

# MMBOA - Fall 2022-2023

## Additional Health and Safety Policies during the time of COVID-19

To maintain a safe campus environment, there will be protocols and policies at Merry Moppet Preschool and Belmont Oaks Academy (MMBOA) to mitigate the spread of Covid-19. Please see below for more details.

**If you, your child, or family member living in your household is exposed to Covid-19, you must alert the school immediately by calling 650-593-6175 or email at [covid@mmboa.org](mailto:covid@mmboa.org) if after hours.**

### Health and Hygiene:

Routine handwashing is a healthy habit that we will continue to practice and reinforce. Students will be instructed to wash their hands multiple times throughout the day (upon arrival to their classroom, prior to snacks and lunch, returning to classroom from P.E. and/or recess, and prior to leaving campus for the day). Hand sanitizer readily available but not to be used as a replacement for frequent handwashing.

### Face Coverings:

- Face coverings will remain optional for students, faculty, and staff.
- We ask that all parents have a discussion with their child(ren) so that they are aware and understand your parental decision regarding masking. If your preference is for your child to continue with masking, please communicate directly with your child's teacher and send your child to school daily with their mask.
- Any individual who is a close contact to a case will be asked to mask indoors for a certain period of time to be determined by the exposure details reported. In addition, when a class has an exposure to Covid-19, a notification will be sent, and masking will be required indoors as outlined in the notification letter.
- Currently the California Department of Public Health (CDPH) strongly recommends that individuals continue to mask indoor.

### Cleaning and Janitorial:

- Teachers and on-site maintenance staff will be cleaning and sanitizing all common use and high touch areas multiple times daily.
- All bathrooms will be cleaned mid-day as usual (floors, sinks, toilets, dispensers, handles, etc.).
- Cleaning of the entire campus will be conducted by our nightly janitorial service at the end of the day when students and staff have gone home.

### Required Covid Testing:

All preschool and elementary students will be required to have a PCR Covid-19 test that is performed no earlier than Thursday, September 1<sup>st</sup> and provide a copy of the negative test result to the school prior to returning to

campus on Wednesday, September 7<sup>th</sup>. Please email results to our covid-19 communication email [covid@mmboa.org](mailto:covid@mmboa.org) prior to the first day of school. Students who have not submitted a PCR test result will be asked to stay home until one is provided. Assignments will be available for pick up, but there will be no available Zoom option.

Please note that for the remaining weeks in September, each child must have an at home antigen test or an at home PCR equivalent completed each Monday morning prior to attending school on Monday, September 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>. You do not need to email results for the weekly at home antigen test, as this will be on the honor system.

Beginning in October, we will move to weekly at home antigen or at home PCR equivalent weekly testing. Parents must test their child(ren) each Monday morning or the first school day of the that week, prior to drop off. Again, you do not need to email results for the weekly at home antigen test, as these weekly tests will be administered to your child on the honor system.

Students who have previously tested positive and recovered from COVID-19 within the past 90 days **will also** need to rapid antigen test weekly.

### **Sick Policy:**

- If your child is sent home with symptoms of sickness (fever, coughing, shortness of breath, rash, sore throat), they will not be permitted to return to school unless directed by a doctor with a doctor's note.
- A parent or caregiver authorized to pick-up your child must be available to do so within 30 minutes of receiving a phone call that your child has any of the above symptoms.
- A 48-hour symptom free policy will remain in place for fever, vomiting and diarrhea or other flu or covid-like symptoms.
- Children with fever can only return to campus after they are fever free without fever reducing medicine for 48-hours.

**Additionally, MMBOA continues to follow the recommendations checklist from San Mateo County Health (Public Health, Policy and Planning) as outlined below.** Any suspected illness that meets the criteria from either section below will require the following action(s) prior to returning to school:

- Covid-19 test and proof of a negative test result (PCR or rapid antigen test) and be 48 hours symptom free without the use of fever reducing medications **or,**
- Remain at home (self-isolate) for 10 days from on-set of symptoms and be 48 hours symptom free without the use of fever reducing medications.

***Suspected Case of Covid-19 Infection would include:***

#### **One of the following criteria:**

- Fever (temperature 100F or above) AND cough
- Fever (temperature 100F or above) AND shortness of breath or difficulty breathing
- New loss of taste or smell

#### **OR Two or more of the following criteria:**

- Fever (temperature 100F or above)
- Chills

- Cough
- Shortness of breath or difficulty breathing
- Sore throat
- Hoarseness
- Muscle Pain
- Fatigue
- Abdominal Pain
- Loss of appetite
- Nausea and/or Vomiting
- Diarrhea
- Headache
- Conjunctivitis (pink-eye)
- Unexplained rash

All absences must be reported to the school by emailing [contactus@mmboa.org](mailto:contactus@mmboa.org) or calling the main school office at (650)593-6175. For absences due to illness, we ask that you accurately report all symptoms your child is experiencing.

### **Volunteers in the Classrooms**

We ask that any volunteer coming to campus and spending time in a classroom antigen test prior to coming on campus to ensure that you are not Covid-19 positive.

Please act responsibly and notify the school's administration immediately with any concerns or information related to Covid-19. The school **must** be able to follow-up on any information to ensure the overall safety of our students, staff, and campus. Thank you for your family's cooperation in helping our fight against the spread of Covid-19 and in keeping our MMBOA campus a safe and healthy place for our entire school community.