

# AUGUST 2024

MCL HS, RHS, LC, PELA, PIS, PUC

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**5**  
Ham & Turkey Sub sandwich  
Assorted bag chips  
Yogurt Parfait  
Tossed Salad w/Dressing  
Lima Beans  
Fresh Grapes  
Applesauce  
Chocolate Milk

**6**  
Spaghetti & Meat Sauce  
Whole Wheat Garlic Toast  
Chef Salad, Crackers, Croutons  
Southern Turnip Greens  
Summer Squash  
Chilled Peach Slices  
Fresh Fruit Bowl  
Banana Pudding

**7**  
Chicken Breast Tenders  
Yeast Roll  
BBQ Rib Sandwich  
Mashed Potatoes, Brown Gravy  
Glazed Carrots  
Fruit Cocktail  
Fresh Fruit Bowl  
Confetti Cake Cookie

**1**  
Stuffed Crust Pizza  
Buffalo Hot Wings  
Yeast Roll  
Glazed Carrots  
Green Peas  
Sliced Strawberries  
Fresh Fruit Bowl  
Chocolate Chip Cookie

**2**  
Cheeseburger  
Corn Dog  
Seasoned Green Beans  
Crinkle Cut Fries  
Chilled Pear Halves  
Fresh Fruit Bowl  
Chocolate Pudding

**8**  
Roasted Wings  
Southern Biscuit  
Ranch Club Wrap  
Seasoned Green Beans  
Celery Sticks with Dip  
Fresh Fruit Bowl  
Pineapple Tidbits  
Red Velvet Cookie

**9**  
Cheeseburger  
Pimento Cheese Sandwich  
Baked Beans  
Crinkle Cut Fries  
Mandarin Oranges  
Fresh Fruit Bowl  
Chocolate Pudding

**12**  
Ham and Cheese Croissant  
Tuna Salad with Crackers  
Criss Cut Sweet Potatoes  
Cheesy Broccoli  
Fruit Cocktail  
Fresh Apples  
Sugar Cookie

**13**  
Fajita Happy Plate  
Guacamole Salsa  
Yogurt/Brkfst Bread Plate  
Whole Kernel Corn  
Pinto Beans  
Mandarin Oranges  
Fresh Fruit Bowl  
Brookie Cookie

**14**  
Steak Fingers  
Macaroni and Cheese  
Chef Salad, Croutons  
Whole Wheat Roll  
Seasoned Green Beans  
Glazed Carrots  
Fresh Fruit Bowl  
Sliced Strawberries  
Brownies

**15**  
Chicken and Waffle  
Turkey & Cheese  
on a Kaiser Bun  
Tater Tots  
Baby Carrots w/ Dressing  
Pineapple Tidbits  
Apple and Orange Wedges  
Funnel Cake

**16**  
Mexican Pizza  
Cheeseburger  
Seasoned Potato Wedges  
Green Peas  
Chilled Peach Slices  
Fresh Fruit Bowl  
Assorted Gelatins with  
Whipped Topping

**19**  
Southern Chicken Sandwich  
Grilled Cheese & Yogurt  
Glazed Carrots  
Lima Beans  
Mandarin Oranges  
Fresh Apples  
Southern Mud

**20**  
Chicken Spaghetti  
Whole Wheat Garlic Toast  
Chef Salad, Crackers, Croutons  
Cheesy Broccoli  
Baby Carrots w/ Dressing  
Sliced Strawberries  
Fresh Bananas  
Red Velvet Cookie

**21**  
Crispy Chicken Tenders  
Yeast Roll  
Turkey and Cheese Wrap  
Saltine Crackers  
Mashed Potatoes  
Brown Gravy  
Tossed Salad w/ Dressing  
Pineapple Tidbits

**22**  
Southwest Dip & Chips  
Cornbread  
Yogurt/Cheese/Graham Goldfish  
Whole Kernel Corn, Pinto Beans  
Fresh Fruit Bowl  
Pineapple Tidbits  
Assorted Gelatins with  
Whipped Topping

**23**  
Cheeseburger  
Turkey & Cheese Croissant  
Savory Green Beans  
Crinkle Cut Fries  
Applesauce  
Fresh Fruit Bowl  
Chocolate Chip Cookie

**26**  
Meatballs in Marinara  
Sauce on Hoagie Bun  
Yogurt and Uncrustable  
Seasoned Green Beans  
Baby Carrots w/ Dressing  
Fresh Apples  
Pineapple Tidbits  
Vanilla Pudding

**27**  
Beef Pepper Jack Quesadillas  
Chips and Salsa  
Chef Salad, Croutons, Saltine Crackers  
Whole Kernel Corn  
Pinto Beans  
Sliced Strawberries  
Fresh Fruit Bowl  
Brownies

**28**  
Chicken Ranch Wrap  
Italian Dunkers  
Marinara Sauce  
Italian Sliced Carrots  
Cucumber Slices W/Dip  
Summer Squash  
Fresh Grapes, Banana Berry Blend  
Banana Pudding

**29**  
Cheesy Chicken Over/Rice  
Yeast Roll  
Turkey and Cheese Wrap  
Steamed Broccoli Florets  
Tossed Salad w/ Dressing  
Fresh Fruit Bowl  
Mandarin Oranges  
Southern Mud

**30**  
Cheeseburger  
Hot Dogs  
Baked Beans  
Crinkle Cut Fries  
Applesauce  
Fresh Fruit Bowl  
Confetti Cookie

Served Daily: Assorted Milks – Low Fat, Chocolate, Strawberry, Vanilla Fat Free

Condiments: Mayo, Mustard, Ketchup, Honey Mustard Sauce, Marinara, Syrup  
Salad Dressings, Saltine Crackers, Croutons

*"This institution is an equal opportunity provider."*