



**Academy of Notre  
Dame Athletics  
Department**

2022-2023



# Notre Dame Athletic Dept.

## Agenda

- **Welcome & Introductions**
- **Athletic Department Mission Statement**
- **Department Goals & Objectives**
- **Department Guidelines - Athletic Handbook**
- **General Information & Key Reminders**
- **Karen Fox - Athletic Trainer**
- **Q & A**



## Notre Dame Athletic Dept.

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# Notre Dame Athletic Dept.

## **Mission Statement**

**The Academy of Notre Dame Athletics Department embraces the philosophy that competitive athletic programs should balance the excellent academic traditions of the school. Our athletic program aims to develop self-discipline, loyalty, pride, teamwork, cooperation and respect for others.**

**The primary goal of our athletic program is to contribute in a meaningful way to the education of the whole student, by leading students to a better understanding of themselves and others through experiences on & off the field.**



## **Notre Dame Athletic Dept.**

**16 Sports, comprising of 43 Teams, over entire school year.**

**Fall Sports: Crew / Cross Country / Field Hockey / Soccer / Sailing (Club) / Tennis / Volleyball**

**Winter Sports: Basketball / Crew Conditioning / Indoor Track / Paddle Tennis / Swimming**

**Spring Sports: Crew / Fencing (Club) / Golf / Lacrosse / Sailing (Club) / Softball / Track & Field**

**Interesting Facts:**

**2/3 of the Student body play at least one sport during the school**

year. 60% of those students play more than 1 sports



## Notre Dame Athletic Dept.

### Goals & Objectives

- **Organize and conduct a comprehensive interscholastic athletic program that meets the needs & interests of the student body.**
- **Ensure that athletic programs compliment and support the school's educational mission.**
- **Establish and enforce appropriate standards of conduct for athletes, coaches, parents, and other spectators.**

- **Contribute to the overall development of our student athletes through participation in our athletic programs.**



## Notre Dame Athletic Dept.

**Athletic Department Key Guidelines (found in the Athletic Handbook)**

- **Academics**
- **Attendance**
- **Communication Policy**
- **Paperwork**
- **Playing Time**
- **Sportsmanship**
- **Transportation**
- **Uniforms**

- Varsity / JV / JVB

- Refer to the **Parent-Athlete Handbook**, located on the school website ( ND website / Athletic Dept / Parent Information tab )



## Notre Dame Athletic Dept.

### **TeamSnap**

Each program will have their own TeamSnap account. It will be used to view schedules, input availability keep everyone informed about changes etc. You can put your contact information in - email/cell phone to get up-to-date updates.

### **NFHS (Livestreaming)**

In the AW gym we have installed a Pixelot camera which will enable us to livestream games and events via the NFHS website. You have to create an account at [nfhsnetwork.com](http://nfhsnetwork.com) (see athletic website for a link). It will allow you to watch home games in the AW gym from anyway. There is a subscription



fee for this service.



## Notre Dame Athletic Dept.

### General Information

- The Academy of Notre Dame is a member of the InterAc League of schools (both US and MS), and the Catholic Academies League for MS.
- Athletic Department Hotline number is: 610-971-4905 (follow prompts)
- “Impact” concussion testing is given to all students and student-athletes. The baseline test is good for two (2) years. New baseline tests needed for student athletes are typically done during pre-season.
- The Athletic Training Room, for fall/spring sports, is located in Launfal (end room closest to the mansion) and for winter sports in the AW fitness center.



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## **Key Reminders**

### **Registration and Athletic Fees - DocuSign**

Students or families who have expressed interest in playing a sport will have received a DocuSign email with the document require for registration and payment prior to the start of season. Parents/guardians of all athletes must complete this document, pay the athletic fee prior to the start of each season.

### **Sports Physicals - Magnus Health**

An updated physical must be uploaded to Magnus before any student athlete can take part in any sport.



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**Karen Fox - ATI  
Athletic Trainer**