



Athletic Newsletter

Incoming 9th through 12th grade
Summer 2022—update July 20, 2022

ONLINE ATHLETIC REGISTRATION IS NOW OPEN

Start Dates/Tryouts for **2022-2023**

9-12th grade Fall Sports

Registration for the 2022-23 school year is now open. Please keep in mind if your child will be participating in sports for the 2022-23 school year, the student must pass a PIAA physical exam. Physicals must be administered by a doctor **June 1, 2022 or after** and they cannot tryout for a sport unless the online registration and physical is complete at least 2 weeks before tryouts begin. Online registration includes a CIPPE Physical (PIAA section 7), this will be uploaded to your online registration. Instructions for registration were emailed out on June 1st and on the tab below under Registration.

- **Fall** registration is due 2 weeks before your first practice/tryouts
- **Winter** registration is due by November 4, 2022
- **Spring** registration is due by February 20, 2023

A missed tryout opportunity may occur if you fail to meet the deadlines

**** This year section 7 is uploaded by you to your Planeths account, no forms to be turned in.**

Below you will find the link to registration information:

- [Student Central Kick Off Letter](#) - this gives you the basics of how the system works
- [Getting Started Guide for Students & Parent/Guardian](#) - this will give you step by step instructions.

Fall Starting Dates: 2022-2023 ** dates are subject to change

- August 8, 2022 - High School Football Mandatory Heat Acclimation and Varsity Boys Golf
- August 15, 2022 - High School Regular Season/First Practice
- September 6, 2022 - Middle School Sports, First Practice/Tryouts



SPECIFIC HIGH SCHOOL TRYOUT INFORMATION

Girls Tennis—Coach Reagan

If you are interested in participating in girls tennis please email Coach Reagan at treag@spring-ford.net

Girls Volleyball - Coach Allander

If you are interested in participating in girls volleyball please email Coach Allander at coachallander@gmail.com

Field Hockey—Coach Anderson

Please email jande@spring-ford.net for team information and to be added to our google classroom page. Please include name and grade of your daughter in email. Tryouts start August 15th and are mandatory.

Boys Golf—Coach Hollingsworth

Varsity tryouts will be at Turtle Creek August 8th, tee times will be announced. JV tryouts will begin on August 15th 9 am at Waltz.

Boys Soccer— Coach Chambers

Please contact springfordsoccer@gmail.com for team information and to be added to Teamsnap. Please include name and grade of your son in email. Tryouts start August 15th and are mandatory.

Girls Soccer— Coach Raub

Please email coachraub@gmail.com for team information and to be added to Teamsnap. Please include name and grade of your daughter in email. Tryouts start August 15th and are mandatory.

Girls Golf—Coach Brennan

Any girl in grades 8-11 interested in being on the girls golf team in the fall of 2022 should contact Coach Brennan at jbren@spring-ford.net

HIGH SCHOOL COACH CONTACT INFORMATION

2022-23	Last Name	First Name	Email
Cross Country Coach-HS	Larry	Rechtin	lrechtin@comcast.net
Head Cheerleading- Fall-HS	Householder	Dawn	dawnhouse@comcast.net
Head Cheerleading Fall - 9th Grade	Needles	Joy	jneed@spring-ford.net
Football Coach-HS	Brubaker	Chadwin R.	cbrub@spring-ford.net
9th Grade Football Coach	Josh	Brumfield	jbrumf22@gmail.com
Field Hockey Coach-HS	Anderson	Jennie	jande@spring-ford.net
9th Grade Field Hockey Coach	Iezzi	Lucinda	liezz@spring-ford.net
Golf Coach-HS-Boys'	Hollingsworth	Gerald	gholl@spring-ford.net
Golf Coach-HS-Girls'	Brennan	John A.	jbren@spring-ford.net
Soccer Coach-Boys'-HS	Chambers	Mark	springfordsoccer@gmail.com
Soccer Coach-Girls'-HS	Raub	Tim	coachraub@gmail.com
Tennis Coach-Girls'-HS	Reagan	Todd M.	treag@spring-ford.net
Volleyball Coach-Girls'-HS	TBD		

Once you complete the online registration and uploaded your physical, your coaches will be able to see that you have completed your registration and would like to tryout.

SUMMER/PRE-SEASON WORKOUT INFORMATION

Girls Tennis—Coach Reagan

Check under “Teams” on the athletic website.

Boys Soccer—Coach Chambers

Strength and agility workouts begin June 27th and will be Monday from 11-11:45am and Wednesday from 9-9:45am in the fitness center. Outdoor trainings for the summer will be Thursday from 6:00-7:30pm in the stadium.

9th Grade Football—Coach TBD

9th grade football has strength / skills / speed workouts from 7:00-9:30am on Tuesday and Thursday mornings throughout the summer.

Girls Volleyball—Coach Allander

Optional summer skills workouts and court time will be available Tuesdays and Thursdays from 2pm to 4pm starting July 19th. At the 10-12th grade center gym.

Field Hockey—Coach Anderson

Field hockey will have summer workouts on the turf from 8-10 am on Tuesday and Thursdays throughout summer. Following those workouts will be strength workouts from 10-10:45

Girls Soccer—Coach Raub

Workouts over the summer, for the time being, will be from 5:30-7, based on field availability on Mondays and Wednesdays. Any player who wishes to attend should email me at Coachraub@gmail.com,, and I will add them to the team’s TeamSnap account.

Varsity Football—Coach Brubaker

Varsity football has strength / skills / speed workouts from 8-10:30a on Monday, Tuesday, and Thursday mornings throughout the summer.

Cross Country—Coach TBD

Optional XC practices will be M-F starting the 25th 7-9am at the 10-12 center. Meeting under the fitness center.

Cheerleading—Coach Householder

Summer practice will be July 12th—July 14th, July 19th-July 21, and August 2nd—August 4th

Winter Indoor Track and Spring Track—Coach Stauffer

Anyone interested in learning to throw or practice meet July 25 and Aug. 4 from 11am to 1pm. Meet behind the 8th grade center. Bring water.

TIPS FOR REGISTRATION—PLANETHS

Below are a few tips to help you navigate through the athletic registration process.

- If the system is timing out when you try to complete the forms, click “Keep me signed in” when you initially sign in.
- If switching between student accounts, be sure to click the name at the top and sign out before you try to switch.
- PIAA Section 6 Health History can be completed online, Section 7 CIPPE Physical must be uploaded, you can no longer drop them off at the school. You can also upload the Eligibility form and First Aid if you are unable to complete them online.
- To LINK Accounts the student account is created using the students email and it is case sensitive. Be sure you enter (example: MMCDAMIC00@rams.spring-ford.net), the initial password is “bigteams” all one word and lowercase.
- Feel free to contact Customer Support for Big Teams at: support@bigteams.com
- All students have an account created using their student email. This is case sensitive.

FREQUENTLY ASKED QUESTIONS

- How do I register for sports?
 - In order to tryout for sports you will need the following items:
 1. Online Registration Completed through Planeths.com —Instructions for this is on the Athletic Web Page: <https://www.spring-ford.net/high-school-athletics>
 2. PIAA Section 7 CIPPE Physical Form—you can find this on the Athletic Web Page on the right side under Athletic Forms. The physical must be administered by a doctor on or after June 1, 2022 and uploaded to your Planeths account. Any physicals dated before that date cannot be accepted.
 3. Registration completed late may result in a missed tryout opportunity.
- Where do I turn my forms in to?
 - Forms are no longer turned in, you will need to upload your forms to your Planeths account.
- When do sports start and where does my student report?
 - Start/tryout dates are listed in this newsletter and on our web page.
- Where does my student report?
 - Please contact the coach by email for detailed instructions.
- What does my student need to bring to practice?
 - Please contact the coach by email for specific information about the sport.
- Who is the coach?
 - Coaches are listed on the web site .
- Will physicals be held at the school?
 - We will not be holding physicals at the school. You can use a Urgent Care or Patient First. The prices are different for each location so you may want to call around.

Student Activity Fee

Student Activity fee information is found on the Athletic web page under Student Activity Fee. The Activity Fee will be collected through School Pay, you will be notified by email after the rosters for each team has been set. Payments must be made online, no cash or checks accepted. Once teams are set you will receive an email from the Athletic Office.

Please make sure your contact emails are correct in skyward. Communication goes out through your skyward email.



If you plan on purchasing tickets for our regular season home games this year, we have switched to **Ticket Spicket** for on-line, contactless sales. We will not accept cash or sell paper tickets at the gate this year, so you will need to download the free **Ticket Spicket** app to purchase tickets. Below are some resources to help you navigate this new platform. Tickets are still \$5, but there is a convenience fee which results in an individual ticket costing \$5.75. Also the passes are only good for the regular season games, not post-season play.

HS sports that we charge admission for:

Fall sports—V Football, V/JV Field Hockey, V/JV Boys and Girls Soccer, V/JV Volleyball

Winter sports— V/JV Boys and Girls Basketball, Wrestling

Spring sports—V/JV Girls and Boys Lacrosse, V Softball, V Baseball

We look forward to seeing you at our events this school year!

Ticket Spicket Resources:

[Event Ticket Letter](#)

[Quick Start Guide](#)

[Account Creation](#)

SENIOR CITIZEN GOLD CARDS

Spring-Ford residents **who are** senior citizens (age 62+) can obtain a “Gold Card”, to attend all home sporting events (excluding playoff games and tournaments) for free. If you wish to apply for a Gold Card, call 610-705-6000 or ask at the ticket booth.