

Hitchcock I.S.D.
Student Health Advisory Council
Quarter II – 2010-2011
January 24, 2011

SHAC Meeting on January 24, 2001 @ Stewart Elementary Library @ 5:30pm

Introductions/Attendance and role of Council - explained by Cheryl Moffett, District RN

- I. Old Business:
 - a. The eight components of coordinated school health reviewed: Nutrition, health education, health services, safe school environment, counseling and mental health services, staff wellness, physical education and parent and community involvement.
 - b. Reviewed Texas Department of State Health Services, SHAC, and the role of the parents and community serving at the district level for their children. Explained the meetings and the support the District RN would provide and how often we are required to meet.
 - c. Internet addresses provided to parents for HISD and TDH.
 - a. Hitchcock ISD.org- has available the SHAC minutes of past years
 - b. www.dshs.state.tx.us/schoolhealth/sdhac.shtm- will show you how the district aligns with the State.
- II. New Business:
 - a. Family and community involvement: we will send out flyers with SHAC updates for the campuses.
 - b. Health & Nutrition: Ms. Vaughn (Director of Food Service) went over TX Public School Nutrition Policies. Chartwells Food Service will update the changes as directed.
 - c. Healthy school environment: Reviewed recommendations and research on school bus and automobile idling in our parking lots. Will send recommendation in next quarter. Would like to have more parental input.
 - d. Recommendations on recess for elementary school students reviewed. This will be forwarded to the Board for review and implementation as directed by the Board of Trustees.
 - e. Health Education: Human sexuality written notice will be included annually to parents. This will explain what instruction is provided and their rights and law. SB 283, TEC 28.004
- III. School Health Program:
 - a. Will present the fitness gram results from 2009-2010 to Principals to ensure this is included in campus improvements plans. SB892, TEC11.253
- IV. Open discussion: Disciplinary: Corporal punishment will be researched by Wendy Kotz.
- IV. Meeting for Quarter II will be scheduled in January 2011 – TBA. Meeting adjourned at 6:30pm.