

## HITCHCOCK INDEPENDENT SCHOOL DISTRICT



## SHAC Council 2017-2018 ANNUAL REPORT

The SHAC Council met three times during the 2017-2018 School Year. (November 1, 2017, February 21, 2018, April 18, 2018) The SHAC Council also hosted the parent preview of the Bullying Presentation on January 25, 2018 for the parents of Crosby and Hitchcock High School.

### Goals and Objectives:

1. To increase the community and parent members of the council.  
(The council has increased to 15 members in 2017-18)
2. Continue to follow the Mission of the Council –“ Healthy Students are Better Learners”. The focus of this committee is to bring forth ideas, design plans, and ensure that our community and parents can join forces with the school district to support knowledge and skills that our students need to be healthy, productive, and contributing members of society. (The council addressed each of the eight components of school health and discussed any improvements that we as a council could pass on to the board.

### Suggestions from SHAC Members

3. **Nutrition Services**- overall feedback was not positive. Appearance, taste, variety, and portions were not favorable even at “no cost”. (ex: a bagel, cream cheese, 2 carrot sticks and one cheese stick)

4. **Health Services**— Parent, faculty and students were not aware that Hitchcock ISD did not have Registered Nurses on all school campuses. The High School is the only campus with a Registered Nurse. Head Start is required to have a Registered Nurse on campus. Suggestion made that all clinic personnel wear a badge that identifies them as CNA, EMT, LVN, RN, or PNP.

Immunization compliance within the district is not adherent to State Law Minimum Requirements.

5. **Safe Schools**—Locking all doors coming into the buildings and lock classrooms within the building, Access Controlled Entry, Tip reporting system for students, Land-lines in all classrooms, Clear backpacks, standardized dress, planners with limited hall passes, cell phone lockers.

6. **Counseling and Mental Health**—incorporate across curriculum lessons on self-control, manners, appropriate social skills, problem solving skills, cell phone etiquette.

Cell phones must go. It is the single most influence in bullying, physical altercations, and distraction from learning.

Contracted mental health services on campuses.

7. **Staff Wellness**—continue programs like “Right Way Imaging” for staff and family members.

**Prepare for FLU season early this year.**

- 8. Parent/Community Involvement—Parent Booster Clubs to support the school’s activities, sports teams, volunteers for added security at events, and mentors.**
  
- 9. Physical Education—students pointed out that girls sports were not as well funded as the boys’ sports, impairing student’s ability to play because they could not afford the uniforms, shoes, or equipment.**
  
- 10. Health Education— 5<sup>th</sup> Grade mandated Growth and Development Program be presented by a company that specializes in meeting the mandate.**

**CPR for grades 7-12<sup>th</sup>**

**Bullying and relationship programs from “Aim for Success”.**