

SCHOOL COUNCIL POLICY

Pikeville Independent Schools

Pikeville High School

Policy Type (Check One)

 Council Operations School Operations**POLICY TOPIC DESCRIPTION**

WELLNESS POLICY

POLICY STATEMENT

Faculty and staff will receive training on the use of the Humana Vitality Service. Every student will be given an opportunity to participate in physical activity before, during, and after school. All students in health classes will establish a physical fitness plan to increase awareness of their personal wellness. Students in physical education and health classes will establish a yearly wellness goal for each year of high school.

Date of 1st Reading: June 9, 2016

Date Adopted: June 16, 2016

David Thomas
Council Chairperson