



# Hitchcock

## INDEPENDENT SCHOOL DISTRICT

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Carla Vickroy, Superintendent

### Hitchcock Independent School District School Health Annual Review School Year 2014-15

Cheryl Moffett, RN – School Health Advisory Council Chair  
Craig Smith- District Fitness Assessment Testing Coordinator

#### **SHAC coordinated implementation of the Ch 74 Curriculum requirements: § requirements for CPR applies to any student who enters 7<sup>th</sup> grade and thereafter.**

- Taught 11<sup>th</sup> and 12<sup>th</sup> graders CPR
- AEDs on campuses
- 2015-16 school year looking at adding to 7<sup>th</sup> & 11<sup>th</sup> grade curriculum.

**Physical activity:** 135 minutes a week is provided on the Primary, Stewart and Crosby campuses. This includes PK-8th grades.

The state mandated fitness test, FITNESSGRAM is administered in grades 3-12. This will continue annually with data reporting the Texas Education Agency. Each school district is required, per the Texas Education Code Chapter 38.101-104, to submit their 2014-15 fitness assessment data to the Texas Education Agency. Physical education teachers/coaches conduct the school's fitness assessment.

**Medical Staff:** medical clinic staff collects statistics and data on diabetic, hypertension and asthmatic students.

HB 9840- Hitchcock Primary, High School and Crosby clinic aide have been certified for care of the students with diabetes. RN covers Stewart campus and is available to all the other campuses as needed. High School & Headstart clinic staff holds a RN license SB7: integrating CPR instruction into high school health education is at 100%

#### **Human Sexuality- teen pregnancy/STD prevention/abstinence:**

High School teen parenting class participated in the Fall and Spring conferences. The HIV prevention education policy is addressed in the blood borne pathogens programs. AIM For Success was not presented to the student in 7<sup>th</sup>-12<sup>th</sup> grades this school year.

#### **Mental Health/Bullying policy:**

HISD District policy is addressed in policies of student welfare, admissions, student safety and handbook. Stewart elementary worked during the year of 2015-16 to become the first HISD campus to become a NO PLACE FOR HATE campus. District training needs to be done in the 2015-16 school year.

SHAC assisted in implementing SB 939 posting abuse hotline telephone numbers on all campuses that are clearly visible for the public, students and staff. These signs are in English and Spanish.

**Nutrition:** SP28-2011 the Hunger-free kids act requires campuses to provide free water with all meals. Chartwells worked with campuses to offer water in the cafeteria area. HISD staff educated to allow students to access water as they needed.

**School Health Goals:**

- Increase the membership in HISD SHAC and ensure that a community member becomes co-chair with the Coordinator of Health, Physical educators and clinic aides K-12 per SB 283.
- HISD Wellness and Health Services will continue to work with the current food services manager to ensure a plan for measuring our local wellness policy is in place for the school year 2015-16. –Child Nutrition and WIC Reauthorization Act of 2004.
- Select and implement an evidenced based alcohol awareness instructional program to use in the district’s junior high and high school health curriculum SB 1344, from TEA for 2015-16 school year.
- Purchase and implement Coordinated school health for Primary and Stewart for 2015-16