

# MIDDLE SCHOOL MEALS

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Bozeman Public Schools Food and Nutrition Services

## ABOUT US

*Bozeman School District #7's Food & Nutrition Services strives to support student achievement, success, and lifelong wellness by providing an innovative school food model that encourages a culture of healthy choices.*

The food and beverages we serve at all schools meet the state and federal requirements, which are based on the USDA Dietary Guidelines and Smart Snack guidelines.

## MIDDLE SCHOOL MEAL PRICES

- Breakfast - \$2.25
- Lunch - \$3.25

## SCHOOL BREAKFAST

- Both Sacajawea and Chief Joseph offer Grab-N-Go breakfast everyday starting at 7:45 in the school's main entry (look for the food cart!)
- All breakfasts include a whole grain item, fruit, and milk. A protein source is frequently offered as well.

## SCHOOL LUNCH

- Lunches include fruits & vegetables, an entrée, and milk. Students are encouraged to take milk, but it is not required.
- Students can return and take unlimited fruits and vegetables if they are still hungry, or they may purchase additional entrees.
- Students bringing lunch from home are able to purchase milk for \$0.75 or access to the fruit and vegetable bar for \$1.00.
- There is also a variety of a la carte items available for purchase. These items all meet the USDA Smart Snack guidelines.

## A LA CARTE PRICES

Breakfast Entrée	\$2.00
Lunch Entree	\$2.25
Milk Only	\$0.75
Fruit and Vegetable Bar Only	\$1.00



**A student account must have a positive balance to purchase any a la carte items.**

## MEAL ACCOUNTS

- All students are assigned a meal account when enrolled in the district.
- **How to Add Money to an Account:**
  - Send Money: You can send money with your student in an envelope with their first and last name.
  - Add Money Online at [myschoolbucks.com](https://myschoolbucks.com)

## **FREE & REDUCED MEAL BENEFITS**

- Applications are available online ([bsd7.org](http://bsd7.org) → Our District → Departments → Food Services).
- Call 406-522-6380 or email [schoollunch@bsd7.org](mailto:schoollunch@bsd7.org) with any questions.

## **ACCOUNT BALANCE NOTIFICATIONS:**

- You may be contacted via letter, email or phone if your student's meal account balance is negative.
- Thank you for ensuring your child's meal account stays current.

## **MENUS:**

- Our interactive menus are available online and through a mobile app. Here you can view menus, nutrition information, and allergens. There is also a feature that allows you to select dietary filters for students with special diets.
- [bsd7.nutrislice.com](http://bsd7.nutrislice.com)
- Mobile App: Search **Nutrislice** in the Apple or Android App store

## **FAMILY MEMBERS:**

- Family members are welcome and encouraged to come have meals with your student(s). You may purchase a lunch for \$4.50, or bring your own. You can use cash (please bring exact change), check, or student account.

## **FOOD ALLERGIES:**

- Kirsten Pfannmuller, RDN ([kirsten.pfannmuller@bsd7.org](mailto:kirsten.pfannmuller@bsd7.org) or 406-522-6399)

## **QUESTIONS OR CONCERNS?**

- Brittany Selvig, RDN, Food Service Director ([brittany.selvig@bsd7.org](mailto:brittany.selvig@bsd7.org) or 406-522-6381)

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