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Expectations for Parents of RCS Athletes

Every coach at Renton Christian is here to help your child develop as a Christian and a student-athlete. All coaches have an open door policy when it comes to communication with the parents who have children involved in athletics. The role that parents play in the life of a child/athlete has a tremendous impact on the sport experience. With that in mind, the athletic department has listed some expectations that we will believe will help you and your child for the upcoming season. If you have any questions please feel free to discuss it with the athletic director and the coach.

- 1. **Let the coaches coach:** Leave the coaching to the coaches. This includes motivating, mentally preparing your child for practice, after game critiquing, setting goals, additional training, etc.
- 2. **Support the program:** Get involved. Volunteer. Help out with fundraising, concessions, carpooling, setting up or cleaning up after a game. Any support from you will be greatly appreciated.
- 3. **Be your child's best fan:** Support your child unconditionally. Do not be negative or withdraw love when your child performs poorly. Your child should never have to perform to win your love.
- 4. **Support and cheer for all the players on the team**: Model teamwork. Your child's teammates are not the enemy. Your child can learn from each teammate regardless of ability level.
- 5. **Encourage your child to talk with the coach:** If your child is having difficulties during practices or games, encourage them to speak directly to the coach. By handling off the field tasks, your child is learning ownership of all aspects of the game.
- 6. **Display appropriate game behavior:** Remember, your child's self esteem and game performance is at stake. Control what you can control (be a positive support system). No negative comments towards coaches, players, and referees will be tolerated and you may be asked to leave the premises of the game.
- 7. **Never talk to a coach when you are angry:** If you have an issue with a coach, schedule an appointment through the athletic director a day later. This will give you a chance to cool down and be rationale.
- 8. **Have fun:** We as coaches will try to challenge your child to reach their potential and improve themselves as a player and a person. We will attempt to do this in a Christ-like environment that is fun and challenging.
- 9. **Display Christian sportsmanship at all times:** Being a Christ-like example can only be beneficial to others.

I have read, understand, and agree to the expectations listed above.

Date:	
	 Date: