



COASTAL GEORGIA

Housing & Residence Life COVID-19 Protocol Update Fall 2022-Spring 2023

Many in our Mariner community have received the COVID-19 vaccine. The College continues to partner with the following agencies to provide access to first, second, and booster doses of the vaccine free of charge to faculty, staff, and students:

- Southeast Georgia Health System
 - <https://www.sghs.org/About-Us/News-Publications/News-Alerts/Coronavirus/Vaccination-Scheduling.aspx>
- Georgia Department of Public Health (GDPH)
 - <https://covid19.gachd.org/vaccine/>
- Walmart Market Pharmacy – Altama Avenue
 - <https://www.walmart.com/cp/flu-shots-immunizations/1228302>
- Walgreens Pharmacy – Altama Avenue
 - <https://www.walgreens.com/findcare/vaccination/covid/19/get-started>

For more information on how and where to get a COVID-19 vaccine, please contact the Student Health Center at 912.279.4537 or healthcenter@ccga.edu or visit www.vaccines.gov.

As public health conditions and treatments improve, the College will begin treating COVID-19 as we do other contagious illnesses. Effective August 1, 2022, the College will no longer require reporting of COVID-19 exposure or positive test results. The following related measures will also be discontinued:

- Accommodations for isolation and quarantine in housing and dining
- Notifications to faculty regarding students' positive test results or close contact exposure
- Weekly positive case data reports

As a residential student, it is important for you to follow Centers for Disease Control (CDC) guidelines in terms of vaccination recommendations, COVID-19 testing, self-quarantining/self-monitoring protocol, and personal hygiene (handwashing, social distancing, mask wearing, etc.).

As the College has done throughout the pandemic, we will continue to follow guidance from the Georgia Department of Public Health to adjust our protocols as needed to support a safe and healthy environment.

If you have questions about COVID-19, testing, vaccinations, or our response, please contact the Student Health Center at (912) 279-4537 or healthcenter@ccga.edu.

We look forward to a great fall semester!

Frequently Asked Questions about COVID-19 and Residential Students

How do I protect myself against COVID-19?

According to the Centers for Disease Control, the best way to protect yourself and others from COVID-19 in a residence hall setting is:

- Get vaccinated and stay up to date on your COVID-19 vaccines
- Wear a well-fitting mask indoors in public areas
- Stay 6-feet away from others
- Avoid poorly ventilated spaces and crowds
- Wash your hands often
- Cover your coughs and sneezes
- Clean and disinfect your spaces regularly

I'm exhibiting symptoms of COVID-19 (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, etc.). What should I do?

If you are feeling ill and it is an emergency, call 911.

For non-emergencies, contact the Student Health Center at (912) 279-4537 or healthcenter@ccga.edu to make an appointment. Until you are able to get tested, quarantine yourself in your room. Wear a mask if you have to leave your room or be around others.

How do I get tested for COVID-19?

While you cannot be tested for COVID-19 in the Student Health Center, they do maintain a database of local testing sites. Contact them at (912) 279-4537.

You may also order free at-home COVID-19 tests by visiting <https://www.covid.gov/tests>.

What do I do if I test positive for COVID-19?

According to the CDC, if you test positive for COVID-19 or have symptoms, regardless of vaccination status, isolate yourself from others for 5 days. Visit <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html> for more information.

When possible, the College recommends residential students conduct their isolation period off campus.

If you are a residential student and you are unable to leave campus, the CDC recommends the following during your isolation period:

- Separate yourself from others as much as possible. Use a separate bathroom, if possible.
- If you have to be around others in or outside of your suite, wear a well-fitting mask.
- Tell your close contacts they may have been exposed to COVID-19.
- Monitor your symptoms. If they get worse, contact the Student Health Center or dial 911.
- Cover your coughs and sneezes
- Wash your hands frequently
- Avoid sharing personal household items (dishes, cups, towels, bedding, etc.)
- Clean surfaces in your suite regularly.

What do I do about my classes if I have been exposed to someone who has tested positive for COVID-19?

According to the CDC, recommendations for quarantine are based on vaccine status:

- Not up to date on COVID-19 vaccination
 - Do not go to class. Quarantine for at least 5 days. Wear a well-fitting mask if you have to be around people. Contact your professor about your absence.
- Are up to date on COVID-19 vaccination
 - Go to class. Wear a well-fitting mask for 10 days. Get tested 5 days after contact. Watch for symptoms.
- Had a confirmed case of COVID-19 within the past 90 days
 - Go to class. Wear a well-fitting mask for 10 days. Watch for symptoms.

For more information about when to quarantine/isolate, visit <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>.

What do I do about my classes if I test positive for COVID-19?

If you are self-isolating due to a positive COVID-19 diagnosis, contact your professor to let them know your status. Faculty have been asked to work with students, in accordance with class attendance policies.

For more information about when to quarantine/isolate, visit <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>.

If I have to self-quarantine/isolate, what do I do about my meals?

Residential students will need to make arrangements to get their meals from the campus' dining facilities.

- Contact a friend, roommate, or suitemate to see if they can pick up a to-go meal for you.
- "Clam shell" to-go boxes may be purchased from Mariner's Galley for \$9.50. If a student has a hardship and cannot purchase a clam shell, contact the Office of the Vice President for Student Affairs at (912) 279-5802. Quarantining/isolated students may allow other students to use their meal swipes to pick up their to-go meals for this purpose.
- If necessary, isolated students may wear a well-fitting mask and visit the dining hall to pick up their own meals.

What do I do if my roommates/suitemates test positive for COVID-19?

If your roommate/suitemate tests positive for COVID-19, you should do your best not to share common space with them. If you have been in close contact with them, follow the recommendations for quarantine based on vaccination status:

- Not up to date on COVID-19 vaccination
 - Do not go to class. Quarantine for at least 5 days. Wear a well-fitting mask if you have to be around people. Contact your professor about your absence.
- Are up to date on COVID-19 vaccination
 - Go to class. Wear a well-fitting mask for 10 days. Get tested 5 days after contact. Watch for symptoms.
- Had a confirmed case of COVID-19 within the past 90 days
 - Go to class. Wear a well-fitting mask for 10 days. Watch for symptoms.

For more information about when to quarantine/isolate, visit <https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>.