

9TH GRADE LUNCH 2022-2023



MEAL PRICING:
Students: FREE
Guest/Staff:
 Breakfast \$3.00
 Lunch \$4.50

LUNCH

Students MUST select 3 food groups and one MUST be a 1/2 cup fruit or vegetable.

MONDAY

- Spicy Chicken Burger
- Cheeseburger
- Crispy Nuggets w/Whole Grain Roll
- Fire Wings w/Whole Grain Roll
- Pepperoni Pizza

Burger Salad
 Pickles
 Steamed Green Beans

Assorted Fruit

Choice of Milk

Condiments

TUESDAY

- Spicy Chicken Burger
- Crispy Chicken Burger
- Popcorn Chicken Bowl w/Whole Grain Roll
- Crispy Nuggets w/Whole Grain Roll
- Mozzarella Stuffed Breadsticks w/Marinara

Garden Salad
 Cucumbers & Tajin

Assorted Fruit

Choice of Milk

Condiments

WEDNESDAY

- Spicy Chicken Burger
- Cheeseburger
- Nashville Hot Tenders w/Whole Grain Roll
- Fire Wings w/Whole Grain Roll
- Supreme Pizza

Chile Lime Baby Carrots
 Baked Beans

Assorted Fruit

Choice of Milk

Condiments

THURSDAY

- Spicy Chicken Burger
- Crispy Chicken Burger
- Popcorn Chicken Bowl w/Choc Chip Muffin
- Hot Chicken Strips w/Choc Chip Muffin
- Double Pepperoni Pizza

Burger Salad
 Pickles
 Seasoned Curly Fries

Assorted Fruit

Choice of Milk

Condiments

FRIDAY

- Spicy Chicken Burger
- Cheeseburger
- Crispy Nuggets w/Whole Grain Roll
- Fire Wings w/Whole Grain Roll
- Pepperoni Pizza

Fresh Baby Carrots
 Broccoli & Cheese

Assorted Fruit

Choice of Milk

Condiments

School Nutrition Policy: The Texas Department of Agriculture does not regulate what parents send with their child for lunch. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit squaremeals.org or the district web page for our district Wellness Policy, Smart Snacks in Schools and other department information. MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.