                         | 10:45 AM -12:15 PM |                   |               |
|        | Small Wonders             |                         | Small Wonders      |                   |               |
|        | Tiny Explorers            | 11:00 - 12:00 PM        |                    |                   |               |
|        | Movers and Shakers        | Parents of Preschoolers |                    |                   |               |
|        |                           | 11:30 AM - 12:00 PM     |                    |                   |               |
|        | 4:45-5:45 PM              | Song and Story Time**   |                    |                   |               |
|        | Small Wonders*            |                         |                    |                   |               |
|        | Tiny Explorers*           |                         |                    |                   |               |
|        | Movers and Shakers*       |                         |                    |                   |               |
|        |                           |                         |                    |                   |               |
|        | 6:00-7:00 PM              |                         |                    |                   |               |
|        | Tiny Explorers*           |                         |                    |                   |               |
|        | Movers and Shakers*       |                         |                    |                   |               |
|        |                           |                         |                    |                   |               |
|        | 7:45-8:45 PM              |                         |                    |                   |               |
|        | Emotion Coaching**        |                         |                    |                   |               |
|        | Mindful Parenting**       |                         |                    |                   |               |
|        | Parents of Preschoolers** |                         |                    |                   |               |

### KEY Age by Sept. 1, 2022

- Less than 1 year
- 1 Year
- 2 Year
- 3-4 Year
- Birth-5 Year
- Parents Only

In person ECFE classes are held at the Lower Campus at 8100 School Road, Eden Prairie, MN 55344. Online class information will be shared as needed.

**Fall Classes run September 12-November 18.**  
**Winter Classes run November 28-February 17.**  
**Spring Classes run February 20-May 5.**

\* Indicates a seasonal session

\*\* Indicates an online class

## WHAT CAN I EXPECT AT A TYPICAL ECFE CLASS?

**Parent-Child Activity:** Time for you and your child to learn and play together, with songs, stories, and developmentally appropriate activities you can do at home.

**Parent Discussion:** Spend time with other parents discussing the joys and challenges of parenting while learning effective, research-based parenting strategies. A licensed parent educator will guide the discussion and share information about child development.

**Children's Learning Time:** In classes where children and parents separate for the parent discussion, children will stay with licensed early childhood teachers. Children will learn social-emotional skills while playing and learning with other children.

## WANT TO TRY AN ECFE BABY CLASS FOR FREE?

Welcome babies! Give your baby a strong start. These classes are for newborn through 12 month babies and their significant caregivers: mom, dad, grandparents, etc. Meet new friends and enjoy bonding time with your baby!

- **Baby Breakfast Story Time**
- **Baby Dinner Story Time**
- **Infant Massage**
- **Parent and Baby Yoga**
- **Baby Sign Language**

These baby classes are offered free of charge, but pre-registration is requested. A variety of dates and times are offered throughout the year. Visit us online to learn more and register!

### Do You Have a New Baby? Congratulations!

Eden Prairie Community Education has a variety of options for your family.

- Free welcome packet
- Free baby classes
- ECFE Baby classes
- Free in-home 'Helping Us Grow' visits

Email us at [ComEd@edenpr.org](mailto:ComEd@edenpr.org) or call 952-975-6940 to learn more!

## ECFE OUTREACH CLASSES-FREE!

Early Childhood Family Education is a wonderful resource for Eden Prairie families. Finances or transportation should not be a barrier for families interested in learning more about how to best support your child's growth and development. In an effort to make ECFE classes available to all families, we host outreach classes that are taught in the community.

Classes are held throughout the school year. A detailed schedule is available at class. Pre-registration is requested. Additional outreach locations may be added throughout the year. Check our website to learn more! Register for free online at [www.edenpr.org/epcommunityed](http://www.edenpr.org/epcommunityed) or call **952-975-6940**.

### BRIAR HILL

#1224 Briar Hill (*Residents Only*)  
Mondays, 1:00-2:30 PM

#1224 Briar Hill-Literacy  
Tuesdays/Thursdays, 1:00-2:30 PM

Briar Hill Apartments  
7025 Woodland Dr.  
Eden Prairie, MN 55346

### PRAIRIE MEADOWS

#1224 Prairie Meadows (*Residents Only*)  
Thursdays, 11:00 AM-12:30 PM

Prairie Meadows  
11345 Westwind Dr.  
Eden Prairie, MN 55344

### PRESERVE CENTER

#1224 Preserve (*Residents Only*)  
Fridays, 10:00-11:30 AM

The Preserve  
11221 Anderson Lakes Pkwy.  
Eden Prairie, MN 55344

### EP LIBRARY

#1224 Library  
*For age 1 yr. (by Sept. 1, 2022) - 5 yr.*  
Mondays, 10:00-11:00 AM

*Song and Storytime to follow.*  
*Mondays, 11:00 AM*  
*No registration needed.*

Eden Prairie Library  
565 Prairie Center Dr.  
Eden Prairie, MN 55344

## ECFE FAQs

### When do ECFE classes start and end?

**School Year-long Classes** begin on Sept. 12 and run through May 5. This aligns with the school district calendar for non-school days. Registrations are accepted year round based on availability and fees are pro-rated.

**Seasonal Classes** are scheduled in three sessions though the school year. They align with the school district calendar for non-school days. There are classes that start in September (fall), November (winter), and February (spring).

**What is the difference between seasonal classes and school year-long classes?** ECFE classes run in two separate schedules to give your family flexibility. The school year-long schedule allows the same group of families to stay together for the full school year. The seasonal session allows increased flexibility for your calendar. Both the seasonal and school year-long classes will cover similar topics and lessons.

**Can I take more than one seasonal class?** Yes, you can sign up for one or all three in a school year. Class content and topics will vary based on class attendees. Please note, some content may repeat.

**What is the difference between a non-separating, gradual separating, and separating class?** In a non-separating class, parents stay with their children for the entire class. In gradual separating, there is a transition from parent/child time to separate time over the course of the class. Our separating classes include some parent discussion time held in a separate room.

**Where are classes held?** All ECFE classes are held at Lower Campus, 8100 School Road, Eden Prairie, MN 55344.

**What resources are available for children with special needs?** Early Childhood and Family Education classes are inclusive of all children and families. Our program staff have strong collaborations with Early Childhood Special Education and work together as a team, including parents, to best meet the learning and developmental needs of all children in our classes.

**How much do ECFE classes cost?** The cost of classes are based on the sliding fee scale below. They are designed to be affordable for all families to attend.

### Sliding Fee Scale for ECFE Classes

| Yearly Household Income | Year-Long Class Fee | Seasonal Class Fee | One-Time Class | Sib Care Year-Long Class Fee | Sib Care Seasonal Class Fee | Sib Care One-Time Class |
|-------------------------|---------------------|--------------------|----------------|------------------------------|-----------------------------|-------------------------|
| \$130,000 and Above     | \$534               | \$178              | \$20           | \$267                        | \$89                        | \$10                    |
| \$100,000-\$129,999     | \$510               | \$170              | \$17.50        | \$252                        | \$84                        | \$9                     |
| \$80,000-\$99,999       | \$435               | \$145              | \$15           | \$216                        | \$72                        | \$8                     |
| \$60,000-\$79,999       | \$366               | \$122              | \$12.50        | \$180                        | \$60                        | \$7                     |
| \$40,000-\$59,999       | \$294               | \$98               | \$10           | \$147                        | \$49                        | \$6                     |
| Under \$40,000          | \$0                 | \$0                | \$0            | \$0                          | \$0                         | \$0                     |

ECFE classes are priced on a sliding fee scale based on your household income. Payment for seasonal and one-time classes are made in full at time of registration. For year-long classes, payment is charged to bank information on file three times a year - on September 5, November 21, and February 13.

### What if I have other children who need care during class (i.e. Sibling Care)?

Care is available for siblings of children registered in ECFE classes. Babies through 5-year-olds grow by leaps and bounds in our child centered sibling care classrooms. Staff provide a flexible, fun learning environment which includes a theme-based curriculum explored through games, songs, art activities, and child-directed play.

Our experienced staff provide a safe, secure environment for your child that includes:

- Gentle, loving care
- Feeding and diapering per parent request

**Registration is required; fees are listed on the sliding fee scale below.**

### ARE YOU IN THE SCHOOL CENSUS?

Being in the census database ensures you will receive ECFE, screening and kindergarten information when your child is eligible. Call 952-975-6940 or email [ComEd@edenpr.org](mailto:ComEd@edenpr.org) to make sure you're on the list!



## ECFE CLASSES

### SMALL WONDERS

Less than 1 yr. (by Sept. 1, 2022)

Enjoy this relaxing, informative class for children who are less than one year old. This class is designed to be your time to slow down, enjoy your little one and develop a supportive network with other parents. Parents and children enjoy songs, puppets, musical instruments and other fun activities in our bright and baby-safe classroom. A knowledgeable parent educator will lead interactive discussions on feeding, sleeping, safety, brain development, balancing your life as a new parent and more. *Non-Separating. Cost: See sliding fee scale on page 3.*

#### *School Year-long (Sept.-May.)*

|          |           |                   |
|----------|-----------|-------------------|
| #1202-01 | Tuesdays  | 10:45 AM-12:15 PM |
| #1202-02 | Fridays   | 9:00-10:30 AM     |
| #1202-03 | Thursdays | 9:00-10:30 AM     |

#### *Fall Session\* (Sept.-Nov.)*

|          |          |              |
|----------|----------|--------------|
| #1202-04 | Tuesdays | 4:45-5:45 PM |
|----------|----------|--------------|

#### *Winter Session\* (Nov.-Feb.)*

|          |          |              |
|----------|----------|--------------|
| #1202-05 | Tuesdays | 4:45-5:45 PM |
|----------|----------|--------------|

#### *Fall Session\* (Feb.-May)*

|          |          |              |
|----------|----------|--------------|
| #1202-06 | Tuesdays | 4:45-5:45 PM |
|----------|----------|--------------|

*\*Sign up for a single seasonal session, or all three!*

### TINY EXPLORERS

Age 1 yr. (by Sept. 1, 2022)

Toddlers grow, change and try new things at a rapid pace. Join this class where eager students turn a whirl of activity into learning that inspires confidence. You will learn songs, games, stories and activities to extend your child's learning at home. There will be parent discussion time to explore what is behind your toddler's endless energy and enthusiasm. *Non-Separating.*

The curriculum covered will have some repetition from prior seasonal sessions and will focus on each child/family's needs. *Cost: See sliding fee scale on page 3.*

#### *School Year-long (Sept.-May.)*

|          |            |                    |
|----------|------------|--------------------|
| #1203-01 | Tuesdays   | 9:00-10:30 AM      |
| #1203-02 | Tuesdays   | 10:45 AM -12:15 PM |
| #1203-03 | Wednesdays | 9:00-10:30 AM      |

#### *Fall Session\* (Sept.-Nov.)*

|          |          |              |
|----------|----------|--------------|
| #1203-04 | Tuesdays | 4:45-5:45 PM |
| #1203-05 | Tuesdays | 6:00-7:00 PM |

#### *Winter Session\* (Nov.-Feb.)*

|          |          |              |
|----------|----------|--------------|
| #1203-06 | Tuesdays | 4:45-5:45 PM |
| #1203-07 | Tuesdays | 6:00-7:00 PM |

#### *Spring Session\* (Feb.-May)*

|          |          |              |
|----------|----------|--------------|
| #1203-08 | Tuesdays | 4:45-5:45 PM |
| #1203-09 | Tuesdays | 6:00-7:00 PM |

*\*Sign up for a single seasonal session, or all three!*

### MOVERS AND SHAKERS

Age 2 yr. (by Sept. 1, 2022)

Two year olds use experimentation to help interpret their world. Join this class and watch your child explore every learning opportunity with curiosity and passion. Children will practice social skills such as taking turns, listening to the teacher and following in line while experiencing a fun and loving classroom environment. Parents will meet and discuss topics like healthy eating habits, toilet training and how to set limits with love. Enjoy parent/child time including songs, activities and games that will help your child thrive in every way. Relax and enjoy the parent support and discussion time while building a network of friends for your child and family. *Separating.*

*\*Please note that the fall session may not separate. Separation is not our first priority due to the variety of experience and age range of the children. The curriculum covered will have some repetition from prior seasonal sessions and will focus on each child/family's needs. Cost: See sliding fee scale on page 3.*

#### *School Year-long (Sept.-May.)*

|          |            |                   |
|----------|------------|-------------------|
| #1204-01 | Tuesdays   | 10:45 AM-12:15 PM |
| #1204-02 | Wednesdays | 9:00-10:30 AM     |
| #1204-03 | Thursdays  | 9:00-10:30 AM     |

#### *Fall Session\* (Sept.-Nov.)*

|          |          |              |
|----------|----------|--------------|
| #1204-04 | Tuesdays | 4:45-5:45 PM |
| #1204-05 | Tuesdays | 6:00-7:00 PM |

#### *Winter Session\* (Nov.-Feb.)*

|          |          |              |
|----------|----------|--------------|
| #1204-06 | Tuesdays | 4:45-5:45 PM |
| #1204-07 | Tuesdays | 6:00-7:00 PM |

#### *Spring Session\* (Feb.-May)*

|          |          |              |
|----------|----------|--------------|
| #1204-08 | Tuesdays | 4:45-5:45 PM |
| #1204-09 | Tuesdays | 6:00-7:00 PM |

### Parents of Preschoolers, in-person or online

Do you have a preschool aged child who is in multi-day preschool and you would like support with parenting a preschooler? Join and ECCE Parent Educator and other parents in this parent only class to share the joys and occasional challenges that come with this stage!

Topics include: general development, gaining cooperation, enhancing communication, helping your child to be a problem solver, emotional intelligence and other relevant topics.

*Parent only, virtual class with a Parent Educator. \$50 per session*

|       |                                                 |
|-------|-------------------------------------------------|
| #1217 | Tuesdays, 7:45-8:45 PM                          |
|       | Session 1 – September 13–November 15, 2022      |
|       | Session 2 – November 29, 2022–February 14, 2023 |
|       | Session 3 – February 21 – May 2, 2023           |

*Parent only, in person class with a Parent Educator. \$50 per session*

*Sibling care is available.*

|       |                                                 |
|-------|-------------------------------------------------|
| #1218 | Wednesdays, 11:00 AM-12:00 PM                   |
|       | Session 1 – September 14–November 16, 2022      |
|       | Session 2 – November 30, 2022–February 15, 2023 |
|       | Session 3 – February 22 – May 3, 2023           |

**DADDY AND ME**

**1-5 Years**

This class provides time for interactions between dad and child or children. Boost your parent bond through planned activities, circle time, music, gym time and more. Relax and enjoy the parent discussion time while building a network of friends for your child and family. Register only one child for this class and the remaining children 1 to 5 are free! *Cost: See Sliding Fee Scale on pg. 3.*

*Fall Session (Sept. 10-Dec. 10, no class 10/15, 10/22, 1/12, 11/26)*

#1210-01 Saturdays 9:30-11:00 AM

*Spring Session (Feb. 25-May 6, no class 3/18, 3/25)*

#1210-02 Saturdays 9:30-11:00 AM



**FANTASTIC FRIDAYS – In Person, Multi-Age**

Register for indoor exploring time in the Historic Gym with a children’s teacher and parent educator in this non-separating class. Children birth to 5 are welcome and each week will bring new activities. Meet in the Historic Gym (8100 School Road, Door #5).

*Register for each weekly session you plan to attend.*

#1410 Fridays 10:30-11:30 AM

**STORY AND SONG TIME - Online LIVE**

**Birth-5 Years**

Register weekly for this virtual story and song time each week with a licensed children’s teacher. You never know what can happen when you go live with other family and friends! A link will be sent to registered participants each week.

*Register for each weekly session you plan to attend.*

#1550 Wednesdays, Sept. 14-May 3 11:30 AM -12:00 PM

**INTERESTED IN PRESCHOOL, BUT YOUR CHILD TURNS 3 AFTER SEPTEMBER 1, 2022?**

**PRESCHOOL SAMPLER**

This class is designed for children to ease into the world of preschool. Children will ‘practice’ preschool during this drop-off class, available as a one or two day session. Students will strengthen their independence and will be ready to soar as a Little Eagle into preschool. Children must be 3 by the start of class, and actively potty training to enroll in Preschool Sampler. *This class is held at Lower Campus.*

| 1-Day Session 1                                                                                              | 1-Day Session 2                                                                                        |
|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| November 4, 2022- February 24, 2023<br>Friday, 9:00 AM-11:00 AM<br>10-Sessions (see sliding fee scale below) | March 31, 2023 - June 2, 2023<br>Friday, 9:00 AM-11:00 AM<br>10-Sessions (see sliding fee scale below) |

| 2-Day Session 1                                                                                                     | 2-Day Session 2                                                                                                   | 2-Day Session 3                                                                                              |
|---------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| October 4, 2022-December 15, 2022<br>Tue/Thu, 9:00 AM-11:00 AM<br>3 equal payments<br>(see sliding fee scale below) | January 10, 2023-March 16, 2023<br>Tue/Thu, 9:00 AM-11:00 AM<br>3 equal payments<br>(see sliding fee scale below) | April 4, 2023-June 8, 2023<br>Tue/Thu, 9:00 AM-11:00 AM<br>3 equal payments<br>(see sliding fee scale below) |

**Sliding Fee Scale for Preschool Sampler Classes**

| Yearly Household Income | \$100,000 and Above | \$75,000 – \$99,999 | \$50,000 – \$74,999 | \$25,000 – \$49,999 | Under \$25,000 |
|-------------------------|---------------------|---------------------|---------------------|---------------------|----------------|
| 1-Day                   | \$275               | \$230               | \$190               | \$150               | \$85           |
| 2-Day                   | \$185 x3            | \$155 x3            | \$130 x3            | \$100 x3            | \$55 x3        |

## PARENT EDUCATION

Join a 5-week online class with other parents to learn and discuss topics of interest. \$25 per session. Choose from:

### Emotion Coaching for Parents

This five week online class will focus on parent's role in supporting their child's emotional growth and intelligence. Using research from Gottman Institute, "Emotion Coaching: the Heart of Parenting", we will discuss and explore the five-step method that builds emotional intelligence and creates positive, long-lasting effects for children from toddlers to teens. *Class Zoom links will be sent via email upon registration.*

#1510 Tuesdays, 7:45-8:45 PM  
Session 1 - September 13-October 11, 2022  
Session 2 - November 29, 2022-January 10, 2023  
Session 3 - February 21-March 28, 2023

### Mindful Parenting

In this five week virtual class we will discuss ways to be a more mindful parent, learning how to respond rather than react in stressful parenting situations. Mindful parenting means that you bring your conscious attention to what's happening, instead of getting hijacked by your emotions. Managing our own emotions and behaviors is the key to teaching kids how to manage theirs. Parenting young children is difficult, let's support each other and learn skills to be more mindful of our responses to our children. *Class Zoom links will be sent via email upon registration.*

#1520 Tuesdays, 7:45-8:45 PM  
Session 1 - October 18-November 15, 2022  
Session 2 - January 17-February 14, 2023  
Session 3 - April 4-May 2, 2023

### Parents of Preschoolers, *in-person or online*

Do you have a preschool aged child who is in multi-day preschool and you would like support with parenting a preschooler? Join and ECFE Parent Educator and other parents in this parent only class to share the joys and occasional challenges that come with this stage!

Topics include: general development, gaining cooperation, enhancing communication, helping your child to be a problem solver, emotional intelligence and other relevant topics.

*Parent only, virtual class with a Parent Educator. \$50 per session*

#1217 Tuesdays, 7:45-8:45 PM  
Session 1 - September 13-November 15, 2022  
Session 2 - November 29, 2022-February 14, 2023  
Session 3 - February 21 - May 2, 2023

*Parent only, in person class with a Parent Educator. \$50 per session  
Sibling care is available.*

#1218 Wednesdays, 11:00 AM-12:00 PM  
Session 1 - September 14-November 16, 2022  
Session 2 - November 30, 2022-February 15, 2023  
Session 3 - February 22 - May 3, 2023

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## WAYS TO REGISTER FOR ECFE PROGRAMS

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**ONLINE** [www.edenpr.org/ECFE](http://www.edenpr.org/ECFE)



**PHONE** 952-975-6940  
*Haddi aad ubaahan tahay caawinaad af Somali so wac 952-975-7254.*



**IN PERSON** Call 952-975-6940 to make an appointment for in-person registration

*Para obtener información en español, contáctese con Heriberto Vargas en [hvargas@edenpr.org](mailto:hvargas@edenpr.org) o 952-975-7068.  
Haddii aad ubaahan tahay caawinaad af Somali so wac 952-975-7069.*

# WELCOME babies



Want to try an  
ECFE class for  
**FREE?**

Give your baby a strong start! These classes are for newborns through babies age 12 months and their significant caregivers: mom, dad, grandparents, etc. These baby classes are offered **FREE** of charge, but pre-registration is required. A variety of dates and times are offered throughout the year. All classes are held at Lower Campus, 8100 School Road. Enter Door 11 – Little Eagles.

## TRANSITION TO PARENTHOOD

Have you recently become a parent or added an additional child to your family? Are you sleep deprived, short on patience or feeling overwhelmed? Come talk with a Parent Educator and other parents about your transition experience and discuss things you can do to support yourself and strengthen your partnership.

*Zoom (partners encouraged to join together)*

## TUMMY TIME ESSENTIALS

Learn tips from a licensed physical therapist to:

- help your child enjoy tummy time,
- massage to provide comfort and relaxation,
- ways to position your baby to minimize head shape issues,
- work on midline head posture for visual development.

Recommended for children who are NOT yet crawling. *In person or Zoom*

## WELCOME BABY DINNER

Welcome new babies! These classes are for newborn through 24 month babies and their immediate families. Join us for an opportunity to meet new friends, bond with your baby, and connect with a Parent Educator to learn about future events and have your questions answered. You can enjoy stories, song time, and a meal will be provided. There will also be door prizes and baby bags for each family!

*In person - These events are offered in partnership with Helping Us Grow (HUG).*

## AUGUST

### FREE Tummy Time Essentials

Monday, Aug. 15, 10:00-11:00 AM

### FREE Tummy Time Essentials

Tuesday, Aug. 15, 6:00-7:00 PM

### FREE Transition to Parenthood (online)

Tuesday, Aug. 23, 7:30-8:30 PM

## SEPTEMBER

### FREE Tummy Time Essentials

Tuesday, Sept. 20, 6:00-7:00 PM

### FREE Transition to Parenthood (online)

Wednesday, Sept. 21, 7:30-8:30 PM

### FREE Tummy Time Essentials

Friday, Sept. 23, 10:00-11:00 AM

### FREE Welcome Baby Dinner

Wednesday, Sept. 28, 5:30-7:00 PM

## OCTOBER

### FREE Transition to Parenthood (online)

Wednesday, Oct. 12, 7:30-8:30 PM

### FREE Tummy Time Essentials

Tuesday, Oct. 25, 6:00-7:00 PM

### FREE Welcome Baby Dinner

Wednesday, Oct. 26, 5:30-7:00 PM

### FREE Tummy Time Essentials

Friday, Oct. 28, 10:00-11:00 AM

## NOVEMBER

### FREE Transition to Parenthood (online)

Wednesday, Nov. 9, 7:30-8:30 PM

### FREE Tummy Time Essentials

Tuesday, Nov. 15, 6:00-7:00 PM

### FREE Welcome Baby Dinner

Wednesday, Nov. 16, 5:30-7:00 PM

## DECEMBER

### FREE Transition to Parenthood (online)

Wednesday, Dec. 7, 7:30-8:30 PM

### FREE Tummy Time Essentials

Friday, Dec. 9, 10:00-11:00 AM

### FREE Welcome Baby Dinner

Wednesday, Dec. 14, 5:30-7:00 PM



Scan the QR Code to register  
for **FREE** ECFE classes!

**Learn more and register at [edenprairie.ce.eleyo.com](https://edenprairie.ce.eleyo.com)!**

**REGISTER TODAY TO RESERVE YOUR SPOT!**

**ONLINE** edenprairie.ce.eleyo.com | **PHONE** 952-975-6940

Para obtener información en español, contáctese con Heriberto Vargas en [hvargas@edenpr.org](mailto:hvargas@edenpr.org) o 952-975-7068.  
Haddii aad ubaahan tahay caawinaad af Somali so wac 952-975-7254.



**EDEN PRAIRIE SCHOOLS**  
Community Education



Each session provides different focus areas and toys.  
**SIGN UP FOR ALL TO MAXIMIZE LEARNING!**

# READY! for Kindergarten

## THREE SESSIONS TO CHOOSE FROM!

Sign up for all three to maximize learning.

9:30 AM-12:00 PM

**Fall Session** - October 15, 2022

**Winter Session** - January 21, 2023

**Spring Session** - May 13, 2023

| Yearly Household Income | READY!                                          | Sibling Care                                    |
|-------------------------|-------------------------------------------------|-------------------------------------------------|
| \$40,001 and Above      | \$65                                            | \$10                                            |
| \$0-\$40,000            | FREE<br><i>(to Eden Prairie residents only)</i> | FREE<br><i>(to Eden Prairie residents only)</i> |

READY! for Kindergarten is part of our ECCE program for which classes are priced on a sliding fee scale based on your household income. Payment is made in full at time of registration.

Ready! for Kindergarten is a nationally recognized program shown to give parents and caregivers the skills and tools to help their children enter kindergarten at or above grade level. Designed for families with children ages 3 to 5.5 years. This class will include training on the reading, writing, and social-emotional skills that children need to thrive in school. The in-person training is for parents and guardians to learn how to utilize the learning tools with their children. Childcare is available for your child while you attend the class.

At the training you will receive a collection of high-quality toys (learning tools) to further your child's progress towards school readiness. Please note: There is a Fall, Winter and Spring session with new content and new learning tools, so register for all three sessions!

Ready! for Kindergarten is funded through a grant from The Foundation for Eden Prairie Schools (FEPS) and only available at no cost to Eden Prairie residents that meet the income requirement.

**REGISTER** Call 952-975-6940 or visit [www.edenpr.org/READY](http://www.edenpr.org/READY)



Looking to ease your 4 year old into the elementary preschool experience?

Now Available!

# 2 • 3 • 4 DAY JUNIOR PRESCHOOL

Little Eagles Preschool's modified afternoon preschool schedule for the 2022-23 school year!



Available as a 2, 3, or 4 day consistent schedule, students have the opportunity to enjoy a typical preschool classroom without a full week commitment. Preschoolers will experience social-emotional development through play-based learning, and be introduced to elementary school experiences such as eating lunch in the cafeteria, riding the bus to and from school\*, and building relationships with elementary staff. It is a great way to help your child on the road to kindergarten readiness!

As the year progresses, if it is the right fit for your student and your family, there is an opportunity to modify your enrollment to a full week schedule.

*\*dependent on enrollment to boundary school*

**WHERE:** Little Eagles 4 year old preschool is held at the 5 Elementary Schools: Cedar Ridge, Eden Lake, Forest Hills, Oak Point, Prairie View  
*Enrollment at your child's boundary elementary school is encouraged for exposure to their boundary school community, but is not required for enrollment in Little Eagles.*

**WHEN:** 12:45-4:00 PM, October 3, 2022–June 8, 2023  
Pick-Your-Days: 2, 3, or 4 consistent days

**COST:** \$30 per day

Learn more and register at [edenprairie.ce.eleyo.com](https://edenprairie.ce.eleyo.com)!



Want support and guidance in parenting your preschooler?  
Check out the new  
**PARENTS OF PRESCHOOLERS!**  
*Parent only education and support available online and in-person.  
Learn more on page 4.*