

SCHOOL COUNCIL POLICY

Pikeville Independent Schools

Pikeville High School

Policy Type (Check One)
<input type="checkbox"/> Council Operations
<input checked="" type="checkbox"/> School Operations

POLICY TOPIC DESCRIPTION
FLEX PE CREDIT OPTION POLICY

POLICY STATEMENT

Flex Physical Education Credit Option – Pikeville High School

The Kentucky Department of Education has opened the possibility to allow students to earn physical education credits in ways other than attending traditional PE classes, provided state criteria is met. This criteria allows a school to issue PE credit for other activities students participate in which would include: any sport in our athletic program (provided an outdoor activity or conditioning component is implemented), our dance team, and our cheerleading squad.

Flexible PE credits will be allowed under the following guidelines:

1. One semester of credit (1/2 credit) in PE will be issued for successful completion of a JV and/ or Varsity sport/activity and its full season in our athletic department or school. In order to earn the one semester of credit, a student-athlete would have to practice and/ or play in a minimum of 60 hours of a varsity sport. One semester of credit is the most one could earn for flex PE credit.
2. Students earning a semester of PE credit through flex credits may be required to take the Presidential Physical Fitness Test. This test measures basic knowledge of motor skills, nutrition, health-wellness, and physical fitness.
3. A rubric form will be used by students and their coach or sponsor to certify flexible PE credit. A student would earn an A for meeting the requirements.
4. A student must declare to their counselor during registration prior to the beginning of the 9th grade year their intention to earn flexible PE credit. Any student that has not completed flexible PE credit by the end of their 10th grade year will automatically be enrolled in classroom PE for their 11th grade year.
5. Students may apply for flexible PE credit for activities not approved in this document. A student must apply to the principal. If the principal determines the activity may have merit for flexible credit, a committee comprised of the principal, athletic director, a counselor, and current PE teacher will determine eligibility for flexible PE credit. A student must seek approval for an activity not approved on this document in advance, prior to participation in the activity.
6. A student would not be eligible for flex PE credit if they were suspended during a sports season for an Athletic Code of Conduct violation. Please fill out the PHS PE Waiver Application and submit it to the Athletic Office prior to the beginning of the sport/activity season. The Athletic Office will verify your grade with the coach/sponsor at the end of the season.

PIKEVILLE HIGH SCHOOL

FLEX PE CREDIT WAIVER APPLICATION

Student Name: _____

Graduating Class: Class of _____

I am applying for a Flex PE Credit by participating in the following Varsity sport: (Circle One)

Baseball	Basketball	Cheerleading	Cross Country	Dance
Football	Golf	Soccer	Softball	Tennis
Track	Volleyball	Wrestling		

*The following section is to be certified by the coach or activity sponsor by checking all that apply, then signing off below. Student must complete all areas to be eligible for flexible PE credit, and will earn an A for completion of all areas.

_____ Participation on a KHSAA sponsored Pikeville High School sport, Cheerleading, or Dance Team

_____ Student demonstrates competency in motor skills and movement concepts, principles, strategies, and tactics _____ as they apply to the learning and performance of physical activities

_____ Student achieves and maintains a health-enhancing level of physical fitness

_____ Student exhibits responsible personal and social behavior that respects self and others in physical activity _____ settings, finished the season in good standing, free from code of conduct violations

_____ Student participates regularly in physical activity, demonstrated by participation in at least 60 hours of _____ group activities (injury free), or 40 hours due to a major injury (Physician signature required as part of the _____ injury documentation)

Printed Student Name	Student Signature	Date
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Printed Coach/ Sponsor Name	Coach/ Sponsor Signature	Date
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Physician Signature, Only needed for Major Injury

Check One: Final Grade A _____ OR Did Not Complete Requirements _____

*Students should sign and submit this form to Athletic Office prior to beginning of each sport or activity. At the end of the season or activity, the Athletic Office will verify the grade with the coach/sponsor.

Date of 1st Reading: February 11, 2019
Date Adopted: March 11, 2019

Jason Booher
Council Chairperson