# HIGH SCHOOL LUNCH MENU 2022-2023

MEAL PRICING: Students: FREE Guest/Staff: B\$3.00 L \$4.50 Students MUST select 3 food groups and one MUST be a 1/2 cup fruit or veggie. Students may choose an entrée item, all veggies, a fruit, choice of milk and any extra items offered.



## **COUNTRY LINE**

#### Mon - Wed - Fri

Spicy Chicken Strips, Chicken Nuggets, or Fire Wings GRAIN: Whole Grain Roll

#### **Tues - Thurs:**

Popcorn Chicken Bowl, Smackers, or Nashville Hot Tenders GRAIN: TUES-Garlic Knot THURS-Muffin

Mashed Potatoes, Other Vegetables, Assorted Fruit, & Milk Choice Daily

# **BUILD YOUR NACHO**

#### **Daily**:

Taco Meat or Fajita Chicken Top N Go Chips & Queso

**Toppings:** Shredded Cheese, Jalapeno, Guacamole, Sour Cream, Taco Sauce

Vegetables, Assorted Fruit, & Milk Choice Daily

## **BURGER LINE**

## Daily:

Spicy Chicken Sandwich

Cheeseburger

Crispy Chicken Sandwich

Vegetables, Assorted Fruit, & Milk Choice Daily

## PIZZA LINE

### **Daily:**

Pepperoni Pizza or Mozzarella Stuffed Bread Sticks

M/W/F: Supreme Pizza

Tues/Thurs: Double Pepperoni

Vegetables, Assorted Fruit, & Milk Choice Daily

School Nutrition Policy: The Texas Department of Agriculture does not regulate what parents send with their child for lunch. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit squaremeals.org or the district web page for our district Wellness Policy, Smart Snacks in Schools and other department information. MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.