

August 2022						
BREAKFAST MENU				Menu subject to change without notice		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1	2	3	4	5	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.65 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk STISD Child Nutrition Dept. (956)514-4230
WEEK 1	8 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	9 Breakfast Bar w/Mini loaf Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	10 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	11 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	12 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	
WEEK 2	15 Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	16 Kolahce Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	17 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	18 Beef Tamales Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	19 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
WEEK 1	22 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	23 Breakfast Bar w/Mini loaf Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	24 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	25 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	26 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice	
WEEK 2	29 Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	30 Kolahce Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	31 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice			

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August 2022

LUNCH MENU

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	1		2		3		4		5
W E E K 1	8 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit	9 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit	10 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	11 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	12 Nachos Corn French Fries Fresh Fruit	<p>LUNCH MEAL PRICES:</p> <p>REDUCED \$.40 FULL PRICE \$3.35</p> <p>A LA CARTE</p> <p>ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50</p> <p>MILK CHOICES:</p> <p>1% Low Fat Milk Fat Free Chocolate Milk</p> <p>STISD Child Nutrition Dept. (956)514-4230</p>			
W E E K 2	15 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	16 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	17 Street Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	18 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	19 Chili Cheese Dog Corn French Fries Fresh Fruit Pineapple Tidbits				
W E E K 1	22 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit	23 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit	24 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	25 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	26 Nachos Corn French Fries Fresh Fruit				
W E E K 2	29 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	30 Chicken Fried Steak Mashed Potatoes Baby Carrots Fresh Fruit Fruit Cocktail	31 Street Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail						

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August 2022						Menu subject to change without notice
PIZZA & MORE MENU						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1	2	3	4	5	MEAL PRICES: REDUCED \$.40 FULL PRICE \$3.35 A LA CARTE ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50
	8 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	9 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	10 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit	11 Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	12 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	15 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	16 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	17 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	18 Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	19 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate CONDIMENTS: Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo
	22 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	23 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	24 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	25 Spicy Chicken Sandwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	26 Pizza Sloppy Joe Sandwich Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
	29 Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit	30 Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	31 Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears			STISD Child Nutrition Dept. (956)514-4230

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